

**The Seahorse Splash Invitational
Hosted by: Morrison Seahorse Swim Club
Saturday & Sunday, January 18 & 19, 2020
Sanction # ILS20-0114**

MEET DIRECTOR

Tracy Henson
MSSC
PO Box 287
Morrison, IL 61270
(815)631-5279

tracy.henson@morrisonsschools.org

ENTRY CHAIRPERSON

Tracy Henson
MSSC
PO Box 287
Morrison, IL 61270
(815)631-5279

SAFETY CHAIRPERSON

Jamie Harmon
(815) 499-1859

MEET REFEREE

Darrell Kuehl

FORMAT: The Seahorse Splash Invitational Swim meet is a deck seeded timed final meet.

MEET SCHEDULE

AM Session: Warm-ups at 9:15am- Meet start at 10:00 am (8 & under, 10 & under)

PM Session: Warm-ups will start 30 minutes after the conclusion of the morning session, (12 & U, 14 & under, open) although not before 11:30 am.

LOCATION: Morrison High School Pool

643 Genesee Avenue,
Morrison, IL 61270

FACILITY: A six lane, 25 Yard indoor pool with permanent starting blocks at one end (depth at starting end is 4 feet). The pool has non-turbulent competition lane lines and a fully automated Daktronics Timing System with a six-lane read-out board.

RULES: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. FINA starting procedures and rules (whistle commands, no recall) will be followed.

ELIGIBILITY: Only USA Swimming registered swimmers are eligible. A swimmer's age as of *date of the first day of competition* will determine their age for the meet. Entries listed "registration applied for" will not be accepted. USA swimming registration forms may be obtained from Illinois Swimming, 1400 E. Touhy Ave. Suite 410, Des Plaines, IL 60018. Phone 874-824-1596 Fax 874-824-1726.

USA SWIMMING MEMBERSHIP:

Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

MAAPP POLICY:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DRONES PROHIBITED:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

COACHES: All coaches must be currently registered with USA Swimming and must continuously display their current Deck Pass or proof of current registration at all times while on deck. All coaches **MUST** sign in at the timer's table.

ENTRIES: All entries will comply with current USA Swimming and ISI Rules and Regulations. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks. **Swimmers may swim a maximum of 4 individual events and 1 relay per session.**

ENTRY DEADLINE: No fax or hand delivered entries will be accepted. Computer entries may be made using Hy-Tek Team Manager. All entries must be accompanied by a hard copy print out of your entry data file. A signed Summary Fee/Release Form provided in this packet and payment in full must accompany all entries. **Entries acceptance date: Monday, December 2, 2019 at 8:00 am. All entries must be received by January 8, 2020.**

Send all entries to: tracy.henson@morrisonsschools.org

ENTRY FEES:

Individual Events: \$4.00 per event
Relay Events: \$8.00 per relay
Swimming Surcharge per swimmer for entire meet: \$2.00
Please make checks payable to: MSSC

ENTRY VERIFICATION: Meet host will accept no responsibility for transmission errors of faxed or e-mailed entries. It will remain up to the sender to verify receipt of entries.

EVENTS: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. They also reserve the

right to impose “fly-over” starting procedures. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

POSITIVE CHECK-IN:

There will be a Positive Check-In at the entrance. Check-In will be closed 30 minutes prior to the start of the session. Each swimmer must highlight their event numbers to be seeded properly. Heat and lane assignments will be promptly placed. There will be no cards issued. Swimmers missing Check-In will only be placed where any openings may occur regardless of original seed time.

SEEDING: Submit swimmer’s best time to assure proper seeding. Swimmers will be seeded from slowest to fastest.

ADMISSION: \$3.00/person **HEAT SHEETS:** \$3.00 each session

CONCESSIONS:

Food and beverages will be available for sale. There is absolutely no smoking or consumption of alcoholic beverages allowed on school grounds or in the buildings.

SCORING: Standard scoring, up to 12th place will apply to all events.

AWARDS: Individual awards will be given to the top 6 places. Relays will receive 1st – 3rd place ribbons. Top 3 scoring individuals in each division will be awarded high point trophies. Heat awards provided. Awards will be provided by the host team.

