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Age Group and Sr. State Review

By Joe Frolo

Five members of the Fishers Area Swimming Tigers stood atop the podium following individual state championships during the Indiana Age Group and Senior State championships, while six members of the 13-14 girls team combined to earn the top spot in three relays.

These efforts and dozens of others highlighted back-to-back weekends that saw the FAST age group team finish second in Indiana while the senior state team took fourth.

Aaron Frolo won both the 13-14 boys 1,000 free (9:42.67) and 1,650 free (16:17.82).

Madelyn Christman captured the 13-14 girls 200 IM (2:09.97) and was part of all three winning relays.

Abby Jahns took the 13-14 girls 1,000 free (10:15.79) and was part of two championship relays.

Lydia Reade won the 13-14 girls 200 breaststrokes (2:24.68) and also was part of two relay winners.

Also atop the podium for the 13-14 girls were by Christman, Reade, Abby Jahns and Kyla Srencik in the 400 medley relay (3:54.78); Christman, Alexandra Stein, Corinne Yorkman and Srencik in the 200 free relay (1:36.42); and Christman, Reade, Jahns and Srencik in the 200 medley relay (1:47.90).

Lauryn Parrish won top honors in the girls 200 backstroke (1:58.42) at Senior State.

Below is a roundup of those who scored points at the state short course meets.

Girls Senior State

Parrish added a third in the 500 free (4:56.52) and fourth in the 100 back (56.28).

Morgan Booth was sixth in the 1,000 free (10:19.79), adding 10th in the 1,650 free (17:53.10) and 17th in the 500 free (5:06.95).

Sam Heitpas took sixth in the 1,650 free (17:42.38), seventh in the 500 free (5:02.07) and 10th in the 1,000 free.

Emma Julien was ninth in the 1,650 free (17:51.67).

Amelia Nusbaum finished 11th in the 100 free (51.95), 200 free (1:53.74) and 50 free (24.39). She also finished 15th in the 500 free (5:05.60).

Carissa Schneider was 11th in the 1,000 free (10:40.21) and 1,650 free (17:53.31) to go with 14th in the 500 free.

Savanah Kennedy was 14th in the 400 IM (4:32.51), and Ally Sperring was 17th in the 400 IM (4:37.87).

Sarah Jacobs was 14th in the 1,650 free (18:11.43), followed by Hannah Pratt at 16th (18:20.07) in the same event.

Nicole Rueff was 14th in the 100 fly (57.44).

The team of Parrish, Sperring, Rueff and Nusbaum (3:53.20) finished third in the 400 medley relay and 10th in the 200 medley relay (1:48.91).

In the 800 free relay, Nusbaum, Schneider, Booth and Parrish were fourth (7:43.32), while Hannah Pratt, Lizzy Pfeifer, Hietpas and Kara Robeson were 20th (8:07.03).

The 200 free relay of Pratt, Booth, Ellen Fero and Nusbaum (1:39.58) were 15th.

Boys Senior State

Nick Harris finished second in the 1,000 free (9:31.04) and 1,650 free (15:56.36) while taking 12th in the 500 free (4:38.98).

Noah Baldwin was ninth in the 1,000 free (9:52.91 and 100 breast (58.72) to go with 13th in the 1,650 free (16:36.10).

Kyle Haflich was fourth in the 400 IM (4:01.83) and sixth in the 200 back (1:52.65), 100 back (52.38) and 200 IM (1:54.73).

Drake Stallworth was fifth in the 200 free (1:43.23), eighth in the 100 fly (50.84), 11th in the 200 fly (1:52.52) and 15th in the 100 free (47.65).

Tim Bennett finished 13th in the 200 back (1:54.00) and 200 fly (1:58.83) to go with 14th in the 200 IM (1:57.79) and 100 fly (53.03).

The foursome of Haflich, Baldwin, Bennett and Stallworth finished fifth in the 400 medley relay (3:28.80), seventh in the 200 medley relay (1:36.88) and 800 free relay (7:05.14) and ninth in the 200 free relay (1:28.54).

"We finished the short course season strong with impressive swimming at Divisionals, Senior State and Speedo Sectionals," FAST coach Steve Sanchez said. "It was fun to watch their hard work pay off. The Gold group came together as a team, supported each other and swam well throughout the long championship season."

Girls 13-14

Christman added a pair of seconds to her state title, finishing runner-up in the 100 back (56.95) and 200 back (2:00.78). She also was 12th in the 100 breast (1:09.33) and 15th in the 100 fly (1:01.33).

Along with her title, Jahns was second in the 500 free (5:03.13) and 1,650 free (17:19.47), fifth in the 400 IM (4:34.28), seventh in the 200 free (1:57.84) and 11th in the 200 fly (2:11.75).

Reade finished second in the 100 breast (1:08.54) to nearly match her 200 breast title. She also was seventh in the 400 IM seventh (4:37.02), ninth in the 200 IM (2:07.63) and 16th in the 1,650 free (18:32.88).

Yorkman was third in the 200 IM (2:07.63), 200 back (2:01.73) and 400 IM (4:29.08). She also was sixth in the 100 back (58.39), seventh in the 100 breast (1:07.73) and ninth in the 200 breast (2:27.21).

Srncik was fourth in the 100 free (52.85) to go with ninth in the 50 free 10th (24.41), 500 free (5:08.93) ... 1,000 free (10:42.17) and 1,650 free (17:56.99).

Julien was fifth in the 1,650 free (17:50.04), sixth in the 1,000 free (10:39.92) and 12th in the 500 free.

Stein was 14th in the 100 breast (1:09.94) and 16th in the 100 back (1:03.01).

