

**FOX Valley Swim Team
23rd Annual Fall Classic**

**Friday, Saturday, and Sunday, November 8-10, 2019
Sanctioned by USA Swimming and Illinois Swimming, Inc.**

Sanction ID: ILS19-1107

Meet Director

Ann Wallin
meetdirector@foxswimteam.com

Entry Chairperson

Chad Ganden
PO Box 9135
Naperville, IL 60567
entries@foxswimteam.com

Safety Chairperson

Ann Wallin

Meet Referee

Steven Weng
thewengfamily@sbcglobal.net

FORMAT

This will be a Timed Finals, **POSITIVE CHECK-IN** meet. A listing of events offered each session is attached. 13/14 and 15 and over events will be swum together but separated by age group for results. A time line for each session, with the predicted afternoon start time, and the mid-day psych sheets will be posted one week prior to the event.

Friday P.M.

Warm-ups: 5:00 - 5:50pm
Positive Check-in Closes: 5:25pm
Meet Start: 6:00pm

Saturday & Sunday A.M.

Warm-ups: 7:00 - 7:50am
Positive Check-in Closes: 7:25am
Meet Start: 8:00am

Saturday & Sunday Mid

Warm-ups: In the cool down pool prior to the start of the session
Positive check-in closes: 10:00am
Meet start: Immediately after the conclusion of the AM session
Swimmers must provide their own timer (one) and their own lap counter.

Saturday & Sunday P.M.

Warm-ups: immediately after the midday session, not before 11:30 am
Positive Check-in Closes 25 minutes after the start of warm ups
Meet Start: One hour after the start of warm ups, not before 12:30 pm

Fox has the ability to move the morning start time back depending on the number of entries. This will not affect the PM session.

LOCATION

Neuqua Valley High School, 2360 95th Street, Naperville, IL; one mile east of Rt. 59. The school is a non-smoking facility. Likewise, there is no smoking allowed on the grounds.

FACILITY

The Neuqua Valley High School pool is a 25-yard, eight-lane pool with starting blocks at both ends. The start end is 13' deep and the turn end is 9' deep with Competitor brand 6" Gold Medal Non-Turbulent lane lines and a Daktronics 2000 scoring system with an 8-lane read out board. There is a separate 3-lane warm-up/cool down pool. A coach must supervise swimmers in the warm-up/cool down pool at all times.

Spectator seating is for 750.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

The competition course has not been certified in accordance with 104.2.2C(4)

RULES/SAFETY All USA and ISI swimming rules and ISI safety rules will be strictly enforced.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

This is a facility that abides by USA Swimming Safe Sports Policy. NO PARENTS are allowed in the locker room. There are public restrooms located in the pool hallway down towards the cafeteria. They will be open throughout the meet. Also, PLEASE no saving of seats especially between sessions. This is disruptive and unfair to other spectators.

Coaches will have very limited access to the locker rooms. Coaches are asked to enter and exit through the entrance door located in the pool hallway and only use the locker room bathroom under extreme circumstances. Please use the restrooms in the hallway down towards the cafeteria. Please treat our volunteers with the utmost respect.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

ELIGIBILITY All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Avenue Suite 410, IL 60018, E-mail: ilswimoffice@sbcglobal.net, Phone: 847-824-1596, Fax: 847-824-1726. A swimmer's age as of **November 8, 2019** will determine their age for the meet.

FOX Valley Swimming welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit *FOX Valley Swimming's* ability to accommodate all requests.

MEMBERSHIP Insurance regulations require that all swimmers, coaches, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck. Hospitality will be provided to coaches and officials.

ENTRY INFORMATION

Meet Information will be posted on the Fox Valley Swimming Website (www.Foxswimteam.com). The Entry Chairperson will not accept entries before Thursday, October 10, 2019 at 8:00 am. Hand delivered, phoned or faxed entries will **NOT** be accepted. All team entries must be e-mailed. Please e-mail your zipped, Hy-Tek or Team Unify files beginning at 8:00 am, Central Standard Time on **Thursday, October 10, 2019**. **A completed and signed Entry Summary Sheet, provided in this packet, and payment in full must be received within 72 hours of receipt of your e-mailed entry. An entry is not complete until all necessary paperwork including, Entry Summary Sheet and check for entry fees made payable to FOX Valley Swim Team is received.** Entries that are expressed mail should be delivered with no signature required. If you desire verification of entries received, include an e-mail address or a self-addressed postal card with your entries.

