



2016 Calendar of Events

Day	Date	Event	Time	Location
Sunday	May 1 st	Parent meeting	4:00 - 6:00 pm	Village Park
Tuesday	May 31 st	Practice Begins	4:00 - 7:00 pm	Village Park
Friday	June 10 th	Sno-Cone Social	4:30 - 7:30 pm	Village Park
Saturday	June 11 th	Time Trials: Boys vs. Girls	8:00 am - 1:00 pm	Village Park
Saturday	June 18 th	Heritage Park Seals	8:00 am - 1:00 pm	Village Park
Saturday	June 25 th	Turtle Rock Broadmoor Sharks	8:00 am - 1:00 pm	Village Park
Monday	July 4 th	Independence Day VPCA Fun Event	No Practice 	Village Park
Saturday	July 9 th	Woodbridge Wave Riders	8:00 am - 1:00 pm	Village Park
Tuesday	July 12 th	Team Pictures	4:00 - 6:00 pm 6:00 - 7:00 pm	Village Park
Thursday	July 14 th	Piranhathon & Piranha Cafe dining	4:00 - 7:00 pm 5:00 - 7:30 pm	Village Park
Saturday	July 16 th	Park Paseo Northstars	8:00 am - 2:00 pm	Northwood
Wednesday	July 20 th	ISL Pentathlon Meet	3:00 - 8:00 pm	Woollett
Saturday	July 23 rd	Courtside Stingrays	8:00 am - 2:00 pm	Northwood
Friday	August 5 th	Last practice	4:00 - 7:00 pm	Village Park
Saturday	August 6 th	ISL Championship Meet with Swimmer SnackBar	8:00 am - 4:00 pm	Woollett
Sunday	August 7 th	Awards Ceremony & Multicultural Potluck	4:00 - 7:00 pm	Village Park

*All activities and meets are subject to change.

www.VillageParkPiranhas.org

www.IrvineSwimLeague.org

Village Park Piranhas Swim Team Board of Directors

President	Jimmy Kaufman	president.villagepark@gmail.com
Co-President	Pete Carmichael	
Vice President of Records	Sabrina Jones	stats.villagepark@gmail.com
Vice President of Volunteers	Steve & Kerry Canto	volunteers.villagepark@gmail.com
Secretary	Julie Eversaul	secretary.villagepark@gmail.com
Treasurer	Wendy Leng	treasurer.villagepark@gmail.com
Registration	Mindy Zive	registrar.villagepark@gmail.com

Head Coach Laurie Smith headcoach.villagepark@gmail.com

Volunteers

Announcer/DJ	Robb Phillips	
Apparel Coordinator	Julie Boualam	
Championship Coordinator	Theresa Olson	
Concessions Managers	Julie Cho & Chantal Kendall	
Fundraising Coordinator	Pilar Torres	sponsor.villagepark@gmail.com
Piranhathon	Heather King	piranhathon@gmail.com
Social Activities/Social Media	Anna-Lisa Larson	
Judge	TBD	
Meet Official	Chris Venzlaff	
Photographer	Greg Parks	
Potlucks Coordinator	TBD	
Reporter	Marcelo Pires	
VPCA Representative	Denielle Cerny	

Welcome

Welcome to the Village Park Piranhas Swim Team. We are very pleased to have all of you with us for our 32nd season. If you are new to the Piranhas, you will have many questions. We hope this handbook will answer most of them. If you have been with the team before, this handbook will alert you to key information you need to know this year. Our goal is for everyone to have a great time while continually improving swim times and building self-confidence. We wish all of you, newcomers and veterans alike, a fun and successful summer season.

The Irvine Swim League

The Irvine Swim League (ISL) is a summer-only league, consisting of 21 teams spread throughout the city. The League's philosophy is to provide organizational structure for a recreational developmental summer swim league for residents of Irvine, with an emphasis on safety, stroke instruction, and individual improvement over team achievement. The ISL was founded in 1985 with the Village Park Piranhas as one of the founding teams. The ISL web address is www.IrvineSwimLeague.org and contains information about the league, teams, rules and regulations, and the annual championships. You can follow the ISL on Twitter and Facebook through links on the ISL home web page.

