#  **Summer Sizzler 2019**

**24th Annual Summer Invitational**

**March 31- June 2, 2019**

 **Hamilton Southeastern High School Natatorium**

# SANCTION: This meet is sanctioned by USA and Indiana Swimming. Sanction #IN19291

 Current USA Swimming and Indiana Swimming rules will govern this meet.

# HOST: Southeastern Swim Club, PO Box 327, Fishers, IN 46038

# MEET DIRECTORS: Amy Stivers Jessica Salvadori

 jmsalvadori614@yahoo.com

# FACILITY: **Hamilton Southeastern High School Natatorium,** 13910 E. 126th St., Fishers, IN 46037

# COMPETITION POOL: The meet will be held at the Hamilton Southeastern High School Natatorium’s 50 meter pool with eight 7.5’ wide lanes each with non-turbulent lane markers. Omega touchpads and Daktronics Timing System will be used. For all sessions, 8 lanes will be utilized for competition, with a separate 20 yard lane available at all times for warm-up and warm-down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The competition pool depth ranges from 4’8” to 13’. Spectator seating is available.

# MEET FORMAT: All events will be timed finals.

The Girl 1500 Free event will begin 20 minutes after the conclusion of Event #36 on Saturday. The Boys 1500 Free event will begin 20 minutes after the conclusion of Event #76 on Sunday. There will be no official warm-up session prior to the start of the 1500 Free. Swimmers may warm-up in the designated warm-up/warm-down lane. **Swimmers will be asked to provide their own Timer and Counter. The 1500 Free will be swum from fastest to slowest.** Two swimmers may swim in each lane if necessary to achieve a reasonable timeline.

**Please notify your swimmers that chase starts may be used throughout the meet.** Every effort will be made to observe a 15-minute interval between swims for the entire meet. However, the meet will not be significantly delayed to accommodate maintaining that interval**. Please keep in mind that it is a coach’s responsibility to notify the meet referee in advance if there is any concern with respect to the 15 minute courtesy rest period.**

ENTRY FORMAT: Regardless of the times you submit, all times not entered in long course meters will be converted to long course meters by Hy-Tek’s Meet Manager. Hy-Tek Team Manager and/or Team Unify meet entry file will be accepted by E-mail.

ENTRY LIMITS: **All swimmers will be limited to 10 individual events for the entire meet and no more than 2 events on Friday and 4 individual events on each Saturday and Sunday.** If an entry is submitted with an individual in more events than allowed, the swimmer will be entered into the order of events until the rule is satisfied. SSC may limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. Deck entries will be accepted at the discretion of Southeastern Swim Club, on a space available basis up to 30 minutes after start of warm-up.

 **All teams are encouraged to submit a balanced entry in order to be accepted into the meet.**

# ENTRY FEES: Individual Events: $5.00 per individual event

 There will be a $2.00 per swimmer surcharge assessed by Indiana Swimming

Deck Entries: Individual $10.00 each

Please send one check made payable to **Southeastern Swim Club** that covers all entries. **All Fees must be in before the start of the meet on Friday, May 31, 2019.**

REFUNDS: Southeastern Swim Club reserves the right to limit and or combine events, or to utilize flyover or chase starts, if it is deemed necessary to complete the session within the requirements of Indiana Swimming rules. **We anticipate limiting the Friday night events and the miles to 3 heats each (boys and girls) with each event being seeded fastest to slowest.** In the event that entries are limited, SSC will return the entry fees to the Club(s) whose swimmers are not allowed to compete in the specific event(s).

# DEADLINE: **No entries will be accepted before 8:00 AM on Friday, May 10th or after 5:00 PM Friday, May 17th .** Deadline will be extended if the meet is not full. All entries must arrive via E-mail. No hand deliveries by club personnel will be accepted. Any entries arriving before the entry deadline will not be processed until all entries received during the entry period are processed. When E-mailing your file, an E-mail confirmation will be sent within 24 hours of receipt of the file. This does not acknowledge acceptance into the meet, only receipt of the file. Should you not receive this confirmation, please contact the entry chair prior to the entry deadline. We will accept corrections and/or additions until Friday, May 24th , at 5:00 PM with no penalty. However, based upon the number of initial entries received, SSC reserves the right to refuse additions after a team’s initial entries. All entries submitted after this deadline will be considered deck entries and be subject to that fee. Please include the entire entry file when submitting changes.

