



NEW TRIER AQUATICS

GROUP REQUIREMENTS 2021-2022



SENIOR LEVEL

Mandatory

Additional

	Time Standard	Attendance	Meet Participation	Commitment	Meet Qualification	Experience	Free set	Kick Set	IMX / IMR	Misc.	Intangibles score
SHP	AA in 2 strokes	95%	Champs	Sept - August	NCSA	Travel Trip	10 x 100 @1:10	10 x 50 @:50	>2000	Single Sport	18
SP	3 A times	75%	Champs	Sept - August	3+ Regional cuts	All Meets	10 x 100 @1:20	10 x 50 @:55	IMR Score	1000 Free / 400 IM	17
SA	2 BB times	60%	3 / season	6 months	Regional Qualifier	3+ meets	8 x 100 @1:30	10 x 50 @1:00	Legal in 4 strokes	Multi - sport	16
SR	200 Free under 3:30	50%	N/A	6 months	B time in 2 events	2+ meets	5 x 100 @1:45	8 x 50 @1:15	Legal in 3 strokes	Multi - sport	13

Intangibles scored on 1-5 scale for the following categories: Practice Acumen, Leadership & Teamwork, Respect for Coaches, Commitment to Sport, Parental Support

SHP & SP must fulfil 4 / 6 additional requirements

SA & SR must fulfil 3 / 6 additional requirements



NEW TRIER AQUATICS

GROUP REQUIREMENTS 2021-2022



JUNIOR LEVEL

Mandatory

Additional

	Time Standard	Attendance	Meet Participation	Commitment	Meet Qualification	Experience	Free set	Kick Set	IMX / IMR	Misc.	Intangible score
JP	1 A or BB times in 2 strokes	75%	Champs	Sept - July	AG States	All meets	6 x 100 @1:20	10 x 50 @1:00	>1500	1000 Free or 400 IM	17
JA	2 BB times	60%	3x season	6 months	Regionals	3+ meets	5 x 100 @1:35	8 x 50 @1:15	Legal in 4 strokes	500 free / 200 IM	15
JR	200 Free under 3:45	50%	N/A	6 months	B time in 2 events	2+ meets	5 x 100 @1:50	8 x 50 @1:20	Legal in 3 strokes	200 free / 200 IM	13

Intangibles scored on 1-5 scale for the following categories: Practice Acumen, Leadership & Teamwork, Respect for Coaches, Commitment to Sport, Parental Support

JP must fulfil 4 / 6 additional requirements

JA & JR must fulfil 3 / 6 additional requirements



NEW TRIER AQUATICS

GROUP REQUIREMENTS 2021-2022



AGE GROUP LEVEL

	Mandatory				Additional						
	Time Standard	Attendance	Meet Participation	Commitment	Meet Qualification	Experience	Free set	Kick Set	IMX / IMR	Misc.	Intangibles score
A10	3 A times	75%	Champs	Sept - July	3+ Regional cuts	All Meets	5 x 100 @1:30	8 x 50 @1:00	IMR score	500 Free / 200 IM	16
A9	BB or 2 B times	60%	3 / season	6 months	Regionals	1 non-hosted meet	5 x 100 @1:50	6 x 50 @1:10	Legal in 4 strokes	200 Free or 200 IM	14
A8	100 Free under 2:15	50%	N / A	6 months	B time	2x meets	6 x 50 @1:10	4 x 50 @1:30	Legal in 3 strokes	Legal starts and turns	12

Intangibles scored on 1-5 scale for the following categories: Practice Acumen, Leadership & Teamwork, Respect for Coaches, Commitment to Sport, Parental Support

A10 must fulfil 4 / 6 additional requirements

A9 & A8 must fulfil 3 / 6 additional requirements



NEW TRIER AQUATICS

GROUP REQUIREMENTS 2021-2022



DEVELOPMENT LEVEL

	Mandatory				Additional						
	Time Standard	Attendance	Meet Participation	Commitment	Meet Qualification	Experience	Free set	Kick Set	IMX / IMR	Misc.	Intangibles score
D7	BB in 2 events	75%	Champs	Sept - July	Regionals	AG States	5 x 100 @1:50	6 x 50 @1:10	IMR score	500 Free / 200 IM	15
D6	B time	60%	3 / season	6 months	B time in 2 events	3+ meets	4 x 100 @2:15	4 x 50 @1:45	Legal in 3 strokes	Attend intersquad meet	13
D5	50 Free under 1:15	50%	N / A	6 months	N / A	2+ meets	6 x 50 @1:30	4 x 50 @2:00	Legal in 3 strokes	Legal starts and turns	11

Intangibles scored on 1-5 scale for the following categories: Practice Acumen, Leadership & Teamwork, Respect for Coaches, Commitment to Sport, Parental Support

D7 must fulfil 4 / 6 additional requirements

D6 must fulfil 3 / 6 additional requirements

D5 must fulfil 3 / 5 additional requirements



NEW TRIER AQUATICS

GROUP REQUIREMENTS 2021-2022



WATER POLO

	Mandatory			Additional		
	Time Standard	Attendance	Meet Participation	Commitment	Experience	Intangibles score
18U Varsity	10 x 100 @1:20	75%	All scheduled	2 seasons	ODP / JOs	16
18U JV	N / A	50%	75%	1 season	N / A	14
14U Varsity	N / A	75%	All scheduled	2 seasons	ODP / JOs	16
14U JV	N / A	50%	75%	1 season	N / A	12

Intangibles scored on 1-5 scale for the following categories: Practice Acumen, Leadership & Teamwork, Respect for Coaches, Commitment to Sport, Parental Support