

# CWAC Candy Cane Challenge

## Saturday, December 18, 2021

**WHERE:** University of Illinois at Chicago (UIC) – small pool  
901 W Roosevelt Road  
Chicago, IL 60608

### **Description:**

The CWAC Candy Cane Challenge will be held on Saturday, December 18 at UIC and will be open to all CWAC & M3A swimmers. This meet will provide a chance for swimmers to participate in events they don't always get to swim. The meet will be sanctioned.

### **Sessions:**

- AM Session – Ages 12&Under – 10:00 AM Warm Up / 11:00 AM Meet Start
- PM Session – Open – 2:00 PM Warm Up / 3:00 PM Meet Start – PM start times may change based on AM session timeline

### **Events:**

- 10&Under Events - 50 free, 50 back, 50 breast, 50 fly, 100 IM
- 12&Under Events - 200 free, 100 back, 100 free, 100 breast, 100 fly, 200 IM, 500 free\*\*
- Open Events - 400 IM, 200 back, 200 fly, 200 breast, 500 free\*\*, 1650 free\*\*

\*\*Swimmers in the 500 and 1650 must provide their own timer and counter

**The registration deadline is Monday, December 6 at midnight.**

**RULES:** Current USA Swimming and Illinois Swimming rules will govern this meet. USA Swimming Rule 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches must be currently registered with USA Swimming and must provide proof of current registration at all session of this meet. Coaches must sign in at the hospitality room upon arrival.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

- Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas or locker rooms.
- Changing into or out of swimsuits other than in upstairs restrooms is not appropriate and is prohibited.
- Flash photography is prohibited in the pool area when athletes are on the starting blocks.
- Smoking is not permitted within the facility or on the school grounds.
- Running on deck and horseplay is a safety concern and will not be tolerated.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**DISCLAIMERS:** We have taken enhanced health and safety measures for all participants and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, ILLINOIS SWIMMING, CWAC AND UIC AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**IDPH COMPLIANCE:** Under the current guidelines established by the Illinois Department of Public Health, and in accordance with the guidelines established for use by the Cook County Health Department, CWAC will operate this meet while limiting the number of individuals in the pool building and ensuring adequate social distancing of those individuals. Once inside the building, individuals will be required to wear their face coverings up to and until they are behind the block ready to swim