

## Warm-up Assignments for DCST Winter Classic

### Friday Night Session (Feb 8)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (4:00 - 4:25 PM)	DCST	DCST	DCST	DCST	DCST	RMSC	RMSC	WDST
Session 2 (4:25 - 4:50 PM)	ECST	ECST	ECST	ECST	SSSC	MMAC	FAST / BTS	FVFY / EMSC / MBLM / UNAT

### Saturday AM Session (Feb 9)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (7:00 - 7:25 AM)	DCST	DCST	DCST	DCST	DCST	WDST	WDST	FVFY
Session 2 (7:25 - 7:50 AM)	ECST	ECST	SSSC	SSSC	MMAC	BTS	RMSC	ELY/DUND/FAST/MBLM/UNAT

### Saturday PM Session (Feb 9)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (1st 30 Minutes)	DCST	DCST	DCST	RMSC	RMSC/WDST	WDST	8 & U for teams in this session	8 & U for teams in this session
Session 2 (2nd 30 Minutes)	ECST	ECST	FVFY	SSSC	MMAC/BTS	EMSC/FAST/ELY	8 & U for teams in this session	8 & U for teams in this session

### Sunday AM Session (Feb 10)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (7:00 - 7:25 AM)	DCST	DCST	DCST	DCST	DCST	WDST	WDST	FVFY
Session 2 (7:25 - 7:50 AM)	ECST	ECST	SSSC	SSSC	MMAC	BTS	RMSC	RMSC/DUND/FAST/MBLM/UNAT

### Sunday PM Session (Feb 10)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (1st 30 Minutes)	DCST	DCST	DCST	WDST	WDST	FVFY	8 & U for teams in this session	8 & U for teams in this session
Session 2 (2nd 30 Minutes)	ECST	ECST/RMSC	RMSC	SSSC	MMAC/FAST	BTS/EMSC/UNAT	8 & U for teams in this session	8 & U for teams in this session