Team Philosophy

We want our swimmers to have fun this summer by developing their physical skills, making new friends and renewing old ones, gaining self-confidence, improving their personal event times, learning sportsmanship, and enjoying safe and friendly competition. We cheer each swimmer on, wanting them to do their best.

Team Communications

Our primary method of communicating with team families throughout the season is through our website and e-mail. We typically send out one e-mail a week which includes important information about practice and Saturday meets. It is very important you check read these weekly e-mail messages since they often contain important information that will affect you and your swimmers. If more than one parent wishes to receive e-mail, please be sure to provide both your addresses to the team registrar.

Our team website-- www.villageparkpiranhas.org --is also an important source of information. Our calendar of events can be found there along with team information. A link can be found there to access your volunteer positions. There are also pages where you can track your swimmer's time improvements and stats, and our news page features stories and photos from recent events.

Communication with our Coaches

We can have up to 130 children on our team. Though our practices are sometimes crowded and noisy, our coaches top priorities are always our childrens' safety. To help with this we ask our parents to not approach our coaches during practice. The best way to communicate with our coaches is via email or after the practices are over.

Practices

Practices are scheduled Monday through Friday afternoons. Please see the Calendar of Events for details. Swimmers will practice in four groups based on their age and ability levels. Coaches will determine the appropriate practice groups for each swimmer. Any changes to the schedule will be announced in advance.

Monday through Friday Schedule

Group	Time	Level	Age (approximate)
1	4:00 - 4:30 pm	Beginning Swimmers	5-6
2	4:30 - 5:15 pm	Intermediate Swimmers	7-8
3	5:15 - 6:00 pm	Intermediate/Advanced Swimmers	9-11
4	6:00 - 7:00 pm	Advanced Swimmers	11 & up

Swimming takes a lot of hard work and concentration. Improvement comes when your swimmer puts a lot of effort into regular practices. Practices will be structured such that all strokes will be emphasized equally, as well as starts, finishes and turns.

Sometimes it helps in practices and meets to have a buddy. Encourage your child/children to make friends and support each other. This is a team sport. Please be supportive of your swimmer(s) and remind him/her to:

1. Listen to and respect your coaches.
2. Do your best.
3. Say "I can!" You can try, and when you do, you will improve.
4. Be a good sport. Keep a good attitude.
5. Go for it! It's difficult to learn new skills. You can't learn without making mistakes. And the sooner you try, the sooner you will master the skill.
6. Improvement comes through practice. Be on time and make the most of your time in the water.

All swimmers must be water safe (able to swim the length of the pool (25 yards) independently and without touching the lane line) before the swim season starts. In addition, coaches are *not* allowed in the water at swim meets to assist beginning swimmers. If your child needs basic swim skills to meet this requirement, private and semi-private lessons with Piranha coaches, and through other organizations, are available for a fee.

Time Trials: Boys vs. Girls Event

The Time Trials is a fun event that prepares us for the upcoming regular swim meets. The Time Trials event provides an opportunity for swimmers to review and practice swim meet procedures, gives our meet volunteers a chance to practice their roles, and **sets the baseline times on which time improvements are measured over the next swim meets for all swimmers.** Each swimmer will swim all four strokes, but no Individual Medleys (IMs) or relays. Although this is technically a practice meet, it is very important that you attend to help ensure the smooth operation of our team.

Pentathlon Meet

The Pentathlon Meet is a special ISL meet held at Woollett Aquatic Center which has an additional entry fee. It is a great place to earn time improvements, qualify for Champs, and practice swimming at the Championship pool with touch pads for finishing. This is a fast pool with wide lanes and lower wave resistance than smaller pools. Your swimmer can enter 4 events, and if they are 9 years of age or older, they can enter the IM for a total of 5 events. That means they can earn up to 5 time improvements in one meet! Only 200 swimmers can attend this meet, so register as early as possible. Registration is completed online through the ISL.

Regular Swim Meets

There will be five regular swim meets during our swim season. During these meets we will be swimming against another team from the ISL. Some swim meets will be held at the Village Park pool and some will be held at the other team's pool. Under special circumstances, tri-meets will be held which involve three teams. Please check the Calendar of Events for a complete list of meets.

