**2020-2021 Fishers HS Swimming/Diving Information**

To: Prospective HS Swimmers and Divers

Subject: Starting Information

Date: October 5, 2020

### Athletic Requirements

### Athletes must have all digital forms and an IHSAA physical completed and on file in the Athletic Office \*before starting any sport conditioning or training. For instructions, view steps 1, 2 & 3 below.

1. FHS Website – Go to [https://fisherstigersathletics.com](https://fisherstigersathletics.com/) for ALL up-to-date athletic information, including specific sport pages. Want to receive team alerts via text or e-mail then click on Sign Up For Alerts on the homepage.
2. Registration/Forms – Once on the website, place cursor on MORE which is located on the task bar. A drop-down screen will appear. Choose: Register an Athlete for Sports. \*Deadline – Prior to 1st scheduled practice! The direct link is <https://fishershs-ar.rschooltoday.com/>node/129 By registering, the athlete will have the following digital forms on file:
	1. FHS Athlete Medical Information
	2. Random Drug Testing Consent
	3. High School Athlete Authorization
	4. Risk of Injury
	5. Concussion / Sudden Cardiac Arrest
3. IHSAA Physical – Form can be found on same page as Registration. MUST be submitted to the FHS Athletic Office as noted above and anytime following April 1, 2019\*.
4. Transfers (\*New Sophomore, Junior or Seniors) – New athletes to Fishers High School MUST visit the Fishers Athletic Department to complete an IHSAA Athletic Transfer prior to participation.

 5. Starting Dates and Practices – High School

 A. Parents Meeting – Monday, October 12th at 6:30pm via Zoom Meeting.

 Required meeting for parents of swimmers and divers!

 B. Girls – 1st practice will be Monday, October 26th from 2:45-5:15pm\*!

C. Boys – 1st practice will be Monday, November 9th from 2:45-5:15pm\*!

D. All information, including team policies, will be distributed on November

 9th! Be prepared to swim/dive at all training sessions including those

 during Thanksgiving and Christmas Break.

E. Training Equipment/Gear – 1st Day of Practice!

1. Meet Schedule – Can be found on the <http://fisherstigersathletics.com> page by placing cursor over the Winter tab and then clicking on Varsity under Boys or Girls Swimming. \*Comments regarding Meets!
2. Switching gears, please remember that you have responsibilities to be eligible

academically! Please don’t jeopardize anything and take care of your responsibilities this fall and first semester, so no one is ineligible after 1st Semester. Please take note to SAT/ACT dates so conflicts don’t occur with our schedule.

1. This year, we will lead by COMMITTEE again! Coach Keller will be working with the Booster Club as the Liaison between the Team and the Booster Club. Each member of the Coaching Staff will be part of leading one of three committees. Meetings will be scheduled SOON and announced via our Group Me. Once announced, any member of the Team is welcome to attend and participate as they choose. Everyone’s voice will be heard! Upon concluding the process then the Coach leading the committee will offer up a decision or direction most widely agreed upon and inform Coach Keller. In turn, Coach Keller will inform the Booster Club and proceed accordingly. Stay tuned…more to come…be ready to be part of this seasons journey!!!

9. Swimmers – Hopefully, most of you will consider training this fall prior to the

 season starting. The following are options:

1. FAST + FAST HS Prep began on Monday, August 31st. Registration information can be found on the website at [www.fasttigers.com](http://www.fasttigers.com) I strongly recommend this for anyone who is not in a fall sport.
2. For those of you not wanting to do the above or those of you in fall

 sports, I will be communicating individually over the next two weeks

 so we can accommodate for your schedule or needs and so you can stay

 connected up until the start of the High School season.

1. Divers – Options:
	1. Coach Russ has club diving practice available. See him for details!
	2. New participants see Coach Russ for details and information!

Questions? Please let me know!

Coach Keller