



2022 Speedo Summer Sectionals Qualifying Standards

Central Zone North Section

Women			Men	
LCM	SCY	Event	SCY	LCM
28.09	24.49	50 Free	21.69	25.29
1:00.69	53.09	100 Free	47.39	54.79
2:10.99	1:53.79	200 Free	1:43.79	2:00.49
4:36.29	5:05.09	400/500 Free	4:42.79	4:16.99
9:29.99	10:29.99	800/1000 Free	9:49.99	8:59.99
18:19.99	17:39.99	1500/1650 Free	16:39.99	17:19.99
1:08.89	58.99	100 Back	53.39	1:03.09
2:26.99	2:07.19	200 Back	1:58.49	2:18.09
1:17.49	1:06.89	100 Breast	1:00.99	1:11.99
2:48.79	2:24.69	200 Breast	2:14.99	2:37.99
1:05.89	58.19	100 Fly	52.09	59.79
2:29.99	2:09.99	200 Fly	1:59.19	2:17.89
2:28.99	2:09.29	200 IM	1:57.09	2:17.19
5:19.09	4:34.99	400 IM	4:14.99	4:56.99

Times Achieved after September 1, 2019



2022 Speedo Summer Sectionals Bonus Standards

Central Zone North Section

Women			Men			
LCM	SCY	Event	SCY	SCY	LCM	
28.49	24.99	50 Free	22.29		25.69	
1:01.29	53.99	100 Free	48.49		56.09	
2:12.09	1:56.89	200 Free	1:46.49		2:02.49	
4:38.39	5:09.99	400/500 Free	4:47.89		4:18.19	
9:33.39	10:38.39	800/1000 Free	9:58.49		9:02.79	
18:21.49	17:59.99	1500/1650 Free	16:46.79		17:24.99	
1:09.99	59.99	100 Back	55.59		1:03.89	
2:30.39	2:10.49	200 Back	2:00.39		2:18.79	
1:19.49	1:08.99	100 Breast	1:03.09		1:12.29	
2:51.79	2:29.99	200 Breast	2:17.59		2:38.79	
1:07.59	59.09	100 Fly	53.49		1:00.99	
2:30.89	2:12.09	200 Fly	2:01.79		2:18.49	
2:30.29	2:11.99	200 IM	1:59.99		2:18.39	
5:20.39	4:39.99	400 IM	4:19.99		4:57.89	

Times Achieved after September 1, 2019

Bonus Events:
2+1
1+2
Provided the QT is met