

Fox Valley Swimming

Fall/Winter Short Course 2021-22 Season

Welcome to the 2021-22 Fall/Winter Short Course Season!

Fox Valley Swimming ("FOX") is a competitive swim program serving residents of District 204. The program is also open to Seniors outside of District 204 on a selection basis.

Registration opens for <u>Returning</u> members:*	July 17, 2021 @ 8am
Registration opens for <u>Recent Former</u> members:**	July 22, 2021 @ 8am
Registration opens for <u>New</u> members:	July 24, 2021 @ 8am

* Returning members include those swimmers who participated in either the Fall/Winter 2020-21, Spring and/or Summer sessions. Siblings can also be registered at this time.

** Recent former members are defined as those swimmers who last participated in either the Fall/Winter 2019-20, Spring 2020 and/or Summer 2020 sessions. IF your swimmer falls into this category, **please contact the Team Administrator, [Sonia Hertogs](#), to have your account activated prior to registration.**

No priority will be given to returning Fox members after July 24th. A late fee of \$50 is charged to ALL who register after August 15th. NOTE: High School Girls participating on their high school teams this fall must register by August 15th to avoid late fees. Late fees will not be waived for any swimmer.

GENERAL FALL/WINTER INFORMATION

FOX will be swimming out of Neuqua Valley and Waubonsie Valley High Schools. Depending on the registration numbers, the Fry YMCA may be added to the practice rotation.

Practice for the Short Course Season begins on Wednesday, September 1, 2021, for all groups. Practice runs through mid-February (longer for those with championship times).

The fee structure is slightly different this year. There will be an upfront Short Course registration fee of \$25 plus an \$83 USA Registration fee. This will be followed by 3 installment payments in September, October, and November which will Auto Run on the 1st of the month.

The practice schedule for the 2021-22 Short Course season can be found on the website.

New Parent Zoom Meeting will be held prior to the beginning of the season. Date TBA and information will be sent to all new parents.

In Person All Parent Meeting is currently planned for Wednesday, September 8th at 7pm at a location to be determined. More information will be sent closer to the event.

Swimmers must be registered and paid prior to evaluation. Although we encourage you to attend the evaluation on 7/26, there will be a make-up date in late August for those with conflicts. Date and location to be determined.

Evaluation results will be emailed within a few days of the evaluation date and will indicate which group he/she is registered or recommended for or if continuation of swim lessons is recommended. Anyone not placed in either Team Development or Age Group will receive a full refund.

A separate e-mail will be sent to those who require an evaluation.

Below describes some, but not necessarily all, of the criteria used to determine group placement.

Please see the Fox website for a full description of the practice groups.

Team Development Group	For novice swimmers not quite ready for the training of the Age Group team. TDG is NOT a beginner swim lesson group. Athletes must be able to swim freestyle with face in the water and side breathing, refine backstroke for 25 yards, and proficiency (close to legal) fly and breaststroke. TDG focuses on stroke and turn development. TDG participates in all home meets.
Age Group & Seniors	Athletes can legally swim all four strokes and maintain competitive level training for age group. Age group swimmers are expected to compete in meets.

Regular participation in practices & eligible meets is expected of all swimmers including Team Development.

REGISTRATION & PRICING

Registration opens **Saturday, July 17th at 8am** for current Summer FOX members and those who participated in the prior Spring or Fall/Winter sessions, and their siblings. Registration opens to recent former members on **Thursday, July 22nd** and to new members on **Saturday, July 24th**. A late fee of \$50 goes into effect for those who register after **August 15th** for ALL swimmers, including high school girls.

If you are a returning member, please check your account for accuracy and update your information, as that can change from year to year.

All swimmers must have a valid USA Swimming Membership. If you are currently registered with a different USA Swimming team, please select the transfer fee, and complete the signed transfer form and e-mail it to Sonia Hertogs, foxswim204@gmail.com. The form can be found on the USA Swimming site or email Sonia to request one. (Note: Transfer forms are not needed if the team transferring from is a Naperville Swim Conference Team).

All fees are per swimmer, not per family. FOX is offering a multiple swimmer per family discount: \$50 per swimmer for 2 or more swimmers (1st swimmer does not receive a discount). Fees are not prorated.

All payments to Fox shall be made electronically through the TeamUnify system. A valid card must be on file for team charges. Neither cash nor checks are accepted.

Group	Due At Registration			Total Fees NOT including USA Reg Fee	
	SC Reg Fee + USA Reg Fee*	SC Fee Due 9/1	SC Fee Due 10/1	SC Fee Due 11/1	
TDG 10U	25 + 83	160	160	160	\$ 505
TDG 11-14 yrs	25 + 83	160	160	160	\$ 505
TDG High School	25 + 83	160	160	160	\$ 505
8U (A/B/C)	25 + 83	215	215	215	\$ 670
9/10	25 + 83	345	345	345	\$1,060
11/12	25 + 83	420	420	420	\$1,285
13/14	25 + 83	490	490	490	\$1,495
HS BOYS	25 + 83	300	300	300	\$ 925
HS GIRLS	25 + 83	330	330	330	\$1,015

* **USA Registration Fee** – All swimmers are required to be USA Swimming Members. The 2022 fee is \$83 and is sent to USA Swimming (not retained by FOX).

