



Waivers 2020-2021

I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any supervisor, coach or other team administrator associated with the Hinsdale Swim Club to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

I hereby waive, release and forever discharge Hinsdale Swim Club and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, loss to person or property which may be sustained or occur during participation in Hinsdale Swim Club activities, whether or not damages or loss is due to negligence. I hereby acknowledge that my children is (are) physically fit and capable of participation in all Swim Team activities.

By registering my child(ren) with the Hinsdale Swim Club, I agree to participate (or allow my child(ren) and family members to participate) in the Hinsdale Swim Club, and hereby release Hinsdale Swim Club, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself (or to my child(ren) and family members) while participating in the Hinsdale Swim Club program, including travel to and from training sessions, swim meets or other scheduled team activities.

I agree to indemnify and hold harmless the above mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) participating in the Hinsdale Swim Club program.

By registering my child(ren) with the Hinsdale Swim Club, I hereby acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my family, including child(ren), and I may be exposed to or infected by COVID-19 while either you or your child(ren) are on site at the pool and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand the risk of becoming exposed to or infected by COVID-19 at the pool may result from the actions, omissions or negligence of myself and others, including, but not limited to, the Hinsdale Swim Club staff, coaches, employees, volunteers, pool management workers, and other participants. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren), or myself, my family and others, including, but not limited to, personal injury, disability, and death, illness damage, loss, claim liability or expense of any kind. On my behalf, my family's behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge and hold harmless the Hinsdale Swim Club, its staff, coaches, employees, volunteers, and the pool management company and their employees, agents and representatives, of and from any claims, including actions, lawsuits, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based

on the actions, omissions or negligence of the Hinsdale Swim Club and the pool management company and all of their respective employees, agents and representatives, whether a COVID-19 infection occurs before, during or after participation in pool facility activities.

Photo Waiver

As a member of the Hinsdale Swim Club, I give permission for my child's name, quotation or photo to be used/published in the following ways:

- Press releases
- Newspaper or magazine articles (including online and/or print versions)
- Hinsdale Swim Club publications (i.e., emails, newsletters, Swimmer Handbook, etc.)
- Hinsdale Swim Club website or other Hinsdale Swim Club-sponsored Social Media sites/accounts.

2020-2021 HSC Travel Trip Rules and Regulations

The following rules and regulations will be in effect for the Hinsdale Swim Club Swim Season 2020-2021 for all Team Travel Trips. Anyone who, in the opinion of the coaching staff, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (at the expense of the parent and/or swimmer) and other punishments including barring from future travel meets or other competition, suspension from practice, or dismissal from the team.

1. All Hinsdale Swim Club team members should be respectful of their peers, coaches, and parents. Any HSC team member not acting in such a manner will be asked to change or stop that behavior. If that team member fails to comply, they will be asked to leave the meet.
2. HSC will travel as a team in order to compete with the best and further strive to better competition. Everyone is expected to behave in an exemplary manner. The reputation of HSC, as well as the other athletes with you, is dependent on your behavior.
3. The coaching staff holds the final word on any rules, regulations, or disciplinary action.
4. The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drugs, or USOC banned substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to disciplinary action as outlined above.
5. At no time will male and female athletes be in the same room together unless the door is open. This applies to HSC members or any other team.
6. Any damages or thievery incurred at the hotel will be at the expense of the swimmers assigned to that room and further disciplinary action will be taken. No loud behavior will be tolerated in the hallways or public areas and such behavior should be kept to a minimum in your rooms.
7. Swimmers will be assigned team roommate(s) by the coaches and given keys to their Team Room. All swimmers are expected to sleep in their assigned Team Room and adhere to the Room Curfews. Any swimmers found to be sleeping in other rooms or violating Room Curfews will be subject to disciplinary action as outlined above.

Photo/Video Policy

In general, all photographs/videos taken by parents and/or swimmers must observe generally accepted standards of decency in particular:

- Any shots/videos should be a celebration of the sporting activity and not a sexualized image in a sporting context
- Any shots/videos should not be taken or retained where the photograph reveals a torn or displaced swimsuit
- Photographs/videos should not be taken from behind swimming blocks at the start of a race or practice or exhibit a child climbing out of the swimming pool
- No photography or video should be taken for **any reason** in a locker room or restroom and no devices with cameras should be used at all in these areas

Coaches, from time to time, may record athletes for training and analysis purposes. These will not typically be published for public view in any format without the consent of the athlete/parents/guardians.

I recognize my responsibility to abide by the rules and requirements of the Hinsdale Swim Club that I am representing and I acknowledge that I have received and read such. In addition, I agree to all statements enumerated above.

Updated July 2020