STINGRAY SWIM CLUB - LONG COURSE RECORDS

Boys							Girls					
8 & under	9 - 10	11 - 12	13 - 14	15-17	Senior		8 & under	9 - 10	11 - 12	13 - 14	15-17	Senior
C. Westerborg 37.25 19-May-12 Sarasota, Fl	C. Westerborg 33.01 5-Jul-14 St. Petersburg, FL	C. Westerborg 27.87 2-Jul-16 Nassau, BH	C. Frederick- West 26.06 3-Jul-18 CCCAN Aruba	S. Fraser 23.74 CCCAN 2005 Santo Domingo	B. Fraser 22.41 11-Nov-11 Minneapolis, MN	**50 Free**	A Belfonte 39:44 5-Jul-14 St. Petersburg, FL	A. Jackson 32:81 6-Jul-13 St. Petersburg, FL	A. Jackson 28.57 7-Apr-15 Carifta - Barbados	A. Jackson 27.48 25-May-16 Carifta 2016	A. Jackson 26.97 17-Apr-17 CARIFTA 2017	A. Jackson 26.97 18-Apr-17 CARFITA 2017
P. McConvey 1:36.44 17-May-97 Atlanta, GA	C. Westerborg 1:12.48 5-Jul-14 St. Petersburg, FL	C. Westerborg 1:01.02 1-Jul-16 Nassau, BH	C. Frederick- West 56.41 4-Aug-18 ISCA FL	S. Fraser 50.94 16-Mar-06 Melbourne, AUS	S. Fraser 48.47 26-Jul-09 Rome, Italy	**100 Free**	D. Boothe 1:34.85 May 2004 Piranha's LC	A. Jackson 1:11.61 29-Jun-13 Sarasota, FL	A. Jackson 1:02.34 6-Apr-15 Carifta - Barbados	A. Jackson 59.98 CISC 16 Bahamas	A. Jackson 58.22 18-Apr-17 CARFITA 2017	A. Jackson 58.22 18-Apr-17 CARFITA 2017
C. Westerborg 3:28.62 18-May-12 Sarasota, Fl	B. Fraser 2:36.86 August 2000 San Jose, CA	L. von Kanel 2:14.57 Carifta 96 Trinidad	S. Fraser 1:58.42 11-Jan-03 Rutgers, NJ	S. Fraser 1:53.19 2004 Olympics Athens, Greece	B. Fraser 1:47.01 2012 Olympics London, England	**200 Free**	L. Butler 3:32.75 1-Feb-03 Jamaica	J. Foster 2:33.23 2-Aug-00 San Jose, CA	J. Foster 2:20.39 5-Aug-02 British Age	K. Elphinstone 2:13.73 Carifta 00 Barbados	K. Rabess 2:07.58 30-Jul-21 ISCA FL	K. Rabess 2:07.58 30-Jul-21 ISCA FL
	S. Fraser 6:22.25 12-Jun-98 Clearwater, FL	S. Fraser 4:38.40 2-Aug-00 San Jose, CA	S. Fraser 4:11.88 11-Jan-03 Rutgers, NJ	S. Fraser 4.02.74 CCCAN 2005 Santo Domingo	S. Fraser 3:57.51 17-Jul-08 Ft. Lauderdale, FL	**400 Free**		S Royston 5:40:93 17-Apr-15 Ft Myers, FL	J. Foster 4:48.74 18-Jan-02 Rutgers, NJ	K. Elphinstone 4:31.05 2-Aug-00 San Jose, CA	K. Rabess 4:27.16 29-Jul-21 ISCA FL	K. Rabess 4:27.16 29-Jul-21 ISCA FL
			S. Fraser 8:56.01 28-Mar-03 New Orleans,LA	S. Fraser 8:29.61 12-Jun-04 Santa Clara, CA	S. Fraser 8:29.61 12-Jun-04 Santa Clara, CA	**800 Free**		S. Hayman 13:51.12 1-Mar-14 Jamaica	J. Foster 10:02.85 15-Aug-01 Concord, CA	K. Elphinstone 9:12.39 2-Aug-00 San Jose, CA	H. Roffey 9:01:41 10-Jun-04 Charlotte Ultra Swim	H. Roffey 9:01:41 10-Jun-04 Charlotte Ultra Swim