MEET RESULTS:

At the conclusion of the meet, the host team will email the visiting teams a team manager file, meet manager back-up file, and a PDF file of the meet results.

CONTROLLED MEET WARM-UP and SAFETY GUIDELINES

To be posted at all ISI Sanction/Approved competitions

A. WARM-UP

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1 & 6	2 & 5	3 & 4
8 LANE	1 & 8	2 & 7	3, 4, 5, 6
10 LANE	1 & 10	2 & 9	3, 4, 5, 6, 7, 8

PROCEDURES

1. General Warm-up (first 30-45 minutes)

- a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. No sprinting or pace work allowed during this general warm-up session.
- c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

2. Specific Warm-up (last 15-30 minutes)

- a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only.
NO DIVING.
- b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- c. **General Warm-up Lanes** - **NO DIVING.** Circle swim only.
- d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- A. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- B. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
- C. "Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.
- f. Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4)

Safe Sport: Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

Starts: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

Saturday AM Session: 8 & Under / 10 & Under Events

Girls	EVENT	Boys
1	8 & U 50 Free	2
3	10 & U 50 Free	4
5	8 & U 25 Breast	6
7	10 & U 50 Breast	8
9	8 & U 50 Back	10
11	10 & U 100 Back	12
13	8 & U 25 Fly	14
15	10 & U 50 Fly	16
17	8 & U 100 IM	18
19	10 & U 100 IM	20
21	8 & U 100 Free Relay	22
23	10 & U 200 Free Relay	24

Saturday PM Session: 12 & U / 14 & U and Open Events

Girls	EVENT	Boys
25	12 & U 50 Free	26
27	14 & U 50 Free	28
29	Open 50 Free	30
31	12 &U 50 Breast	32
33	14 &U 200 Breast	34
35	Open 200 Breast	36
37	12 & U 100 Back	38
39	14 & U 100 Back	40
41	Open 100 Back	42
43	12 & U 50 Fly	44
45	14 & U 100 Fly	46
47	Open 100 Fly	48
49	12 & U 200 IM	50
51	14 & U 400 IM	52
53	Open 400 IM	54
55	12 & U 200 Free Relay	56
57	14 & U 200 Free Relay	58
59	Open 400 Free Relay	60

Sunday AM Session: 8 & Under / 10 & Under Events

Girls	EVENT	Boys
61	8 & U 25 Free	62
63	10 & U 100 Free	64
65	8 & U 50 Breast	66
67	10 & U 100 Breast	68
69	8 & U 25 Back	70
71	10 & U 50 Back	72
73	8 & U 50 Fly	74
75	10 & U 100 Fly	76
77	8 & U 100 Medley Relay	78
79	10 & U 200 Medley Relay	80

Sunday PM Session: 12 & U/ 14 & U and Open Events

Girls	EVENT	Boys
81	12 & U 100 Free	82
83	14 & U 100 Free	84
85	Open 100 Free	86
87	12 & U 100 Breast	88
89	14 & U 100 Breast	90
91	Open 100 Breast	92
93	12 & U 50 Back	94
95	14 & U 200 Back	96
97	Open 200 Back	98
99	12 & U 100 Fly	100
101	14 & U 200 Fly	102
103	Open 200 Fly	104
105	12 & U 100 IM	106
107	14 & U 200 IM	108
109	Open 200 IM	110
111	12 & U 200 Medley Relay	112
113	14 & U 200 Medley Relay	114
115	Open 400 Medley Relay	116

The Seahorse Splash
Hosted by: Morrison Seahorse Swim Club
Saturday & Sunday, January 18 & 19, 2020

Name of Club _____ Club Code _____

Names of coaches attending Meet _____

Mailing Address: Name _____
 Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____
 E-mail address _____

Total Number of Individual Entries: _____ x \$4.00= _____

Total Number of Relays: _____ x \$8.00= _____

Total Number of Swimmers Attending Meet _____ x \$2.00 surcharge= _____

Total Amount Included \$ _____

Please make checks payable to: MSSC

In consideration of acceptance of this entry I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against U. S. Swimming, Inc.; Illinois Swimming Inc.; Morrison Seahorse Swim Club, Morrison Community Unit School District #6, their representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

Signature _____

Date _____