Prior to each meet, check the Piranha website for information, noting check-in times, warm-up times, map to the opponent's pool, and other important information. You will also receive friendly reminders via email. Please have your child at the meets at the assigned check-in time (7:30 am). If your child does not have a ride, please make arrangements with other parents for transportation as well as supervision of your children.

A swim meet consists of 68 events with a short break about half way through. Swimmers are organized by age group. Each child is allowed to swim three individual events and a relay, or two individual events and two relays. Coaches will assign swimmers to events a few days prior to each meet. A list of event numbers will be written in permanent marker on the swimmer's forearm at practice on Friday before each meet. During the swim meet, event numbers will be posted near the ready bench. Make sure your child gets to the sorting area when you see their event number posted.

It is critical that you notify the Head Coach by 7:00 pm Wednesday by email, phone, or sign-up sheet at the front gate, if your child will *be able to swim in the meet the following Saturday.* We assume your child will not swim unless you notify us.

Coaches spend a lot of time seeding swimmers in individual and relay events for a meet. If your child is signed up for a relay and doesn't show up for the swim meet, then the other swimmers on the relay team will not be able to swim and may miss qualifying for the Champs. This is not fair to them. Please be courteous of the other swimmers. If your child does not attend a meet they are signed up for, the Head Coach has the option of not scheduling them for any events at the next swim meet.

Championship Meet

The Championship Meet (Champs) is the biggest meet of the year. It is the culmination of all your swimmer's hard work. **In order to swim at Champs, a swimmer must swim in at least three regular swim meets during the season. The Pentathlon meet does not count for**

eligibility, but your event times do count towards placement at Champs. There are two ways to attend Champs. First, your swimmer can qualify by meeting the ISL Qualifying time (ISLQ) for a stroke in his/her age group (see the table below). We will notify you which events your swimmer has qualified. Second, if your swimmer has not qualified for any events, he/she may be entered into one individual event of choice and up to two relays. **Everyone can compete at Champs!**

Each Monday following a swim meet, your swimmer will receive a ribbon for each event they swam, stating their time. Compare their time to the championship qualification times (see below) to see how close your swimmer is to qualifying. Work with the coaches to find ways to help your swimmer improve their time so they can qualify for more events at Champs. If you see “ISLQ” next to a time, that means your swimmer is now qualified for Champs for that event.

General Information to Prepare for Swim Meets

Your swimmer should prepare for the meet the night before. A balanced dinner of vegetables (dark green and orange especially) and fruit, complex carbohydrates (whole wheat/grain pasta, rice, or bread), and a protein (e.g. fish, lean meat, tofu) is best. Do not encourage overeating.

Also, swimmers need plenty of rest.

Start your swimmer's meet day with an energizing breakfast of carbohydrates like cereals, bread, oatmeal, fruit, and milk or plain yogurt. Make sure they have plenty of water to drink; water is the best beverage for rehydration and energy. Swimmers should be allowed to eat carbohydrate type snacks (or lunch if a long enough break) and drink adequate clear fluids during meets.

Please note sugar based snacks, deserts, and foods do not generate more energy or strength; sugar does accelerate dehydration.

Example	Dinner	Breakfast	Lunch	Snack
Meals	<ul style="list-style-type: none"> ➤ ½ plate green salad with garden vegetables ➤ ¼ plate whole wheat pasta with marinara sauce ➤ ¼ plate meat balls (or meat substitute) 	<ul style="list-style-type: none"> ➤ fresh fruit ➤ oatmeal ➤ yogurt 	<ul style="list-style-type: none"> ➤ pasta ➤ fresh fruit 	<ul style="list-style-type: none"> ➤ whole grain crackers or granola bar ➤ fresh fruit ➤ cheese stick
Drinks	<ul style="list-style-type: none"> ➤ milk 	<ul style="list-style-type: none"> ➤ water 	<ul style="list-style-type: none"> ➤ water 	<ul style="list-style-type: none"> ➤ water or milk

The Piranha Cafe will be well supplied with a variety of meals, drinks and snacks at all meets. You are encouraged to eat here, as proceeds support the home team. If you wish to bring snacks, fruit, veggies, crackers and cheese are excellent choices. Maintaining good hydration is important to all swimmers and spectators. Please bring or purchase water for consumption throughout the meet.