The 400 free relay of Stein, Jahns, Christman and Srncik (3:36.73) finished fourth. Yorkman, Diane Koo, Kenzie Pierce and Julien (3:46.22) were 13th in the same event.

The 400 medley relay team of Yorkman, Stein, Grace Stagge and Julien (4:06.47) were ninth. The 200 free relay team of Kylie Terpening, Reade, Julien and Jahns (1:43.05) were 13th. The 200 medley relay team of Yorkman, Stein, Stagge and Julien (1:54.93) were 15th.

Boys 13-14

Frollo added third place in the 200 free (1:47.84) and 500 free (4:46.42) along with seventh in the 400 IM (4:17.22) to earn medals. He also was ninth in the 200 fly (2:04.50).

Jackson Carlile finished second in the 1,000 free (9:42.97) and 1,650 free (16:19.80). He also was fourth in the 500 free (4:46.70), eighth in the 200 and 16th in the 200 fly (2:12.65).

Kyle Ponsler took 10th in the 1,000 free (10:23.83).

The 400 free relay team of Carlile, Bruno Kitazuka, Ponsler and Frollo (3:31.27) finished 10th. The foursome of Ponsler, Reed Beaumont, Carlile and Frollo were 11th in the 400 medley relay (3:57.03) and 15th in the 200 medley relay (1:51.26). Kitazuka, Sean Deimling, Frollo and Carlile (1:37.48) teamed up for 11th in the 200 free relay.

"It is always rewarding to see the swimmers' hard work pay off with success and personal bests at big meets like this," FAST Silver coach Alec Haley said. "All of these FAST swimmers represented themselves, their teammates and their families well. They should be proud of what they accomplished this short course season."

Girls 11-12

Meghan Christman was second in the 200 IM (2:13.73) and 200 free (1:57.27), third in the 50 free (24.79) and 50 breast (31.86), fourth in the 100 free (54.70) and 13th in the 50 back (30.22).

Jo Jo Ramey finished third in the 200 IM (2:14.76), fourth in the 500 free (5:23.59), eighth in the 50 breast (33.76), 11th in the 200 free (2:04.21), 12th in the 100 breast (1:13.81) and 13th in the 100 back (1:05.11).

Molly Robinson came in third in the 200 free (1:09.92), fifth in the 50 breast (32.74) and 11th in the 200 IM (2:20.43).

Jessica Patrick was eighth in the 50 free (29.48).

The foursome of Patrick, Robinson, Ramey and Christman finished second in the 200 medley relay (1:55.40) and fifth in the 200 free relay (1:45.95).

Boys 11-12

Connor Carlisle reached the podium six times, finishing third in the 500 free (5:17.91), fourth in the 200 IM (2:11.98), fifth in the 200 free fifth (1:58.52), seventh in the 100 fly (1:02.68) and eighth in the 100 back (1:03.68) and 50 breast (33.27).

Daniel Bennett finished eighth in the 200 IM (2:17.16) and 100 fly (1:02.97) and 100 breast (1:13.35), ninth in the 50 breast (33.20), 13th in the 100 back (1:04.45) and 16th in the 500 free (5:33.12).

Louie Henderson was 10th in the 100 breast (1:14.36) and 100 back (1:03.78), 12th in the 200 IM (2:19.91) and 15th in the 500 free (5:30.10) and 100 fly (1:05.62).

Marcus Sherrod was 14th in the 50 breast (34.02).

The team of Bennett, Henderson, Carlile, James Stasey (1:58.15) finished fourth in the 200 medley relay and 200 free relay (1:45.77).

“Success really is the reward for hard work, and all of these kids should feel proud of their effort whether they reached divisionals or state or still have those goals to reach within their careers,” FAST coach Chaz Grimm said. “

Girls 10 and under

Frankie Ramey scored points in finishing 13th in the 100 breast (1:26.80).

The 200 medley relay team of Addison Carlile, Ramey, Emma Schumacher and Mia Wilson (2:24.56) were seventh, reaching the podium.

Boys 10 and under

William Christman was 12th in the 50 back (35.02) to score as an individual.

Also finishing 15th was the 200 free relay team of Hudson Lee, A.J. Adams, Eduardo Sanchez and Christman (2:11.83).

“Every stroke, every kick these kids make is another push forward in their progress,” FAST coach Ralph Thielking said. “The commitment they show now at this early age will take root and help them not only as they continue swimming but in whatever challenges they face later on in their lives.”

MEET YOUR COACH!

(This is a Press Release we sent to The Current)

Keller Named Head Coach for FAST Swimming Tigers

Joe Keller has been named the head coach and competitive swim program director of the Fishers Area Swimming Tigers (FAST) as well as the head boys and girls coach for Fishers High School.

Keller comes to FAST after a highly successful 25 years at Northridge Area Swimming Association (NASA) and Northridge High School in Middlebury, Indiana. Coach Keller compiled an impressive list of accolades including 29 sectional championships, numerous coach of the year awards, and multiple national athletic and academic honors for his swimmers.



“I am very excited to be coming to FAST. The opportunity to build on the program that (former head coach) Jay Chambers help start 11 years ago is exciting. I love coaching and the kids, from the youngest joining us through swim lessons to the elite who go on to swim in college and the Olympic Trials.”

FAST Board President, Drew Alexander says, "We were very lucky to have the opportunity to bring Coach Keller to FAST. The applications we received from all over the United States made this a great opportunity for us to select an outstanding coach. Joe Keller, we feel, rose to the top of an impressive list of candidate"

Keller will begin his new role after he travels to Colorado Springs in June, as the head coach for the Olympic Development Camp for Team Indiana. Coach Keller is married to Patti and they have three children: Philip, Kristopher and Timothy.

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