

21/22 Short Course Schedule

Schedule updates beginning November 29. There will be schedule adjustments during the week due to high school meets. Please check the online calendar for Saturday practices. A holiday schedule will be issued for December 23 through January 8.

Group	8&U B		8&U A		TDG 9-11 NV	
Monday	5:35-6:25p	NV	6:25-7:15p	NV	7:15-8:15p	NV
Tuesday	5:35-6:25p	NV	6:25-7:15p	NV	7:15-8:15p	NV
Wednesday	5:50-6:40p	NV	6:40-7:30p	NV	7:30-8:30p	NV
Thursday	5:20-6:10p	NV	6:10-7:00p	NV	7:00-8:00p	NV
Friday	6:45-8:30p NV Large Pool (35min dryland to start)					

	TDG 9-11 WV		TDG 11/12		TDG 13&O	
Monday	5:35-6:35p	WV	6:35-7:35p	WV	7:35-8:35p	WV
Tuesday	5:50-6:50p	WV	6:50-7:50p	WV	7:50-8:50p	WV
Wednesday	5:35-6:35p	WV	6:35-7:35p	WV	7:35-8:35p	WV
Thursday	5:50-6:50p	WV	6:50-7:50p	WV	7:50-8:50p	WV

	9/10			Facilities
	Dryland	Swim		
Monday	4:55-5:35p	5:35-7:10p	NV	Neuqua Valley (NV) 2360 95th Street, Naperville Waubonsie Valley (WV) 2590 Ogden Avenue, Aurora Fry Family Y (Fry Y) 2120 95th Street, Naperville
Tuesday	7:05-7:40p	7:40-9:15p	WV	
Wednesday	5:10-5:50p	5:50-7:25p	NV	
Thursday	7:05-7:40p	7:40-9:15p	WV	
Friday				
Saturday		Variable	NV/WV	

Group	11/12 Black			11/12 Gold		
	Dryland	Swim		Dryland	Swim	
Monday	6:50-7:25p	7:25-9:00p	WV	6:40-7:15p	7:15-8:50p	Fry Y
Tuesday	6:35-7:15p	7:15-8:50p	Fry Y	4:55-5:35p	5:35-7:10p	NV
Wednesday	6:50-7:25p	7:25-9:00p	WV	6:40-7:15p	7:15-8:50p	Fry Y
Thursday	4:40-5:20p	5:20-6:55p	NV	6:35-7:15p	7:15-8:50p	Fry Y
Friday	6:40-7:15p	7:15-8:35p	Fry Y	6:35-7:10p	7:10-8:30p	WV
Saturday		Variable	NV/WV		Variable	NV/WV

Group	13/14			Senior		
	Dryland	Swim		Dryland	Swim	
Monday AM					5:10-6:45a	NV
Monday	4:40-5:35p	5:35-7:25p	WV	6:20-7:10p	7:10-9:00p	NV
Tuesday	6:25-7:10p	7:10-9:00p	NV	4:55-5:50p	5:50-7:40p	WV
Wednesday AM					5:10-6:45a	NV
Wednesday	4:40-5:35p	5:35-7:25p	WV	6:35-7:25p	7:25-9:15p	NV
Thursday	6:10-6:55p	6:55-8:45p	NV	4:55-5:50p	5:50-7:40p	WV
Friday	4:40-5:35p	5:35-7:10p	WV	4:30-5:20p	5:20-6:50p	NV
Saturday		Variable	NV/WV		Variable	NV/WV