

## **EP Practice Protocols**

Masks are to be worn by swimmers upon arrival and when exiting the facility.

Only swimmers and coaches will be permitted inside the facility.

Swimmers need to arrive to practice on time to have temperatures/symptoms checked before entering pool.

The locker rooms will not be available for changing. Swimmers will arrive in and leave in their swim suits.

The washroom is to be used only in case of emergency. Swimmers are responsible for cleaning all areas of contact.

Swimmers will be assigned a lane and starting point at each practice.

If your swimmer is not feeling well, please keep the swimmer home until he/she is feeling better.