Please do not bring any glass containers to any pool at any time. They are hazardous to swimmers and spectators if they break on the pool deck or in the pool. **You are required to dispose of your own trash.** Please keep the areas clean during all meets. **No alcoholic beverages are allowed.**

You and your swimmer will be on the pool deck from approximately 7:30 am (check-in) to 1:00 pm. Days generally start out cool and overcast, and end up hot. Please plan accordingly. Blankets, sweat suits, and jackets may be welcome in the mornings. Sunscreen, hats and sunglasses will definitely be needed in the afternoon. Each swimmer should bring two to five large towels to each meet, as these will probably be soaked after each event. Don't forget your goggles and Piranha swim cap. Books and small games can keep swimmers (and siblings) occupied between events. You may want to bring your own deck chair and canopy, especially at away meets, where seating and shade may be sparse.

Parents are responsible for getting swimmers to the meets by check-in time. Links to maps for the away meets will be provided on our team web site, and are always available at irvineswimleague.org. However, be aware that parking is limited. Try to carpool if you can. Arrive early as there is limited space to set up camp.

At our Village Park pool complex, **please carefully observe red curbs and do not double park.** Additional parking is available along Royce Road, and on adjacent Ash Tree and Green Tree Lanes. Courtesy in following these parking guidelines is essential to maintaining good relations between our swim team and the Village Park Community Association (VPCA), and will help ensure their cooperation in this and future seasons.

At home meets please do not set up camp on the concrete deck around the pool. Plenty of space is available for our team and the visiting team on the grass, upper viewing decks, and area near the BBQs. Please note: during a swim meet the Jacuzzi is not to be used by swimmers, and the pool is only to be used for the swim meet or a special meet event.

Championship Meet Qualifying Times

Backstroke	Age	Girls	Boys
	5-6	33.50	33.50
	7-8	24.50	24.50
	9-10	47.00	47.00
	11-12	43.00	43.00
	13-14	39.00	39.00
	15-18	38.50	36.00
Breaststroke	Age	Girls	Boys
	5-6	35.50	35.50
	7-8	26.50	26.50
	9-10	50.50	50.50
	11-12	45.00	45.00
	13-14	42.00	42.00
	15-18	40.00	37.00
Butterfly	Age	Girls	Boys
	5-6	32.50	32.50
	7-8	23.50	23.50
	9-10	46.50	46.50
	11-12	42.00	42.00
	13-14	37.50	36.00
	15-18	35.50	32.00
Freestyle	Age	Girls	Boys
	5-6	26.50	26.50
	7-8	19.50	19.50
	9-10	39.00	39.00
	11-12	35.00	35.00
	13-14	32.00	30.50
	15-18	31.00	28.50
Individual Medley	Age	Girls	Boys
	9-10	1:38.00	1:38.00
	11-12	1:30.00	1:30.00
	13-14	1:24.00	1:22.00
	15-18	1:19.00	1:10.00

Please note that the qualifying times listed here can also be found on the ISL website under the Championship tab, selecting the Qualifying Times menu option.

Qualifying times for a given year may be changed during the season prior to the Championship Meet.

The qualifying times posted on the ISL website supersede those listed here.

Awards

There are several awards given to your swimmer. First, they receive a ribbon for each event they swim in during a swim meet. The ribbon will be a specific color depending on their placement in the race. Ribbons are awarded for 1st through 6th place during regular swim meets. A Participant ribbon is awarded for 7th place and higher. Ribbons are also given for Heat Winner, Time Improvement and Team Record. At the Championship Meet, ribbons are awarded for 1st through 15th places and a Participant ribbon is awarded to all others. Top placements are occasionally reported in the Irvine World News and on the ISL website.

Triple time improvements occur when a swimmer beats their personal best time in three different events at one swim meet. These are important achievements because they show significant progress is being made by the swimmer. It is also the goal of our coaching staff to maximize the number of these achievements at each meet. An incentive gift is given to each swimmer who achieves a triple time improvement; these are often reported in the Irvine World News and on the ISL website.

