

2020-2021 Short Course Schedule

Group	8&U
Monday	7:00-7:50p Rush
Tuesday	
Wednesday	4:10-5:00p LifeStart
Thursday	4:10-5:00p LifeStart
Friday	
Saturday	9:00-10:00a LifeStart
Sunday	

DuPage Swim Center, 520 N. Oakhurst, Aurora
 FMC, 700 Blackhawk Dr, Westmont
 LifeStart, 3333 Warrenville Rd., Lisle
 Norris Recreation Center, 1050 Dunham Rd, St. Charles
 Rush-Copley Healthplex, 1900 Ogden Ave, Aurora
 Superior Training, 7580 S. Quincy St., Willowbrook

Note: Although subject to slight changes, we anticipate this schedule to be relatively firm

Group	9/10 Black	9/10 Gold
Monday		
Tuesday	7:00-7:50p Rush	4:10-5:00p LifeStart
Wednesday	7:00-7:50p Rush	7:15-8:05p DuPage
Thursday	7:00-7:50p Rush	7:15-8:05p DuPage
Friday	4:10-5:00p LifeStart	4:30-5:20p Rush
Saturday	4:30-5:50p Rush	6:10-7:30p Rush
Sunday		

Group	13/14 Black	13/14 Gold
Monday	8:35-9:45p DuPage	7:15-8:25p DuPage
Tuesday	8:10-10:00p Rush	5:00-7:00a DuPage
Wednesday	8:15-9:45p DuPage	
Thursday		8:15-9:45p Dupage
Friday	5:00-7:00a DuPage	5:40-7:30p Rush
Saturday	4:00-5:55p DuPage	6:05-8:00p DuPage
Sunday	12:30-2:15p FMC	12:30-2:15p FMC

Group	11/12 Black	11/12 Gold
Monday		
Tuesday	7:15-8:25p DuPage	8:35-9:45p DuPage
Wednesday		
Thursday	6:30-8:30p Superior	6:30-8:30p Superior
Friday	7:15-8:25p DuPage	8:35-9:45p DuPage
Saturday	5:00-6:25a DuPage	6:35-8:00a DuPage
Sunday	4:30-5:50p Rush	6:10-7:30p Rush

Group	Senior Black	Senior Gold
Monday	8:10-10:00p Rush	5:00-7:00a Dupage
Tuesday		
Wednesday	5:00-7:00a DuPage	8:10-10:00p Rush
Thursday	5:00-7:00a DuPage	8:10-10:00p Rush
Friday		
Saturday	12:30-2:15p FMC	12:30-2:15p FMC
Sunday AM	7:10-9:00a DuPage	5:00-6:50a DuPage
Sunday PM	4:15-6:15p Norris	4:15-6:15p Norris