

## Warm-up Assignments for DCST Winter Classic

### Friday Night Session (Jan 25)

|                            | <u>Lane 1</u> | <u>Lane 2</u> | <u>Lane 3</u> | <u>Lane 4</u> | <u>Lane 5</u> | <u>Lane 6</u> | <u>Lane 7</u> | <u>Lane 8</u> |
|----------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Session 1 (4:00 - 4:25 PM) | DCST          | DCST          | DCST          | DCST          | DCST          | SSSC          | SSSC          | SSSC          |
| Session 2 (4:25 - 4:50 PM) | ECST          | ECST          | RMSC          | BTS           | BTS           | MARL          | FVfy          | FAST / DUND   |

### Saturday & Sunday AM Session (Jan 26 and Jan 27)

|                            | <u>Lane 1</u> | <u>Lane 2</u> | <u>Lane 3</u> | <u>Lane 4</u> | <u>Lane 5</u> | <u>Lane 6</u> | <u>Lane 7</u> | <u>Lane 8</u> |
|----------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Session 1 (7:30 - 7:55 AM) | DCST          | DCST          | DCST          | DCST          | ECST          | ECST          | ECST          | RMSC          |
| Session 2 (7:55 - 8:20 AM) | BTS           | BTS           | SSSC          | SSSC          | FVfy          | FVfy          | MARL          | FAST/MAC      |

### Saturday & Sunday PM Session (Jan 26 and Jan 27)

|  | <u>Lane 1</u> | <u>Lane 2</u> | <u>Lane 3</u> | <u>Lane 4</u> | <u>Lane 5</u> | <u>Lane 6</u> | <u>Lane 7</u>                   | <u>Lane 8</u>                   |
|--|---------------|---------------|---------------|---------------|---------------|---------------|---------------------------------|---------------------------------|
| Session 1 (11:30 AM or 1st 25 Minutes) | DCST          | DCST          | DCST          | ECST          | ECST          | SSSC/MAC      | 8 & U for teams in this session | 8 & U for teams in this session |
| Session 2 (11:55 AM or 2nd 25 Minutes) | RMSC          | RMSC          | FVfy          | FVfy          | BTS           | MARL/FAST     | 8 & U for teams in this session | 8 & U for teams in this session |