

NEW TRIER AQUATICS PRACTICE SCHEDULE

OCTOBER 2ND 2021-OCTOBER 31ST

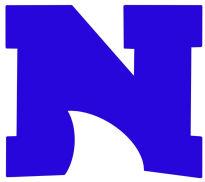


-ALL PRACTICES ARE SUBJECT TO CHANGE-

Updated 9/23/21

SENIOR GROUPS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Senior High Performance	5:15-6:45am (OLPH) 5:00-6:30pm (Baker)	6:30-8:30pm (Loyola)	5:15-6:45am (OLPH)	6:30-8:00pm (OLPH)	5:30-7:00am (Winnetka)	6:00-8:00am (OLPH)	OFF
Senior Performance	5:00-6:00am (Loyola) 6:30-8:00pm (Loyola)	6:30-8:30pm (Loyola)	OFF	6:30-8:30pm (Loyola)	5:15-6:45am (OLPH)	6:00-8:00am (OLPH)	OFF
Senior Advanced	7:45-9:00pm (Loyola)	6:30-8:00pm (Loyola)	OFF	5:15-6:45am (OLPH)	5:00-6:00am (Loyola)	1:30-3:00pm (Winnetka)	OFF
Senior	7:45-9:00pm (Loyola)	6:30-7:30pm (Loyola)	OFF	OFF	5:00-6:00am (Loyola)	1:30-3:00pm (Winnetka)	OFF



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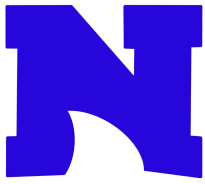


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JUNIOR GROUPS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Junior Performance	6:30-7:45pm (Northfield)	5:15-6:45am (OLPH) 7:45-9:00pm (Northfield)	OFF	7:30-9:00pm (Loyola)	6:30-8:00pm (Loyola)	10:30-12:30p (Northfield)	OFF
Junior Advanced	7:45-9:00pm (Northfield)	7:45-9:00pm (Northfield)	OFF	4:30-5:30pm (OLPH)	6:30-8:00pm (Loyola)	12:00-1:30pm (Winnetka)	OFF
Junior	8:00-9:00pm (Loyola)	OFF	6:30-8:00pm (JCC)	6:30-8:00pm (JCC)	OFF	12:00-1:30pm (Winnetka)	OFF



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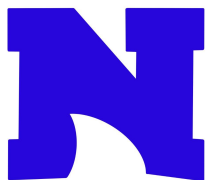


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A GROUPS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
A10	6:30-7:45pm (Loyola)	6:30-8:00pm (OLPH)	6:30-8:00pm (OLPH)	6:30-7:30pm (Loyola)	6:30-7:45pm (OLPH)	1:30-3:00pm (Winnetka)	OFF
A9	5:30-6:30pm (OLPH)	OFF	5:30-6:30pm (OLPH)	5:30-6:30pm (OLPH)	5:30-6:30pm (OLPH)	1:30-2:45pm (Northfield)	OFF
A8	4:30-5:30pm (OLPH)	OFF	4:30-5:30pm (OLPH)	OFF	4:30-5:30pm (OLPH)	12:30-1:30pm (Northfield)	OFF



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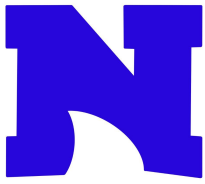


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D GROUPS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
D7	5:30-6:30pm (JCC)	5:30-6:30pm (OLPH)	5:30-6:30pm (JCC)	OFF	5:30-6:30pm (JCC)	9:00-10:00am (OLPH)	OFF
D6	4:30-5:30pm (JCC)	OFF	4:30-5:30pm (JCC)	OFF	4:30-5:30pm (JCC)	8:00-9:00am (OLPH)	OFF
D5		A: 5:00-5:45p B: 5:45-6:30p C: 6:30-7:15p (Baker)		A: 5:00-5:45p B: 5:45-6:30p C: 6:30-7:15p (Baker)		10:00-11:00am (OLPH)	
ALL D		4:30-5:30pm (OLPH)					



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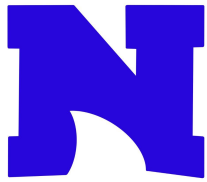
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PRE TEAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pre Team						11:00-12:00p & 12:00-1:00pm (OLPH)	

WATER POLO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
18U Varsity	7:00-9:00pm (Winnetka)	OFF	7:00-8:00pm (Winnetka)	6:30-8:30pm (Northfield)	5:30-7:00am (Northfield) 7:00-9:00pm (Winnetka)	Scrimmages 11:00-3:00pm (Loyola)	9:00-11:00am (Loyola)
18U JV	OFF	7:45-9:00pm (Winnetka)	7:45-9:00pm (Northfield)	7:45-9:00pm (Winnetka)	7:45-9:00pm (Northfield)	11:00-3:00pm (Loyola)	7:00-9:00am (Loyola)
14U Varsity	OFF	6:30-7:45pm (Winnetka)	6:30-7:45pm (Northfield)	6:30-7:45pm (Winnetka)	6:30-7:45pm (Northfield)	11:00-3:00pm (Loyola)	11:00-12:30p (Loyola)
14U JV						11:00-3:00pm (Loyola)	12:30-1:30pm (Loyola)



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MASTERS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Swim	5:00-6:00am (Loyola) & 6:30-7:30pm (OLPH)	OFF	5:00-6:00am (Loyola)	5:00-6:00am (Loyola)			
Water Polo			8:00-9:00pm (Winnetka)				1:30-3:00pm (Loyola)