E-Mail Entries to:
Chad Ganden entries@foxswimteam.com

Mail Entries to:
Chad Ganden
PO Box 9135
Naperville, IL 60567

Thursday, October 31, 2019 at 8 am is the last date the entry chairperson will accept entries. Entries shall not be considered received until delivered to the entry chairperson at the address shown in the meet information. Entries will be accepted until the time limit, subject to the 4-hour/10 hour rule is reached and entries received thereafter will be returned immediately. Additional swimmers may be entered after original team entry has been processed only with the permission of the meet entry chair. Updated entry files, with the purpose of update or correcting seed times, will be accepted until October 21st.

DECK ENTRIES WILL BE PERMITTED AT THE DISCRETION OF THE MEET ENTRY CHAIR AND THE MEET REFEREE.

Swimmers may swim a **maximum of 4 individual events plus one relay per session except for Friday evening. On Friday evening, swimmers are limited to 2 events.**

ENTRY FEES The entry fee for individual events is \$6.00 per event. The entry fee for relays is \$10.00 per relay. ISI surcharge of \$2.00 per swimmer and a facilities surcharge of \$8.00 per swimmer. Make checks payable to the FOX Valley Swim Team.

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest, with the exception of the 1000 free which will swim fastest to slowest. All non-conforming times will be seeded last in rank order.

Fox reserves the right to add additional athletes to complete a heat regardless of gender. **If time allows, an additional heat may be added.**

ADDITIONAL LIMITATIONS

The host team reserves the right to limit all events 200 yards or greater.

The host team reserves the right to swim additional heats. The host team reserves the right to swim its own swimmers.

The host team reserves the right to limit the number of heats or relays to conform to a four-hour time limit.

The 1000 free is offered. The top 24 qualifying times for each event will swim.

Any swimmer entered in more than the maximum number of events on the meet entry will be scratched from the last event(s) entered until the maximum of 4 events on Saturday and Sunday and 2 events on Friday is reached. Relay swimmers must be entered in at least one individual event.

Should limitations be necessary, a copy of those sessions will be sent to each team so that the affected swimmers may be notified and entry fees will be refunded.

ENTRY VERIFICATION

An e-mail will be sent confirming receipt of entry within 48 hours.

STARTING

FINA starting procedures and rules (whistle commands and no recall) will be in effect for this meet. In accordance with USA Swimming Rules; Articles 105, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches and swimmers to contact the Meet Referee, prior to competition, with specific requests.

POSITIVE CHECK- IN

This meet will utilize positive check-in for all sessions. Positive check-in will close 25 minutes after warm-ups for each session. A separate positive check-in for the Midday session, 1000 Free, will be held beginning at 9:00 am and will close 60 minutes later (10:00 am). Swimmers not checking in will be considered a scratch for that session's events. Late check-ins will be able to swim only if there are open lanes available in the slower heats.

WARM-UP PROCEDURES-

All current Illinois Swimming warm-up and safety guidelines will be in effect. The host club will post additional warm-up information for all swimmers and coaches attending the meet. Meet Marshalls will ensure all teams, coaches, and swimmers follow these procedures. Meet management reserves the right to change warm-up times according to the number of entries.

Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.

Coaches shall actively supervise their swimmers throughout the warm-up session at meets.

OFFICIALS/MEET WORKERS

Officials are needed. Anyone willing to officiate should contact the Meet Referee. SWIMMERS IN THE 1000 MUST PROVIDE 1 TIMER AND A LAP COUNTER TO BE ABLE TO SWIM.

RESULTS

Results will be posted on the host website within 24 hours of the meets conclusion.

AWARDS

In lieu of awards, all swimmers will receive a participation gift.

ADMISSIONS AND HEAT SHEETS

Admission is Free for all sessions. Heat sheets will be available at no charge on Meet Mobile.

CONCESSIONS

Food and beverages will be available for sale in the school Commons/Cafeteria area and in the observation balcony. NO FOOD IS ALLOWED ON DECK. A hospitality room will be provided for coaches and officials. There is absolutely no smoking allowed on the school grounds or in the building.

SWIMMER WAITING AREAS

Swimmers will be on deck on Friday. On Saturday and Sunday the swimmers waiting area will be located in the Commons. NO swimmers will be allowed on deck unless their event is close. We will provide a bull pen for swimmers age 10 and under.

DIRECTION TO NEUQUA VALLEY HIGH SCHOOL

From Chicago, North, & West: I88 West to Route 59 South. 6 miles South on Rt. 59 to 95th Street, Jewel grocery store on your left. Turn left (East), 1 mile to Neuqua Valley High School on your right (South) side of the street.

From the South: I55 North to Route 59 North (10-15miles) to 95th Street. Turn right (East). School is on right (South) side of the street.

