



2022 HSC Mid-Summer Classic June 24th to June 26th Session Schedule & Warm Up Assignments

Session #	Age Groups	Warm-Up Time**	Positive Check-In Closes*	Meet Start Time
#1 - Fri AM	11/12	7:00 am	7:20 am	8:00 am
#2 - Fri Midday	10 & Under	10:00 am	10:20 am	11:00 am
#3 - Fri PM	13 & Over, Open	12:45 pm	1:30 pm	2:15 pm
#4 - Sat AM	11/12	7:00 am	7:20 am	8:00 am
#5 - Sat Midday	10 & Under	10:30 am	10:50 am	11:30 am
#6 - Sat PM	13 & Over	1:45 pm	2:30 pm	3:15 pm
#7 - Sun AM	11/12	7:00 am	7:20 am	8:00 am
#8 - Sun Midday	10 & Under	10:35 am	10:55 am	11:35 am
#10 - Sun PM	13 & Over, Open	1:45 pm	2:30 pm	3:15 pm

Friday Warm Up Assignments

Age Group: 11-12

Session #1 Warm-Up 1 7:00-7:25 am	
Lanes 1-4	HSC/UN-NE
Lanes 5-8	FMC

Session #1 Warm-Up 2 7:25-7:55 am	
Lanes 1-4	NTA
Lane 5	LYON
Lane 6	CWAC
Lane 7	EST/SPD
Lane 8	Y2K

Age Group: 10 & Under

Session #2 Warm-Up 1 10:00-10:25 am	
Lanes 1-5	HSC
Lanes 6-7	FMC
Lane 8	EST

Session #2 Warm-Up 2 10:25-10:55 am	
Lanes 1-3	NTA
Lanes 4-5	CWAC
Lane 6	LYON
Lane 7	LSF
Lane 8	SPD/Y2K

Age Group: 13&O, Open

Session #3 Warm-Up 1 12:45-1:15 pm	
Lanes 1-3	Y2K
Lanes 4-7	FMC
Lane 8	EST

Session #3 Warm-Up 2 1:15-1:45 pm	
Lanes 1-6	HSC
Lane 7	PX3/EXPR
Lane 8	SPD

Session #3 Warm-Up 3 1:45-2:15 pm	
Lanes 1-4	NTA
Lane 5	NTA/CWAC
Lane 6	CWAC
Lanes 7-8	LYON

Saturday Warm Up Assignments

Age Group: 11-12

Session #4 Warm-Up 1 7:00-7:25 am	
Lanes 1-4	HSC/UN-NE
Lanes 5-6	FMC
Lanes 7-8	CWAC

Session #4 Warm-Up 2 7:25-7:55 am	
Lanes 1-4	NTA
Lane 5	LYON
Lane 6	Y2K
Lane 7	EST/SPD
Lane 8	LSF/PX3

Age Group: 10 & Under

Session #5 Warm-Up 1 10:30-10:55 am	
Lanes 1-5	HSC
Lanes 6	FMC
Lane 7-8	CWAC

Session #5 Warm-Up 2 10:55-11:25 am	
Lanes 1-3	NTA
Lanes 4-5	LYON
Lane 6	EST
Lane 7	Y2K/PX3
Lane 8	SPD/LSF

Age Group: 13&O, Open

Session #6 Warm-Up 1 1:45-2:15 pm	
Lanes 1-3	Y2K
Lanes 4-7	FMC
Lane 8	EST

Session #6 Warm-Up 2 2:15-2:45 pm	
Lanes 1-6	HSC
Lane 7	PX3/EXPR
Lane 8	SPD

Session #6 Warm-Up 3 2:45-3:15 pm	
Lanes 1-4	NTA
Lane 5	NTA/CWAC
Lane 6	CWAC
Lane 7	LYON
Lane 8	LYON/LSF

Sunday Warm Up Assignments

Age Group: 11-12

Session #7 Warm-Up 1 7:00-7:25 am	
Lanes 1-4	HSC/UN-NE
Lanes 5-6	FMC
Lanes 7-8	LYON

Session #7 Warm-Up 2 7:25-7:55 am	
Lanes 1-3	NTA
Lane 4	Y2K/PX3
Lanes 5-6	CWAC
Lane 7	EST/LSF
Lane 8	SPD

Age Group: 10 & Under

Session #8 Warm-Up 1 10:35-11:00 am	
Lanes 1-5	HSC
Lanes 6-7	LYON
Lane 8	EST

Session #8 Warm-Up 2 11:00-11:30 am	
Lanes 1-3	NTA
Lanes 4-5	CWAC
Lane 6	FMC
Lane 7	LSF/EXPR
Lane 8	SPD/Y2K

Age Group: 13&O, Open

Session #9 Warm-Up 1 1:45-2:15 pm	
Lanes 1-3	Y2K
Lanes 4-6	FMC
Lane 7	EST
Lane 8	SPD

Session #9 Warm-Up 2 2:15-2:45 pm	
Lanes 1-6	HSC
Lanes 7-8	CWAC

Session #9 Warm-Up 3 2:45-3:15 pm	
Lanes 1-4	NTA
Lanes 5-6	LYON
Lane 7	EXPR/PX3
Lane 8	LSF