Of course, an even bigger achievement is when a team record is broken. Not only does the outstanding swimmer receive a ribbon, but they get their name placed on the Team Records page of our website. Believe it or not there are still records from the 1980s waiting to be broken. We post the 5 fastest times for each age group for each event on the website. Good luck!

At the end of the season, each swimmer receives a trophy at our Awards Ceremony. Medals are given to one boy and one girl in each age group for Most Improved Swimmer, Most Valuable Player, and a Coaches award.

Aside from the material awards it is critical that each swimmer receive emotional support. Camaraderie among our swimmers, parents and coaches is very important to our team. Cheering each other on and congratulating each other on their performances have a huge effect on our swimmers and the pride of our team. In many ways this is much more important than the physical awards received. Please continue the tradition of supporting each other.

Team Pictures

Team picture day is shown on the Calendar of Events. Have your child wear their official Piranhas swimsuit for their photo. **You will receive a team photo plus individual pictures of your swimmer at no additional cost.**

Charitable Organization and Donations

The Village Park Piranhas Swim Team is part of the ISL which is a tax exempt organization under Section 501(c)(3) of the Internal Revenue Code. Donations are gratefully accepted and can be in the form of food and supplies, or cash donations to help fund the coaching staff and equipment needs. Please check to see if your company matches your cash charitable contributions.

In addition, we are looking for businesses and individuals in the community interested in sponsoring the team. Please see the sponsorship flyer on our website and speak with the

Fundraising Coordinator to get more details. As a thank you, **you will receive 10% of all sponsorship donations (cash only) you bring in applied to your Piranhas registration fees.**

Sponsors can potentially receive the following benefits based on their level of support. Please see our fundraising sponsorship flyers for more details:

1. Name and Logo on a banner displayed at all swim meets.
2. Company name and a brief sales message delivered over our PA system at all home swim meets.
3. Thank-you certificate to hang in their place of business.
4. Company logo linked to their business on all main pages of the team website.
5. Company logo on the T-shirt given to all swimmers.

Donations from individuals are also welcomed and greatly assist the team in fundraising. Specifically, we would welcome the following types of donations:

1. Food, gift certificates and supplies for the ongoing operation of the team.
2. Food donated to our fundraising concession for resale during swim meets.
3. Gift certificates or other items to be used in fundraising raffles at home swim meets.
4. Gift certificates for awards given to swimmers.
5. Cash donations to fund the swim coaching staff and equipment needs.

Volunteering

To reduce the cost of the swim program, each family is required to volunteer for 1 job at practices and 8 jobs at the swim meets. (Alternative is to fill a key role position, which you would be solely responsible for. Please ask a swim team board member if interested.) It is your responsibility to fill the positions you sign up for, and to make alternative arrangements if you are unable to attend your committed volunteer position. If your swimmer attends Champs, then you will also need to volunteer for one job there. There will be an opportunity to sign up for your positions on the team web site www.villageparkpiranhas.org following the parent meeting in May.

Practice volunteer job is the Gate Monitor. The purpose of this job is to ensure that our parent supervision and safety procedures are being followed. The duration of these jobs is for the entire practice time: 3:45 pm until 7:00 pm.

The Gate Monitor is stationed at the pool gate. They let Piranhas swimmers into the pool area, check in swimmers, and verify that any child under 14 years of age is accompanied by an adult. The Gate Monitor should not open the locked gate for people who are not members of the Piranhas swim team. These people must use their own pool key to gain entry to the pool area.

Please note: There is no Jacuzzi Monitor during swim team practice. It is the responsibility of you, as parents, to supervise your children at all times. It is mandatory for all children under the age of 14 to have a parent supervising them. This is to ensure all children are supervised at the pool, on the pool deck, and in the Jacuzzi. There are no team sponsored baby-sitters or lifeguards. Again, **it is the responsibility of each parent to make sure the rules are being followed and to promote safety.**

All swim meets have the following jobs: ribbon writers, timers, herders and ready bench. Additional jobs at home meets include runners, sorters, meet manager, concessions workers, grill chef, and setting up and taking down equipment (diving blocks, canopies, concessions, etc.). Please refer to the Volunteer page on the team website for job descriptions.