FOX Valley Swim Team
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Order of Events

Session 1: Friday Evening

Warm-ups: 5:00 – 5:50 PM
 Positive Check-in Ends: 5:25 PM
 Meet Begins: 6:00 PM

GIRLS	AGE GROUP	EVENT	BOYS
1	Senior	400 IM	2
3	12& Under	200 IM	4
5	Senior	500 Free	6
7	12& Under	200 Free	8

2 individual event maximum entry

Session 2: Saturday Morning

Warm-ups: 7:00 - 7:50 AM
 Positive Check-in Ends: 7:25 AM
 Meet Begins: 8:00 AM

GIRLS	AGE GROUP	EVENT	BOYS
9	senior	200 Free	10
11	8& under	50 Free	12
13	senior	100 Breast	14
15	8& under	25 Breast	16
17	senior	200 Fly	18
19	8 & under	25 Fly	20
21	senior	100 Back	22
23	8& under	100 Medley Relay	24
25	senior	50 Free	26

4 individual event maximum entry

Session 3: Saturday Midday

Warm-ups in the cool down pool prior to the start of the session
 Positive check-in from 9:00am-10:00am

GIRLS	AGE GROUP	EVENT	BOYS
27	Senior	1000 Freestyle	xx

top 24 will swim fastest to slowest

Session 4: Saturday Afternoon

Warm-ups: at the conclusion of the Midday session
 Positive Check-in Ends: 25 minutes after warm-ups begin
 Meet Begins: one hour after warm-ups begin

GIRLS	AGE GROUP	EVENT	BOYS
29	11/12	50 Free	30
31	10 & under	50 Free	32
33	11/12	100 Breast	34
35	10 & under	100 Breast	36
37	11/12	50 Fly	38
39	10 & under	50 Fly	40
41	11/12	100 Back	42
43	10 & under	100 Back	44

Session 5: Sunday Morning

Warm-ups: 7:00 - 7:50 AM
 Positive Check-in Ends: 7:25 AM
 Meet Begins: 8:00 AM

GIRLS	AGE GROUP	EVENT	BOYS
45	senior	100 Free	46
47	8& under	25 Free	48
49	senior	200 Back	50
51	8& under	25 Back	52
53	senior	200 IM	54
55	8& under	100 IM	56
57	senior	100 Fly	58
59	8& under	100 Free Relay	60
61	senior	200 Breast	62

4 individual event maximum entry

Session 6: Sunday Midday

Warm-ups in the cool down pool prior to the start of the session
 Positive check-in 9:00-10:00am

GIRLS	AGE GROUP	EVENT	BOYS
xx	Senior	1000 Freestyle	64

top 24 will swim, fastest to slowest

Session 7: Sunday Afternoon

Warm-ups: at the conclusion of the AM session
 Positive Check-in Ends: 25 minutes after warm-ups begin
 Meet Begins: one hour after warm-ups begin

GIRLS	AGE GROUP	EVENT	BOYS
65	11/12	100 Free	66
67	10 & under	100 Free	68
69	11/12	50 Back	70
71	10 & under	50 Back	72
73	11/12	100 IM	74
75	10 & under	100 IM	76
77	11/12	100 Fly	78
79	10 & under	100 Fly	80
81	11/12	50 Breast	82
83	10& under	50 Breast	84

4 individual event maximum entry

Please return this form with your entries.

**Entry Summary Sheet
Fox Valley 23rd Annual Fall Classic
November 8-10, 2019**

Complete this form and mail it along with your entry forms and check to:

Fox Valley Swim Team
PO Box 9135
Naperville, IL 60567

Checks payable to: Fox Valley Swim Team

Summary of Fees

	Cost Per Entry	Totals
Total Number of Entries	\$6.00 per Entry	
Total Number of Swimmers ISI Surcharge: \$2 Facility Charge: \$8	\$10.00 per Swimmer	
Total Number of Relays	\$10.00 per Relay	
	TOTAL FEES	

Name of Club: _____	Address: _____
Telephone Number: _____	Club ISI Code: _____

Name of Entry person: _____	Address: _____
Telephone Number: _____	Entry Chair E-Mail: _____

Coach(es) Name(s): _____	E-Mail: _____	Phone: _____
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*Head Parent Official: _____	E-Mail: _____	Phone: _____
(*Please give us the name of an official from your team that our Referees may contact regarding your parent officials.)		

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages, which may occur against USA Swimming, Illinois Swimming Inc., School District 204 and its Board of Directors, Neuqua Valley High School, the Fox Valley Swim Team, their representatives, directors, officers, employers or its successors from any and all injuries suffered by me or any contestant or representative in said meet, as representative of my club. I further attest that all athletes entered into this competition are all duly and currently registered with USA Swimming, Inc.

Signed: (COACH, CLUB REP. OR PARENT) Title Date

This signed release and your check must accompany entry or entry will not be accepted.
Entries must be received no later than **Thursday October 31, 2019**