		S. Fraser 18:22.82 23-Feb-01 Ft.Lauderdale, FL	S. Fraser 16:40.54 28-Mar-03 New Orleans,LA	S. Fraser 16:10.71 Carifta 04 Nassau, BA	G. Butler 16:01.66 3/12/2016 Edinburgh Int'l	**1500 Free**			J. Foster 18:40.17 20-Jun-02 Ft.Lauderdale, FL	K. Elphinstone 17:49.01 2-Aug-00 San Jose, CA	R. Embury-Brown 17:50.66 31-Jul-21 ISCA FL	R. Embury-Brown 17:50.66 31-Jul-21 ISCA FL
C. Westerborg 47.45 19-May-12 Sarasota, Fl	C. Westerborg 40.27 6-Jul-14 St. Petersburg, FL	A. Mackay 32.71 15-May-98 Chamblee, GA	A. Mackay 30.92 22-Jun-00 Ft.Lauderdale, FL	B. Fraser 27.79 Carifta 07 Jamaica	C. Courtis 24.79 26-Feb-16 CIS Champs	**50 Back**	A. Myrie 47.14 5-Dec-03 Jamaica	A. Jackson 38:25 Feb 2013. Jamaica	A. Jackson 32.65 4-Apr-15 Carifta - Barbados	E. Plunkett 32.47 4-Apr-15 Carifta - Barbados	L. Butler 31:62 Carifta 12 Bahamas	L. Butler 31:62 Carifta 12 Bahamas
A. McCallum 1:54.98 28-Mar-03 New Orleans,LA	B. Fraser 1:27.60 2-Aug-00 San Jose, CA	A. Mackay 1:08.91 12-Jun-98 Clearwater, FL	A. Mackay 1:01.34 2-Aug-00 San Jose, CA		C. Courtis 54.31 27-Feb-16 CIS Champs	**100 Back**	M.Poole 1:54.73 7-Jul-14 St. Petersburg, FL	A. Jackson 1:25.64 7-Jul-13 St. Petersburg, FL	A. Jackson 1:10.75 5-Apr-15 Carifta - Barbados	S. Powell 1:09.60 Carifta 97 Trinidad	S. Powell 1:07.98 Carifta 00 Barbados	L. Butler 1:04.98 7-Aug-16 2016 Olympics
	A. McCallum 3:40.54 2-Apr-04 New Orleans,LA	A. Mackay 2:30.01 Aug-98 British Age	A. Mackay 2:12.03 2-Aug-00 San Jose, CA		B. Fraser 2:01.17 12-Aug-08 Beijing, China	**200 Back**		C Tomascik 3:00:93 May 2008. Sarasota, FL	C. Tomascik 2:38.94 6-Apr-10 Jamaica	S. Powell 2:31.26 Carifta 97 Trinidad	S. Powell 2:25.68 Carifta 99 Jamaica	S. Powell 2:25.68 Carifta 99 Jamaica
P. McConvey 53.27 17-May-97 Atlanta, GA	J. Rombough 43.90 31-Mar-01 Jamaica	I. Macrae 35.87 24-Apr-14 Aruba	S. Groome 34.52 29-Mar-08 Aruba	S. Groome 32.19 5-Apr-10 Kingston, JA	S. Groome 32.19 5-Apr-10 Kingston, JA	**50 Breast**	D. Boothe 54.59 May 2004 Piranha's LC	A. Jackson 42:01 6-Jul-13 St. Petersburg, FL	D. Boothe 36.06 20-Feb-09 Jamaica	D. Boothe 36.11 17-Apr-09 Aruba	C. Watler 39.07 Carifta 07 Jamaica	D. Boothe 36.11 17-Apr-09 Aruba
P. McConvey 2:01.02 17-May-97 Atlanta, GA	J. Rombough 1:40.17 13-Jan-01 Rutgers, NJ	J. Alberga 1:18.04 3-Apr-18 CARIFTA JAM	S. Groome 1:12.99 18-Jul-08 Jamaica		A. Mackay 1:10.10 16-Mar-06 Melbourne, AUS	**100 Breast**	M.Poole 2:07.09 6-Jul-14 St. Petersburg, FL	A. Jackson 1:34.87 7-Jul-13 St. Petersburg, FL	D. Boothe 1:20:31 22-Feb-09 Jamaica	D. Boothe 1:19.89 19-Apr-09 Aruba	L. Butler 1:22.08 23-Apr-11 Barbados	L. Butler 1:22.08 23-Apr-11 Barbados