Swim meet volunteer jobs last one half of the meet. Therefore it is possible for one person to work two jobs during a single swim meet, 4 at a home meet. You don't need to commit to work the entire meet. We want you to be able to enjoy watching your child swim, but your involvement for a couple of hours is essential. Also, you'll enjoy the meets more when you have a better understanding of what goes into them, and have an opportunity to work with the other adults.

Some high schools require a certain number of volunteer hours be performed by their students. There are volunteer opportunities on the swim team. Please contact the Vice President of Volunteers for more information.

Refund Policy

We request refunds be submitted by May 24th to ensure requests can be properly fulfilled with the ISL before their May 31st deadline. Absolutely no refunds will be processed or provided after May 31st.

Questions, Concerns, Suggestions, Conflict

If you have any questions, concerns, suggestions or identify an area of conflict please communicate with the President, the VP of Volunteers, or any board member immediately. We are very interested in hearing from you so we can make the season more enjoyable, and the team better. Please email or speak with one of us as soon as possible.

Parental Supervision Policy

We will be following the VPCA pool rules, some of which are based on state law, for all practices, meets and events that occur at the Village Park pool.

1. **Gates must be kept locked at all times.** The gate can never be propped open. This represents a health hazard and the pool can be shut down if it receives a violation.
2. A gate monitor is required to be at the gate at all times during practice to let non-resident swim team members into the pool area.
3. Non-resident swimmers and their families may arrive no more than 15 minutes before practice and must leave within 15 minutes after practice, unless invited and accompanied by a resident.
4. Park your car in a designated parking area only.
5. **Everyone must help ensure the pool is left safe and clean after each use.**
6. Any children swimming in the wading pool must have a parent or adult at the wading pool.
7. Any children in the jacuzzi must have a parent or adult at the jacuzzi.
8. **All children under 14 years of age must be accompanied by a parent or designated adult at all times while in the pool area.**
9. Swimmers will "check in" for practice with pool monitors, who will verify that necessary adults are in attendance. **If a swimmer is not accompanied by an adult (see previous guideline), he/she will not be allowed in the gate nor allowed to practice.** This policy is for your swimmer's safety. The situation will be referred to the Board at the first sign of offense.
10. **No running and no glass containers are allowed in the pool area.**
11. Do not allow your kids to hang on the lane lines. The lane lines could break and you will be responsible for this cost which is around \$1,500.
12. Swim caps should be worn by all swimmers.
13. Professional swim attire such as Speedos should be worn at all times. The coaches request that rash guards not be worn during the practice session as they make swimming and learning the proper technique more difficult.
14. Swim fins are strongly recommended for all swimmers 7 years and older. Coaches will conduct special drills during practice that will require swim fins.
15. No diving into the pool except when instructed by the coaches to do so.
16. No diving or jumping into the pool where there is less than 5 feet of water.
17. **The Head Coach and coaching staff have complete authority at practices, events and meets. His/her directions must be followed at all times.**
18. **Parents are not allowed on the surrounding pool deck during practices. Parent coaching is not allowed. Do not interrupt coaches while they are coaching.**
19. **Children will not be allowed to swim if their parent is not meeting their volunteer responsibilities.**
20. Each parent will be required to sign the Village Park Piranhas Rules of Conduct, Parent Volunteer Enforcement Policy, Parent Code of Conduct and Publication Release form.

Village Park Community Association Rules of Conduct

We have, for several years, had a Memorandum of Understanding with the Village Park Community Association (VPCA). This is a contract between the Piranhas and the VPCA that dictates how we are expected to operate in exchange for the use of the pool. We are including this for your reference, so you may know and understand what the VPCA expects of us.

