Marshall’s Guidelines

- Arrive 15 to 30 minutes prior to warm-up (or another designated time):
  D meet with the Meet Referee, D must wear identifying attire, D get your assignment.

- To help provide a safe environment:
  D Enforce the warm-up and warm-down rules –
  - Enter pool at start end only, not the turn end or sides.
  - For breaks, separate warm up/warm down pool/lanes, may enter from either end.
  - No diving - feet first entry - except in one way sprint lanes (controlled warm-up only).
  - No Backstroke starts except in a controlled one way sprint lane. (They are dives.)
  - No socializing in warm-up/warm-down lanes. Swimming only.

- Report any unsafe areas on the deck to the Meet Referee including:
  D loose wires, D slippery areas, D loose blocks, D too many swimmers in a lane, D any other things you consider dangerous.

- Pay attention to the meet.
  D Do not leave the area without the approval of the meet referee.

- Blood on the deck or a bleeding swimmer?
  D Immediately notify the Referee and first aid staff.
  D Help cordon off the bloody area until it is properly cleaned.
  D Get your assignment.

- Locate the first aid station including:
  D First kit, spinal backboard, rescue implements, AED (Automated External Defibrillator)
  D Remind swimmers that running, horse play, whipping towels, etc. are dangerous and must be stopped.
  D Remind all that glass is not allowed on deck or in the locker rooms.

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- Remember: Safety is the Primary Concern. Be firm! But not a Tyrant.