Refunds: Full refunds will be given to any swimmer who requires an evaluation but is not placed on the team. Other refunds will be granted as follows:

Refunds requested through September 8, 2021	Full refund less \$50 processing fee
Refunds requested from September 8-September 22, 2021	75% Refund PLUS \$50 processing fee
Refunds requested after September 22, 2021	No refunds.

MEETS

All meet information is posted on the Fox website under "Team Events." Please visit the website and click on each event for specific information regarding a meet. Information includes the timeframe to commit to a meet, general meet information, the host meet website, and the host meet packet which details specific information for the meet.

Swimmers are encouraged to attend all meets for which they are eligible and qualified. Team Development swimmers have the opportunity to swim the three home meets. All other swimmers participate in both home and away meets. Meets have different entry fees which will be charged to a swimmer's account when they are entered into a meet. Meet entry fees are detailed in the host meet packet.

Championship Meets: Swimmers who qualify for Regionals, Age Group and Senior State Championships, Sectionals and any other championship meets are expected to attend in all qualified events.

Seniors: Senior swimmers are not eligible to swim practices or meets with Fox while they are swimming for their respective high school team. High school boys are eligible for fall meets until high school tryouts begin, and again eligible in

late January or early February once their high school season ends. High school girls are eligible for fall meets once their season concludes in late Oct/Nov.

Meets will be conducted in accordance with the guidelines set forth by USA & Illinois Swimming along with any applicable federal and state guidelines. We will follow the guidelines and plan to schedule time trials/meets that conform to them. We are very much looking forward to offering USA Sanctioned events throughout the season as we are allowed.

Please note that meet fees are billed separately and will be charged to your card on the 1st of the month following the posting of the fees. A 3% credit card processing fee is assessed for those charges that run on the 1st of each month.

PARENT WORK COMMITMENT

The success of Fox depends not only upon the swimmers, but also on the parents. Our main fundraisers are our hosted meets (held at Neuqua Valley High School). This season we host three meets:

- **First Splash** – Early October 2021
- **Fall Classic** – End of October 2021
- **Winter Classic** – Mid February 2022

Parents will be required to work home and possibly some away meets for which their swimmer(s) are entered. For home meets, the number of sessions a family will be required to work is dependent upon the number of swimmers registered and will be announced once registration for the meet closes. Registration for worker positions will be handled online. Families who do not register for a job, but are required to work, will be assigned a job. It is the family's responsibility to double-check work commitments to see if they are assigned a position.

There are times when FOX is required to supply timers for away meets. This is a required commitment and part of our team's obligation to attend meets. Host meet directors inform us a few days before a meet if we are to supply timers. We will first ask for volunteers and attempt to create shifts for shortened timing commitments so families can volunteer when convenient for them. Please sign up. However, if those positions are not filled, timers will be assigned based upon whether your child is registered for the meet/session. It is the timer's responsibility to find a replacement if he/she is unable to fulfill the commitment. The missed worker fee applies to away meets, as well.

If a family misses their assigned work time for either home or away meets, the family's account will be assessed a \$100 charge for each session missed.

In addition, if your family does not sign up to volunteer for a home meet that your swimmer is participating in, your account will be assessed a \$50 per job fee and the volunteer coordinator will assign you a job that you will be required to work.

Families may wish to find a substitute for their work commitment. Substitutes must be over 14 years old and be appropriate for the position. (Example: please do not sign up to be head timer and then have a substitute who

has never timed). **Families are responsible for their substitutes. If a substitute does not show for a job assignment, the \$100 fee missed assignment will apply.**

REQUIRED APPAREL

Each swimmer will receive three team shirts and one latex cap. Returning members, when registering please ensure to update the t-shirt size for your swimmer(s).

***NOTE: A team suit is required** and will be available through our vendor who will be announced in the upcoming weeks.

Other apparel will be offered by our vendor include caps, Fox backpacks, parkas, warmups, and other items for our team. All official team apparel and equipment will be available through our contracted vendor.

CODES OF CONDUCT & MINOR ATHLETE ABUSE PREVENTION POLICY

As a USA Swimming Club, Fox aims to provide a fun, competitive, and safe environment for all of our swimmers, swim families, coaches, and spectators. Fox follows the USA Swimming Codes of Conduct and Safe Sport program, including the Minor Athlete Abuse Prevention Policy. For more information, please visit usaswimming.org and the Fox website.

CONTACT INFORMATION

For additional questions regarding registration, payment, and other administrative details, please contact Sonia Hertogs, Team Administrator, at foxswim204@gmail.com.

For all swim related and/or questions related to practice group placement or the practice schedule, please contact Robert Busby, Head Coach, at coachrob@foxswimteam.com.