1. Non-resident swimmers and their families may not arrive more than 15 minutes before practice and must leave 15 minutes after practice, unless invited and accompanied by a VPCA resident.
2. Gate must be kept closed and locked at all times. There must be a gate monitor at the gate watching who comes in and out during all swim practices and beginning of swim meets.
3. **All children under 14 years of age must have a parent in attendance at all times.**
4. Parents shall **only park in a designated parking space. There are no exceptions!** Cars will be towed at owners' expense.
5. When practice has concluded, pool and deck must be left in a safe and sanitary condition, all equipment must be put away, and the front gate must be closed and locked.
6. Swim team may use the clubhouse for food preparation during swim meets. All clubhouse rules apply. If the clubhouse is not left in a clean and sanitary condition, there may be a charge of \$30 per hour for any additional cleanup expenses incurred by VPCA.
7. No children are permitted in the clubhouse. No wet clothing or towels are permitted in the clubhouse. All garbage must be bagged and removed to the dumpster after clubhouse use. Clubhouse must be left clean with vacuumed carpets, clean counters, furniture etc. Clubhouse will be available for use by VPCA residents with reservations no earlier than 2:30 pm on meet days. No swim team supplies will be kept in the clubhouse later than 2:30 pm on meet days. No swim team supplies for meets will be brought to the clubhouse before the meet unless permission is received from the office.
8. If swim team wishes to have a team function in the clubhouse, prior arrangements must be made with VPCA. No swim team member may use the clubhouse for a personal function unless they rent the clubhouse separately. Again, clubhouse must be left clean and secured.
9. Non-resident swimmers and their families must vacate the VPCA facility as soon as the meet is concluded and after take down is complete.
10. Parents must be at the wading pool if their child is in the wading pool. Small children in diapers must wear swim diapers when in the wading pool or swimming pool.
11. It is the main responsibility of the parents to instruct their children NOT to hang on the lane lines. The approximate cost to replace a lane line is **\$1,500.00** and this would be the responsibility of said parent to reimburse the swim team for this cost. **Please advise your children.**
12. Please be considerate of your neighbors. **No meet setup or parent setting up of their own sites is allowed before 7:00 am** except for concessions.
13. PA System shall not be turned on before 7:00 am and shall be kept at half volume for swimmer warm-up before the meet begins. No sound check at full volume can occur prior to meet start.
14. Banners are only allowed during swim meets and only if they face inward.

VILLAGE PARK PIRANHAS RULES OF CONDUCT

It is the goal of the Village Park Piranhas Swim Team to provide a positive atmosphere where children will learn safe swimming with the proper techniques and fair play through friendly competition in a team setting. Swimmers should be helped to realize their place of importance within our team and our community. Our swimmers are representing our team, our neighborhood and the Irvine Swim League (ISL). We have worked long and hard to present ourselves positively, and we trust you will work with us to maintain our positive standing.

Behavioral Expectations

1. Swimmers should come to each practice and swim meet prepared to give their best effort.
2. A **Family** is defined as an ISL-registered swimmer and their parents, guardians, other family members and guests. “**Families**” is defined as one or more Family.
3. The Head Coach and coaching staff have complete authority at practices, events and meets. Swimmers and Families must listen to the coaches and follow their directions at all times.
4. Families must treat others with respect and courtesy. They will respect the rights and property of others. They will not disrupt meets, practices or other events by behaving inappropriately. This includes and is not limited to inappropriate language, rude gestures, harmful remarks, harassment, bullying, kicking, pushing, unsportsmanlike conduct, name calling, fighting, provoking a fight between other individuals, or participating in activities which result in physical harm or violence to any person or damage to any property.
5. Parents and guardians must follow the Parental Supervision Policy, ISL Parent Code of Conduct and the ISL Rules.
6. Families must follow the Village Park Community Association Rules of Conduct regarding appropriate use of the pool facilities.

Disciplinary Procedures

In the event of unacceptable behavior as outlined above, attempts will be made to redirect the behavior through personal counseling with the Family.

1. If a Family violates the Village Park Piranhas Rules of Conduct, they may be removed from the practice, meet or event by the Head Coach or a Board Member.
2. If a Family is removed from a practice, meet or event, their parent must meet with the Head Coach and/or team President before they will be allowed to participate further.
3. The final decision on disciplinary action will be made by the Board of Directors of the Village Park Piranhas, and may take the form of an informal reprimand, removal from practices, meets, or events for a period of time, exclusion from social events, fines, or removal from the team with no refunds.

I have read and understand the Village Park Piranhas Rules of Conduct policy and the other referenced Policies. By signing below, I agree that my Family will be subject to the policies.

