



CIA CODE OF CONDUCT: ATHLETES

The purpose of this code is to promote the best possible individual, team and program which supports the development of first-class citizens. All athletes are expected to abide by this code. Registering with CIA assumes an agreement to comply with our Athlete Code of Conduct below.

- I will have good sportsmanship will be displayed at practice and in meets as well as whenever representing CIA. This includes supporting CIA's core values; team loyalty, integrity, competition and hard work as well as behaving with respect, grace and dignity in both victory and defeat.
- I will respect team members, competitors, coaches, officials, administrators, parent/guardians, public property, club property and personal property.
- I will comply with instruction and directions from the coaches and officials, only coaches' coach.
- I will never interfere with the progress or performance goals of a swimmer during practice or otherwise.
- I will contribute to the setup and tear-down of all practices which includes active participation daily.
- I will protect and improve the club's excellent reputation within the swimming community.
- I understand that any activity which jeopardizes CIA's insurance coverage, terms of pool use, or membership in USA Swimming and/or Iowa Swimming Inc. is strictly prohibited.
- I will wear CIA swim caps when competing for CIA. Suits, caps and other clothing with other team name/logo may not be worn when representing CIA in competition or at awards ceremonies.
- During competitions, I will direct any questions or concerns regarding decisions made by meet officials or our coaches must be directed to the CIA head coach.
- I understand inappropriate or destructive behavior will not be tolerated including; using abusive language, profane language, language of a sexual nature, inappropriate gestures, harassment, bullying, lying, stealing, or vandalism.
- I understand illegal possession, transportation, and/or use of alcohol, drugs, tobacco or weapons is strictly prohibited.
- I will direct problems, concerns, or constructive criticism to the head coach, board president or another board member.

Name: _____

Date: _____