

2023 Illinois Swimming Regionals

AM Session Warmups at Hinsdale Central High School

		Sessions 2 & 4 - Saturday & Sunday AM 10 & U, 12 & U	
		7:00-7:25 AM	7:25-7:50 AM
Lane 1		HSC	CPD
Lane 2		HSC	CPD
Lane 3		HSC	LYON
Lane 4		YWFF	LYON
Lane 5		NEPT	TOPS/SSC
Lane 6		FMC	GSC
Lane 7		FMC	GSC
Lane 8		FMC	WSO
Lane 9		FMC	SWAQ
Lane 10		IGSC	Y2K
Lane 11		FMC	GSC
Lane 12		FMC	GSC
Lane 13		HSC	TOPS/SSC
Lane 14		HSC	OPEN
Lane 15		OPEN	OPEN

2023 Illinois Swimming Regionals

PM Session Warmups at Hinsdale Central High School

		Sessions 3 & 5 - Saturday & Sunday PM 14 & U, Open	
		12:00-12:25 PM	12:25-12:50 PM
Lane 1		FMC	IGSC
Lane 2		FMC	WSO
Lane 3		FMC	SSC
Lane 4		LYON	SWAQ
Lane 5		LYON	SWAQ
Lane 6		LYON	GSC
Lane 7		HSC	Y2K
Lane 8		HSC	Y2K
Lane 9		HSC	YWFF
Lane 10		HSC	CPD
Lane 11		HSC	Y2K
Lane 12		HSC	SWAQ
Lane 13		FMC	GSC
Lane 14		FMC	GSC
Lane 15		FMC	OPEN