

# March 2023 – [www.hwsadolphins.org](http://www.hwsadolphins.org)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Notes:</b></p> <ul style="list-style-type: none"> <li>Group 3 &amp; 4 swimmers w/ Championships cuts only allowed to practice in March.</li> <li>Spring/Summer season starts April 5<sup>th</sup> for G4/Elite</li> <li>Spring/Summer season starts April 10<sup>th</sup> for G1, G2, &amp; G3</li> </ul>			<p><b>1</b> G3: End of Season G4: End of Season Elite: 6:30p – 8:45p</p>	<p><b>2</b> G3: End of Season G4: End of Season Elite: 6:30p – 8:45p</p> <p><b>IL Senior Champs</b> @ FMC, Westmont, IL Warm-Ups: 4:00p</p>	<p><b>3</b> G3: End of Season G4: End of Season Elite: 6:30p – 8:45p</p> <p><b>IL Senior Champs</b> @ FMC, Westmont, IL Prelim W-Ups: 6:30a Finals W-Ups: 4:00p</p>	<p><b>4</b> <b>IL Senior Champs</b> @ FMC, Westmont, IL Prelim W-Ups: 6:30a Finals W-Ups: 4:00p</p>
<p><b>5</b> <b>IL Senior Champs</b> @ FMC, Westmont, IL Prelim W-Ups: 6:30a Finals W-Ups: 3:30p</p>	<p><b>6</b> <b>Elite: 3:45p – 6:00p</b> <b>@ Lyons H.S.</b></p>	<p><b>7</b> Elite: 5:00p – 7:15p</p>	<p><b>8</b> Elite: 7:00p – 9:15p</p> <p><b>(Girls Home WP)</b></p>	<p><b>9</b> Elite: 6:30p – 8:45p</p> <p><b>IL Age-Group Champs</b> @ Hobart, IN Warm-Ups: 4:00p</p>	<p><b>10</b> Elite: 6:30p – 8:45p</p> <p><b>IL Age-Group Champs</b> @ Hobart, IN Prelims W-Ups: 7:00a Finals W-Ups: 4:00p</p>	<p><b>11</b> <b>IL Age-Group Champs</b> @ Hobart, IN Prelims W-Ups: 7:00a Finals W-Ups: 4:00p</p> <p>Elite: 11:00a – 1:15p</p>
<p><b>12</b> <b>IL Age-Group Champs</b> @ Hobart, IN Prelims W-Ups: 8:00a Finals W-Ups: 4:00p <b>Daylight Saving Time</b></p>	<p><b>13</b> <b>Elite: 4:15p – 6:30p</b> <b>@ Munster HS</b></p> <p><b>(Girls Home WP)</b></p>	<p><b>14</b> <b>Elite: 4:15p – 6:30p</b> <b>@ Munster HS</b></p> <p><b>(Boys Home WP)</b></p>	<p><b>15</b> Elite: 6:30p – 8:45p</p>	<p><b>16</b> <b>Elite: 4:15p – 6:30p</b> <b>@ Munster HS</b></p> <p><b>(Boys Home WP)</b></p>	<p><b>17</b> Elite: 6:30p – 8:45p</p>	<p><b>18</b> Elite: 10:00a – 12:15p</p>
<p><b>19</b> <b>HWSA Team Banquet</b> <b>@ Silver Lakes C.C.</b> <b>5:30p – 9:00p</b></p>	<p><b>20</b> Travel Day to St. Pete</p>	<p><b>21</b> <b>ISCA Meet</b> W-Ups: 12:00 Starts: 1:00p</p> <p><b>(Girls Home WP)</b></p>	<p><b>22</b> <b>ISCA Meet</b> Prelims W-Ups: 6:30a Starts: 8:00a Finals W-Ups: 3:30p Starts: 5:00p <b>Evaluations: 7:00p</b></p>	<p><b>23</b> <b>ISCA Meet</b> Prelims W-Ups: 6:30a Starts: 8:00a Finals W-Ups: 3:30p Starts: 5:00p <b>(Boys Home WP)</b></p>	<p><b>24</b> <b>ISCA Meet</b> Prelims W-Ups: 6:30a Starts: 8:00a Finals W-Ups: 3:30p Starts: 5:00p</p>	<p><b>25</b> <b>ISCA Meet</b> Prelims W-Ups: 6:30a Starts: 8:00a Finals W-Ups: 3:30p Starts: 5:00p</p>
<p><b>26</b> <b>Season Over</b></p>	<p><b>27</b> <b>D230 Spring Break</b> <b>Season Over</b></p>	<p><b>28</b> <b>Season Over</b></p> <p><b>(Girls Home WP)</b></p>	<p><b>29</b> <b>Season Over</b></p>	<p><b>30</b> <b>Season Over</b></p>	<p><b>31</b> <b>Season Over</b></p>	