

Warm-up Assignments for DCST Winter Classic

Friday Night Session (Jan 29)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (4:00 - 4:25 PM)	DCST	DCST	DCST	DCST	FVfy	ECST	ECST	ECST
Session 2 (4:25 - 4:50 PM)	TWSC	RMSC	SSSC	BTS	MARL	MAC	MSSC / UN	WDST / DUND

Saturday AM Session (Jan 30)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (7:00 - 7:25 AM)	DCST	DCST	DCST	FVfy	FVfy	ECST	ECST	BTS
Session 2 (7:25 - 7:50 AM)	SSSC	SSSC	TWSC	TWSC	WDST	RMSC	DUND / UN	MSSC / MARL

Saturday PM Session (Jan 30)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (1st 25 Minutes)	DCST	DCST	DCST	DCST	DCST	MARL	RMSC / BTS / MSSC / UN	8 & U for teams in this session
Session 2 (2nd 25 Minutes)	ECST	ECST	WDST	FVfy	FVfy	SSSC	TWSC	8 & U for teams in this session

Sunday AM Session (Jan 31)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (7:00 - 7:25 AM)	DCST	DCST	DCST	FVfy	ECST	ECST	ECST	BTS
Session 2 (7:25 - 7:50 AM)	SSSC	SSSC	TWSC	TWSC	WDST	RMSC	DUND / UN	MSSC / MARL

Sunday PM Session (Jan 31)

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
Session 1 (1st 25 Minutes)	DCST	DCST	DCST	FVfy	MAC	MARL	DUND / BTS / MSSC	8 & U for teams in this session
Session 2 (2nd 25 Minutes)	ECST	ECST	WDST	WDST	SSSC	TWSC	RMSC / UN	8 & U for teams in this session