

RISE Aquatic Club						
Libertyville Site						
Practice Schedule Spring/Summer 2023						
<i>Schedule is subject to change</i>						
<b>Spring April 9- May 12</b>						
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Bronze</b>	6:30-7:30pm @ LHS		6:30-7:30pm @ LHS	6:30-7:30pm @ LHS		
<b>Gold</b>	6:30-7:30pm @ LHS	6:30-7:30pm @ LHS	6:30-7:30pm @ LHS	6:30-7:30pm @ LHS		
<b>Silver</b>	7:30-8:45pm @ LHS	6:30-7:30pm @ LHS	7:30-8:45pm @ LHS	7:30-8:45pm @ LHS		
<b>Titanium</b>	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	
<b>Platinum</b>	7:30-9:00pm @ LHS	7:30-9:00pm @ LHS	7:30-9:00pm @ LHS	7:30-9:00pm @ LHS	6:30-8:00pm @ LHS	
<b>Spring 2 May 15-June 2</b>						
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Bronze</b>	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS		
<b>Gold</b>	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS		
<b>Silver</b>	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS		
<b>Titanium</b>	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	8:00-9:30am @ LHS
<b>Platinum</b>	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	8:00-9:30am @ LHS
<b>Summer June 4- July 26</b>						
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Bronze</b>	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS		
<b>Gold</b>	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS	5:30-6:30pm @ LHS		
<b>Silver</b>	5:30-6:45pm @ LHS	5:30-6:45pm @ LHS	5:30-6:45pm @ LHS	5:30-6:45pm @ LHS		
<b>Titanium</b>	6:30-8:00am @ LHS		6:30-8:00am @ LHS			8:00-10:00am @ LHS
	4:00-5:30pm @ LHS	4:00-5:30pm @ LHS	4:00-5:30pm @ LHS	3:30-5:30pm @ LHS	4:00-5:30pm @ LHS	
<b>Platinum</b>		6:30-8:00am @ LHS		6:30-8:00am @ LHS	6:30-8:00am @ LHS	8:00-10:00am @ LHS
	4:00-5:30pm @ LHS	4:00-5:30pm @ LHS	4:00-5:30pm @ LHS	3:30-5:30pm @ LHS	4:00-5:30pm @ LHS	