

CROWN POINT SWIM CLUB

LEAPIN' TO YOUR CUTS TIME TRIAL

FEBRUARY 29, 2020

Sanction: This meet is sanctioned by USA Swimming Inc. and Indiana Swimming. Sanction # IN20218

Location: Crown Point High School, 1500 S. Main Street, Crown Point, IN

Facilities: 8 lane, 25 yard pool with starting blocks; non turbulent lane markers; automatic timing system with 2 backup timers per lane. Place Judges will be used. Pool depth is 4ft at the starting blocks. The competition course has not been certified in accordance with 104.2.2C(4).

The diving well is to be used under direct coach supervision only for warm up/warm down. Feet first entry into the lanes. We reserve the right to close the diving well if inappropriate use or behavior is observed.

Enter the building through doors by Wellness Center entrance at the northwest side of the facility.

Parking: Note – Please park in the parking lot at the south end of the lot by the football field. Enter the building through the doors at the north end of the pool hallway.

Rules: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. USA Swimming Rules 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. All swimmers must compete in their own age group. All events will be pre-seeded finals.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms the facility. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

202.4.9 J: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

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Eligibility: Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of **February 29, 2020** shall determine the swimmer's age for the entire meet. Indiana Swimming does not process on-site registrations.

Entry Information: ALL entries will be taken on deck prior to the start of warm up and during the time trial. Teams are asked to supply their team roster so that there are no issues with results getting put into the SWIMS database or your own team's database.

Please e-mail team rosters to the Entry Chairperson:
John Krick
coach.john@sbcglobal.net

Entry Limits: All swimmers may swim no more than 6 individual events for the day.

Fees: **INDIVIDUAL EVENTS - \$5.00 per event.**
IS SURCHARGE - \$2.00 per swimmer.

Admission: There is no admission being charged for this event.

Awards: No awards will be given for the events

Clerk of Course: **There will be NO clerk of course for any events offered. Swimmers are expected to know where and when they should appear for their events after the heat sheets are posted.**

Schedule: **SATURDAY MORNING:** 7:45am Warm-ups; 9:00am Start

Registrations: Doors will open at 7:00 am to start taking event sign ups

Concessions: There will be NO concessions provided for the time trial.

Coaches: Coaches MUST sign-in before entry onto the pool deck. The meet referee reserves the right to ask for coach credential display and deny deck access if coach does not comply. Indiana Swimming provides a list of coaches who have met their certifications and received their coach's cards. If you are not on that list as well then you will not be allowed to gain deck access.

SMOKING IS NOT PERMITTED ON THE CROWN POINT HIGH SCHOOL GROUNDS.

NO PARENTS ON DECK AT ANY-TIME UNLESS THEY ARE MEET VOLUNTEERS
(All meet volunteers must check-in with the meet directors for approval of deck access)

NO CHAIRS OF ANY KIND WILL BE ALLOWED ON DECK OTHER THAN FOR COACHES. Any swimmer bringing a chair on deck will be asked to return it to their vehicle.

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No chairs (i.e., folding, lawn, deck, etc.) will be allowed in the stands other than those that are designed to fit over the existing bleacher seats. Any spectator trying bringing chairs into the stands will be asked to return them to their vehicles. This has become an escape route hazard in past meets, has been a hinderance to our custodial staff, and will not be allowed.

ATTENTION:

Within the spirit of competition, there are occasions when conduct of a competitor is questionable. It will be the responsibility of coaches, assistant coaches, and team parents to monitor and be responsible for your swimmers. We would ask your cooperation in taking care not to damage property and to clean up your area before leaving for the day.

Meet Directors:

Mark Letcher

Email: markeletcher@gmail.com

Phone: (219)663-5358

Lindi Gubbins

Email: lindigubbins@gmail.com

Phone: (219)765-8988

Meet Referees:

Tom Gubbins

Email: twgubbins@gmail.com

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Order of Events

SATURDAY AM - SESSION 1

Warm Up 7:45am; Meet Starts 9:00am

Event #	Age	Event Description
1	OPEN	50 Freestyle
2	OPEN	100 Backstroke
3	OPEN	200 Breaststroke
4	OPEN	50 Butterfly
5	OPEN	200 IM
6	OPEN	100 Freestyle
7	OPEN	200 Backstroke
8	OPEN	50 Breaststroke
9	OPEN	200 Butterfly
10	OPEN	200 Freestyle
11	OPEN	50 Backstroke
12	OPEN	100 Breaststroke
13	OPEN	100 Butterfly
14	OPEN	500 Freestyle

SATURDAY AM - SESSION 2

Meet Starts no sooner than 15 minutes after the finish of Session 1

Event #	Age	Event Description
15	OPEN	50 Freestyle
16	OPEN	100 Backstroke
17	OPEN	200 Breaststroke
28	OPEN	50 Butterfly
19	OPEN	200 IM
20	OPEN	100 Freestyle
21	OPEN	200 Backstroke
22	OPEN	50 Breaststroke
23	OPEN	200 Butterfly
24	OPEN	200 Freestyle
25	OPEN	50 Backstroke
26	OPEN	100 Breaststroke
27	OPEN	100 Butterfly
28	OPEN	400 IM

SATURDAY AM - SESSION 3

Meet start no sooner than 20 minutes after the end of Session 2

Event #	Age	Event Description
29	11 & Over	1650 Freestyle