Parent Signature

Date

Parent Printed Name

Names of Swimmer(s)

VILLAGE PARK PIRANHAS PARENT-VOLUNTEER ENFORCEMENT POLICY

It's Saturday morning and you're the meet manager. You're waiting for your volunteer parents to arrive, and most have, but not all. The meet is only minutes away from starting and you have just been informed that 3 parents have called with different excuses for not coming to this morning's meet. You have two spots to fill at the ready bench, and one spot to fill at timing. What are you going to do now?! You are forced to go around the deck and BEG for help.

1. Each family must perform 9 volunteer jobs.
2. When you sign up for the team you must provide a \$350 deposit check made out to the Village Park Piranhas. This check will be held for the swim season.
3. When the Vice President of Volunteers verifies your volunteer obligations have been met, the check will be destroyed.
4. If your family fails to fill any committed volunteer assignment the \$350 check will be cashed and the swimmer may not return to swim team until another \$350 volunteer check is provided for the swim season volunteer deposit. If your family completes your volunteer assignments without incident, the uncashed \$350 deposit check will be destroyed at season end. Note that the Village Park Piranhas and the ISL are charitable organizations so your payment will be considered a donation.
5. If you cannot work one of your job assignments, it is your responsibility to find a replacement worker, and to report your switch to the Vice President of Volunteers as soon as possible before the day of the job. A replacement worker may be another family member of legal working age, or a paid teenager per your arrangement and cost. If your replacement worker completes your job assignment, then your volunteer obligation for that job assignment will be met.
6. Fulfilling a job assignment means starting on time and leaving when the job assignment ends. For example, Gate Duty goes from 3:45 pm until 7:00 pm. You will need to be there for the entire time to fulfill your obligation.
7. If your check bounces you will be responsible for paying any associated bank fees.
8. Failure to pay a fine (donation) and any associated bank fees due may result in expulsion from the team for the current and subsequent seasons and require payment of all future fees and deposits with cashier's checks. Please don't let this happen!

I have carefully read, and understand this Parent-Volunteer Enforcement Policy. By signing my name below, I agree that my family will be subject to this policy.

Parent Signature

Date

Parent Printed Name

Names of Swimmers

IRVINE SWIM LEAGUE

PARENT CODE OF CONDUCT

The Irvine Swim League (ISL) believes the essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship.

I therefore agree:

1. A **Family** is defined as an ISL-registered swimmer and their parents, guardians, other family members and guests. “**Families**” is defined as one or more Family.
2. I will remember that children participate to have fun and that the meet is for them, not the adults.
3. I will learn and follow the ISL Rules and its Mission Statement.
4. I will be a positive role model for all children and demonstrate positive support for the swimmers, coaches, officials and Families.
5. I will make sure that my Family treats other swimmers, coaches, officials and Families with respect regardless of race, creed, color, sex, orientation or ability.
6. I will emphasize skill development, practice, time improvements, doing one’s best and how they benefit my child over winning.
7. I will respect the officials and coaches and their authority during meets and will never question, discuss, or confront them at the meet, and will schedule time to speak with them at an agreed upon time and place.
8. Confrontations will not be tolerated between or among Families, or between a Family and either a meet official, a judge, a member of the Village Park Piranhas Coaching Staff, a member of the Village Park Board of Directors, or a member or representative of the ISL Board of Directors. Violations of this rule may result in immediate expulsion from the meet, practice or other event at which the confrontation arises and may result in penalties to the offending Families and the team of the offending Families, including the removal of the Family from participating in the ISL in the current and future seasons.

Parent Signature

Date

Parent Printed Name

Names of Swimmers

IRVINE SWIM LEAGUE

PUBLICATION RELEASE FORM

I hereby give permission to allow my child to be photographed and or filmed. I fully understand that these picture and videos may be used for a variety of publications, including, but not limited to:

1. The Village Park Piranhas website, Facebook and Shutterfly pages, and marketing materials
2. The Irvine Swim League website, Facebook and Twitter pages
3. Publication in the Orange County Register and Irvine World News. Note: publication here requires your child's first name, last name and team name be published.

- I agree to have my child's photo and name submitted as outlined above**
- I agree to have my child's photo submitted, but without their name**
- I do not agree to have my child's photo and name submitted as outlined above**

Parent Signature

Date

Parent Printed Name

Names of Swimmers