	S. Dakers 3:41.17 25-Oct-15 Jamaica	J. Alberga 2:47.30 31-Mar-18 CARIFTA JAM	S. Groome 2:34.63 27-Mar-08 Aruba	S. Groome 2:30.89 16-Apr-09 Aruba	S. Groome 2:30.89 16-Apr-09 Aruba	**200 Breast**		C Tomascik 3:22:59 May 2008. Sarasota, FL	D. Boothe 2:53:96 21-Feb-09 Jamaica	D. Boothe 2:49.73 1--Apr-09 Aruba	L. Butler 2:52.68 23-Apr-11 Barbados	L. Butler 2:52.68 23-Apr-11 Barbados
C. Westerborg 47.66 20-May-12 Sarasota, Fl	S. Fraser 33.83 Mar-99 Jamaica	S. Fraser 30.45 2-Aug-00 San Jose, CA	J. Bodden 28.42 5-Apr-15 Carifta - Barbados	S. Fraser 25.77 CCCAN 2005 Santo Domingo	B. Fraser 24.32 10-May-12 Charlotte, NC	**50 Fly**	A Belfonte 50.35 1-Mar-14 Jamaica	A. Belfonte 37.51 30-Jul-16 Boston, USA	D. Boothe 30.96 18-Jul-08 Jamaica	S. Boothe 29.63 23-Apr-14 Aruba		S. Boothe 29.63 23-Apr-14 Aruba
D. Aron 3:00.82 29-Jun-01 Orlando, FL	J. Rombough 1:33.44 13-Jan-01 Rutgers, NJ	S. Fraser 1:07.12 2-Aug-00 San Jose, CA	S. Fraser 1:01.29 5-Aug-02 British Age	S. Fraser 56.03 CCCAN 2005 Santo Domingo	B. Fraser 52.96 16-Oct-11 PanAm - Mexico	**100 Fly**		J. Foster 1:21.41 2-Aug-00 San Jose, CA	D. Boothe 1:12.20 21-Feb-09 Jamaica	H. Roffey 1:05.62 15-Aug-01 Concord, CA	H. Roffey 1:05.79 Carifta 02 Barbados	H. Roffey 1:04:18 Charlotte Ultra Swim Charlotte, USA
		S. Fraser 2:30.14 Carifta 00 Barbados	S. Fraser 2:09.34 28-Mar-03 New Orleans,LA	S. Fraser 2.01.58 CCCAN 2005 Santo Domingo	S. Fraser 2.01.58 CCCAN 2005 Santo Domingo	**200 Fly**			J. Foster 2:30.47 5-Aug-02 British Age	H. Roffey 2:20.51 15-Aug-01 Concord, CA	H. Roffey 2:19.48 Commonwealth02 Manchester, UK	H. Roffey 2:17:70 Charlotte Ultra Swim Charlotte, USA
C. Westerborg 3:52.96 17-Feb-12 Jamaica	J. Rombough 3:03.10 31-Mar-01 Jamaica	C. Westerborg 2:32.86 7/1/2016 Nassau, BH	A. Mackay 2:19.57 Carifta 00 Barbados	S. Fraser 2.04.51 22-Jul-06 Cartagena, Colombi	S. Fraser 2.04.51 22-Jul-06 Cartagena, Colombia	**200 IM**	D. Boothe 4:02.27 May 2004 Piranha's LC	J. Foster 2:57.81 2-Aug-00 San Jose, CA	C. Tomascik 2:36.5 5-Apr-10 Jamaica	L. Butler 2:31.50 18-Apr-09 Aruba	L. Butler 2:26.94 23-Apr-11 Barbados	L. Butler 2:26.09 29-Mar-13 UK
		A. Mackay 5:27.56 12-Jun-98 Clearwater, FL	S. Fraser 4:49.46 28-Mar-03 New Orleans,LA	S. Fraser 4.29.00 16-Mar-06 Melbourne, AUS	S. Fraser 4.29.00 16-Mar-06 Melbourne, AUS	**400 IM**			C. Tomascik 5:28.81 4-Apr-10 Jamaica	H. Roffey 5:13.55 15-Aug-01 Concord, CA	H. Roffey 5:06:77 10-Aug-03 Santo Domingo	H. Roffey 5:06:77 10-Aug-03 Santo Domingo