

Fox Valley Swimming

Summer 2021

Welcome to the 2021 Summer Long Course Season!

Fox Valley Swimming ("FOX") is a competitive swim program serving residents of District 204. The program is also open to Seniors outside of District 204 on a selection basis.

Registration opens for <u>Returning</u> members:	May 8, 2021 @ 8am
Registration opens for <u>New</u> members:	May 15, 2021 @ 8am
Registration Closes:	May 21, 2021 @ Midnight

GENERAL SUMMER INFORMATION

GREAT NEWS! We are back in the high school pools! Along with securing pool space at both the Waubonsie and Neuqua pools, Fox has also once again secured pool space at the Naperville Tennis Club (NTC).

Practice for the Summer Long Course Season begins Sunday, June 6, 2021 and runs through Sunday, July 25, 2021. The exception to this schedule will be those Seniors who qualify for championship meets that run beyond July 25th.

Please note that the fees have been significantly reduced this season when you compare fees from recent prior seasons and practice hours per week with this upcoming season. Being back into the high schools has allowed us to offer more competitive pricing.

The practice schedule for the 2021 Summer season can be found on the front page of the website. It can also be found under the "Practice" tab for those returning to Fox. It is tentative and subject to slight changes.

All registration is conducted on our website www.foxswimteam.com. Payment in full is due at the time of registration.

New members: All swimmers must have a valid USA Swimming Membership. USA Registration fees for the 2021 year are \$81 per swimmer. If this is not paid at the time of registration, the charge will be assessed to your account at a later date.

FOX will continue to operate safely and in compliance with current IDPH protocols and guidelines.

PRACTICE SCHEDULES

Practice schedules can be found online at www.foxswimteam.com. The practice schedule can also be found on the front page of the website and under the "Practice" tab for active accounts.

The Fox website contains the most up-to-date schedule. Please use the online calendar as your primary source for the practice schedule and check it on a routine basis. Also, any last-minute changes are sent via email and text so long as a family has provided their contact information in the registration system.

Please subscribe to the online calendar. Instructions on how to subscribe can be found under the "Calendars" tab on the website (you must be logged in).

PRACTICE GROUPS

Swimmers are placed in groups based upon age.

A full description of all practice groups is listed on the Fox website. Fox is offering the following age groups for the upcoming Summer session:

Stroke Clinics, 10U, 11/12, 11/12+, 13/14, 13/14+, and Senior and Senior+

One change from prior seasons is that all 8U's are welcome to sign up for Summer Long Course. No evaluation will be required for current members.

8th graders who are 14 by 7/29/21 are allowed to sign for either 13/14 or Seniors. It is their choice.

GROUP PLACEMENT & EVALUATIONS

FOX is an age group team with group placement within age groups at the sole discretion of Head Coach, Rob Busby.

Although we do not anticipate a large number of evaluations being necessary, evaluations will be scheduled on an individual/small group basis. If your swimmer is moving from TDG to Age Group or if your swimmer is new to FOX, an evaluation will be required. Additional evaluations may be required for former members at the coach's discretion.

Below describes the basic criteria used for Age Group placement.

Please see the Fox website for a full description of the practice groups.

Age Group	Athletes can legally swim all four strokes and maintain competitive level training for age group. Age group swimmers are expected to compete in meets.
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REGISTRATION & PRICING

Registration opens Saturday, May 8th at 8am for current and Fall/Winter FOX members, and their siblings. Registration opens to new members on Saturday, May 15th. Registration closes Friday, May 21st at Midnight.

All fees are per swimmer, not per family. Fees are not prorated.

All payments to Fox shall be made electronically through the TeamUnify system. A valid card must be on file for team charges. Neither cash nor checks are accepted.

Former (prior to 2020-21 Short Course Season) and New FOX Swimmers: An \$81 annual USA Swimming registration fee will be due at registration. This fee is not included in the total registration price below. If it is not paid at the time of registration, it will be placed on your account at a later time.

Group	Summer Fees
10U Group	230
11/12 Age Group	265
11/12+ Age Group	395
13/14 Age Group	475
13/14 + Age Group	635
Senior	485
Senior+	710
Stroke Clinic I-4.5 Hrs Per Wk	160 + 81*
Stroke Clinic II/III-2 Hrs Per Wk	70 + 81*

*** All Stroke Clinic participants who are not USA Swimming members** will be assessed an additional \$81 fee for the cost of membership. This fee is sent directly to USA Swimming and is not retained by Fox.

Note: 11/12+, 13/14+, and Senior+ offerings are for those who desire more practice hours in the pool. These are not performance-based groups; therefore, they are open to anyone within their specified age group. Also, there may be some subdividing within the 11/12 and Senior groups depending on the numbers. This would allow those swimmers an opportunity to practice at the high schools and not always at NTC.

8th graders who turn 14 by 7/29/21 are able to sign up for either the 13/14 or the Senior groups. It's their choice.

Stroke Clinic is for swimmers 8 & Under and 9-13 years old and is available to those outside the District 204 boundaries. 3 Stroke Clinics will be offered at the Naperville Tennis Club:

- Stroke Clinic I (9-13yrs) – M/W/Sun 6:15-7:45pm
- Stroke Clinic II (9-13yrs) – M/W 7:45-8:45am
- Stroke Clinic III (8U) – T/Th 7:45-8:45am

Refunds: Full refunds will be given to any swimmer that requires an evaluation and is not placed on the team. Other refunds will be granted as follows:

Refunds requested prior to May 21, 2021	Full refund less \$50 processing fee
Refunds requested from May 21-June 5, 2021	50% Refund Summer Fees, 100% Refund USA Swimming and/or Transfer Fees
Refunds requested after June 5, 2021	No refunds.

MEETS

Meets will be conducted in accordance with the guidelines set forth by USA & Illinois Swimming along with any applicable federal and state guidelines. We will follow the guidelines and plan to schedule time trials/meets that conform to them. We are very much looking forward to offering USA Sanctioned events throughout the season as we are allowed.

Please note that meet fees are billed separately and will be charged to your card on the 1st of the month following the posting of the fees. A 3% credit card processing fee is assessed for those charges that run on the 1st of each month.

PARENT WORK COMMITMENT

The success of Fox depends not only upon the swimmers, but also on the parents. Our main fundraisers are our hosted meets. We are planning to co-host at least one meet this summer and parents will be required to volunteer for this meet and any others that we host/co-host. Also, we may be asked to assist for the away meets as well. Please volunteer if the host teams requests assistance.

CODES OF CONDUCT & MINOR ATHLETE ABUSE PREVENTION POLICY

As a USA Swimming Club, Fox aims to provide a fun, competitive, and safe environment for all of our swimmers, swim families, coaches, and spectators. Fox follows the USA Swimming Codes of Conduct and Safe Sport program, including the Minor Athlete Abuse Prevention Policy. For more information, please visit usaswimming.org and the Fox website.

CONTACT INFORMATION

For additional questions regarding registration, payment, and other administrative details, please contact Sonia Hertogs, Team Administrator, at foxswim204@gmail.com.

For all swim related and/or questions related to practice group placement or the practice schedule, please contact Robert Busby, Head Coach, at coachrob@foxswimteam.com.