



# Supplemental Group



The Supplemental Group is a sub-group of either Senior Group for current or past CIA swimmers who are swimming with a high school or college program and need supplemental training. Athletes will be charged at the Intro Group rate and are allowed up to 10 practice days per month. Seasonal fees are not charged for swimmers in this group. Registration is a monthly commitment, and no refunds are offered except in rare unforeseen circumstances and only after board approval. This group is only available as space permits and must be approved by the head coach prior to registering.

- **Eligibility requirements:**

- Swimmers must have a current USA Membership and Mandatory Safe Sport training completed.
- Be registered with CIA during the current season or previous season.

- **About the group:**

- Swimmers are offered one or two workouts six days per week with the Senior groups. The student-athlete in this group can balance commitments with current high school or college swimming program. Attendance for the group cannot exceed 10 days of practice per month. Attending one or two practices a day uses one practice day and they cannot be split.
- Swim meet attendance is not allowed in this group. To participate in meets the seasonal fee and Senior group fee must be paid. If the swimmer does choose this option, the current supplemental fees will be applied towards the Senior group fee as appropriate.