



SSC Sr Team/HSE Swim & Dive Team

ATHLETE CODE OF CONDUCT



1. Unsportsmanlike, indiscreet, disrespectful, or destructive behavior and the use of obscene language will not be tolerated. Swimmers are expected to behave in a manner that will reflect positively on the entire team.
2. Athletes will be respectful of teammates' feelings and personal space. All teammates, competitors, coaches, parents, and volunteers are to be treated with respect regardless of gender, race, national origin, and sexual orientation. Inappropriate or offensive behavior is prohibited, including fighting within the team for any reason.
3. The use or possession of tobacco, alcohol, and the illegal use/possession of drugs, including steroids is prohibited.
4. All swimmers will wear the designated team suit and uniform (t-shirt, jacket, pants, etc) during all competitions. Apparel, including clothing, bags, and towels, must be appropriate for the team environment.
5. Possession by a team member of any form of weapon is strictly forbidden.
6. Every effort will be made to treat academic performance as a higher priority than athletic participation.
7. Hazing or bullying by any member of the team is prohibited. Those persons with firsthand knowledge that a specific hazing or bullying event has occurred must report this to the coaching staff as soon as possible. If necessary, information regarding bullying and/or hazing will be reported to HSE officials or the Fishers Police Departments.
8. Athletes will not partake in the use of any form of social media/electronic communication that reflects negatively on the team (members, coaches, and parents) in any way.
9. Doing damage to any facility, its equipment, or teammates' equipment will be considered a violation of this code.
10. Sexual misconduct and activity (including PDA) is prohibited at all times during practices, functions, and meets.
11. Athletes will make every effort to contribute towards a positive training environment.
12. An athlete may not scratch an event at any meet unless it is first cleared through the coach.
13. Never show disrespect to people working or officiating a meet – always be polite and let coaches handle problems.
14. No team meetings may be missed. Team members will be punctual to all meetings and warm-up times.
15. All athletes will abide the following:
 - a. USA Swimming Code of Conduct
 - b. HSE Athletic Rules and Guidelines
 - c. HSE Swimming and Diving Team Rules
 - d. SSC Personal Conduct Guidelines
16. Specific travel rules:
 - a. At away meets, curfews and travel rules will be obeyed unless a swimmer has received permission from the coach for an extension or special exemption.
 - b. Team members will stay with the team at all times. Exceptions will be made if permission is granted by staff/chaperones. When free-time is given, team members will travel in groups as directed by staff/chaperones, but never less than three (3).
 - c. At no times will male and female athletes be in the same room together with the door closed. This applies to SSC members or members of any other team.
 - d. "Lights out" time will be designated by staff each night and bed check will be conducted by two members of the staff (female/male). Each athlete must visibly present themselves to staff at the doorway each night. No team member may be out of his or her room after bed check is completed unless permission is granted by staff/chaperones.
 - e. Any damages or thievery incurred at a motel will be at the expense of the swimmers assigned to that room and further disciplinary action will be taken. No loud/boisterous behavior will be tolerated in hallways, public areas, or individual rooms. Make all long distance calls on a cell phone.
 - f. Team members will leave a 20% tip at restaurants. If there has been a problem with service, see staff/chaperones.

Purpose:

- Insure a safe and respectable environment for all athletes.
- Promote the best possible conduct of team members.
- Encourage a challenging yet rewarding training culture.
- Create the most positive possible individual and team impression.
- Govern team travel.

Southeastern Swim Club Senior Team/HSE Swim & Dive Team

Disregard for the Code of Conduct, What Happens?

SSC Rules/Code of Conduct Violation Guidelines

The following is a guideline for violations of our Code of Conduct. While an exhaustive effort will be made to treat every incident identically, each circumstance will be judged on its own merit and handled accordingly. Due to the severity of a specific violation, some incidents may be so flagrant that they will be treated initially as a second or third time offense. This could also be used when one or more tenants of this code are broken during the same incident. At the discretion of the head coach, any one or all of the following penalties may be applied:

- Code violations that are deemed illegal activities will be immediately reported to the appropriate authorities.
- Travel code violations will be subject to return home (at the expense of the parent and/or swimmer) and other punishments including barring from future travel events or other competition. The coaching staff/chaperones hold the final word on any rules, regulations, or disciplinary action. Their directions are final.
- Property damage violations will result in disciplinary action plus the swimmer and their family will be responsible for all damages and fees incurred upon collection or prosecution of damages.
- Code violations which are also violations of the HSE Athletic Rules and/or the USA Swimming Code of Conduct may carry separate/additional punishments.
- 1st-time offenses may result in a maximum 3-day suspension, parent/swimmer/coach conference, and any various additional items parents or coaches deem necessary.
- 2nd-time offenses may result in a maximum 5-day suspension, parent/swimmer/coach conference, and any various additional items parents or coaches deem necessary.
- 3rd-time offenses will result in removal from the HSE Swim & Dive Team. In cases of SSC membership, staff will recommend expulsion to the SSC Board of Directors.
- Violations of rule #3 will involve possible removal from the team (2-week minimum suspension) and a competition suspension (current season minimum) as well as possible additional items deemed necessary.

All team members, staff/chaperones, and parents of minors are apprised in writing of this code of conduct and the USA Swimming Code of Conduct. A signature on this document constitutes unconditional agreement to comply with the stipulations of both documents.

I recognize my responsibility to abide by the rules and requirements of SSC and I acknowledge that I have received and read such.

Name (please print)

Date

Signature

Date

Parent Signature (If athlete is under 18)

Date