2015 DCST Summer Schedule

Information on each individual meet will be made available during the season. For every meet, each swimmer planning to attend a meet will have to sign-up for the meet on-line at www.dcst.org. If a swimmer does not sign-up for a meet on-line, then the swimmer will not be entered in the meet. Information for dual meets will be made available about two weeks before the meet, and swimmers must sign-up for the meet at least two days before the meet. Registration deadlines for invitational and championship meets may be due weeks in advance. Swimmers must arrange their own transportation to all meets. If a swimmer cannot arrange such transportation, he/she should contact the Senior Coach for assistance.

April	Monday, April 6	Bull Dogs begin practice on their own
	Tuesday, April 14	Stroke clinic begins (3 Weeks on Tue & Thu)
	Monday, April 20	National Team, Bull Dog, Lab and Newfoundland summer practices begin
	Tuesday, April 28	New swimmer parent meeting
	Thursday, April 30	Stroke Clinic Ends
May	Monday, May 4	Rookie Week Begins
	Friday, May 8	Rookie Week ends with Rookie Meet
	Monday, May 11	Practice begins for the Terrier, Golden Retriever, Greyhound, Huskies, St. Bernard, and Great Dane practice groups
	Friday, May 15 – Sunday, May 17	Fishers USA Meet (Fishers, IN) – For National, Bull Dog, Lab and Newfoundland practice group swimmers only
	Friday, May 22	No Practice Memorial Day Weekend
	Saturday, May 23	No Practice Memorial Day Weekend
	Monday, May 25	No Practice Memorial Day Weekend
June	Friday, June 5 – Sunday, June 7	Joliet USA Meet at UIC in Chicago - Entries Due by Friday, April 24th
	Tuesday, June 9	a – Geneva at DCST
	Thursday, June 11	DCST Summer Practice Schedule Begins
	Thursday, June 11	In-Season Stroke Clinic (Underwater work, kicking, nutrition)
	Tuesday, June 16	a – DCST at Cary
	Thursday, June 18	In-Season Stroke Clinic (Breast including starts / turns / finishes)
	Friday, June 19 – Sunday, June 21	Champaign USA Meet, Champaign, IL – Entries Due by Friday, May 15th
	Tuesday, June 23	a – Crystal Lake at DCST
	Thursday, June 25	In-Season Stroke Clinic (Back including starts / turns / finishes)
	Friday, June 26	Central Zone Open Water Championships (Pleasant Prairie, WI)
	Tuesday, June 30	a – DCST at Woodstock
July	Friday, July 3	No Practice – Independence Day Observed
	Tuesday, July 7	a – Oswego at DCST
	Thursday, July 9	In-Season Stroke Clinic (Fly including starts / turns / finishes)
	Friday, July 10 – Sunday July 12	PX3 USA Meet, Pleasant Prairie, WI - Entries due by Friday, June 19th
	Tuesday, July 14	a – DCST at Geneva
	Thursday, July 16	In-Season Stroke Clinic (Free including starts / turns / finishes)
	Saturday, July 18	NCISC "A" Conference Championships at DCST
	Thursday, July 23 – Sunday, July 26	ISI Age Group Championships (Pleasant Prairie, WI)
	Thursday, July 30 – Monday, Aug 3	USA Swimming Junior Nationals (San Antonio, TX)
	Friday, July 31 – Sunday, Aug 2	USA Swimming Central Zone Championships (Topeka, KS)
	Monday, August 3 – Friday, Aug 7	YMCA National Championships (Indianapolis, IN)

a – Designates a NCISC Dual Meet. Swimmers must swim in 3 of these meets (6 offered) to be eligible to swim in the NCISC Conference Championship Meet.