The meet entry chairperson will notify all accepted and rejected by 5 PM on May 21st. Included with all acceptance letters will be notification of any limited events. Please check out website [www.southeasternswim.org](http://www.southeasternswim.org) for meet updates. Psych sheets for any limited events will be posted on the website by 6 PM on Tuesday, May 28th.

 Please send entry forms, fees, and summary page to:

 **SSC Entry Chair**

 **Email:**  **sscentries@gmail.com**

ELIGIBILITY: Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of May 31, 2019 shall determine the swimmer’s age for the entire meet. Indiana Swimming does not process onsite memberships.

RULES: At a sanctioned event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.

 Any swimmer entered in the meet, must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

 **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.**

 Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

# SWIMWEAR RULES: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the naval nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

 **Deck changes are prohibited.**

# SCHEDULE: **Friday Evening** (all ages)

# **Saturday AM Session** (13-14 and 15 & Over swimmers, Girls 1500 Free)

# **Sunday AM Session** (13-14 and 15 & Over swimmers, Boys 1500 Free)

# **Saturday And Sunday Afternoon Session** (10 & Under and 11-12 swimmers)

 **Warm-Ups** **Meet Start**

 **Friday Evening** 4:00 PM 5:00 PM

 **Saturday and Sunday AM** 6:30 AM 8:00 AM

 **Saturday and Sunday Afternoon** Not before 1:30 PM Not before 3:00 PM

 Pool cleared 10 minutes prior to the start of the meet

SSC reserves the right to modify warm-up times based upon the volume of entries received.

AWARDS: Ribbons will be awarded for places 1-16 in individual events for 12 and Under swimmers. **Awards will not be mailed.** Awards will be given according to the following age classifications: 8 & U, 9-10, and 11-12.

COACHES/OFFICIALS: Coaches and Officials must all sign in. Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny access if coach does not comply or card is no longer valid/current.

# CLERK OF COURSE: A Clerk of Course will be used for 10 & Under events on both Saturday and Sunday afternoon sessions.

# SWIMMER SIGN-IN: Sign in sheets will come down **15 minutes after the start of warmups.**. As soon as scratches are completed, heat and lane assignments for each event will be posted.

# HOSPITALITY: A hospitality area will be available for coaches, officials, and volunteers only.

# FACILITY NOTES: Since we are renting this facility, we are expected to treat it as if it were our own. Swimmer, coaches, officials, volunteers, and spectators must abide by these rules:

1. Keep all trash picked u[p
2. No sound devices or objects such as balls, radios, etc. that are an inconvenience to swimmers, coaches, officials, workers, or spectators will be allowed.
3. NO GLASS WILL BE ALLOWED ON DECK!
4. **Only coaches, athletes, officials, and volunteers will be allowed entry to the pool** **deck.** As per insurance regulations, no parents (except volunteers) will be allowed on deck.
5. **No personal chairs will be allowed in the spectator area.**
6. **No camping in the spectator area or hallways.**
7. Do not go or let children go to any unauthorized areas.

**Anyone caught abusing the facilities will be asked to leave the meet IMMEDIATELY and the team will be billed for any damages caused by their swimmers!**

# ADMISSIONS: $6 per day $15 All Weekend Pass

 Children 10 and Under are free.

Posting of Heat Sheets and Psych Sheets will be available on [www.southeasternswim.org](http://www.southeasternswim.org) and/or Meet Mobile as time allows by the head table. Concessions also will be available.

DIRECTIONS/PARKING: Free parking will be available in the HSE Athletic area. Please use Door #10 (near the football field just off 126th Street) to enter and exit the building.

**Schedule of Events**

**FRIDAY EVENING**

Warm-ups at 4:00 PM. Meet starts at 5:00 PM.

 Girls Event # Age Event Boys Event #

 1 15&Over400 Individual Medley 2

 3 13-14 400 Individual Medley 4

 5 11-12 200 Individual Medley 6

 7 10&U 200 Individual Medley 8

 9 15&Over400 Freestyle 10

 11 13-14 400 Freestyle 12

 13 11-12 400 Freestyle 14

 15 10&U 200 Freestyle 16

**SATURDAY MORNING**

Warm-ups at 6:30 AM. Meet starts at 8:00 AM.

 Girls Event # Age Event Boys Event #

 17 15&Over200 Individual Medley 18

 19 13-14 100 Breaststroke 20

 21 15&Over100 Breaststroke 22

 23 13-14 200 Freestyle 24

 25 15&Over200 Freestyle 26

 27 13-14 100 Backstroke 28

 29 15&Over100 Backstroke 30

 31 13-14 200 Butterfly 32

 33 15&Over200 Butterfly 34

 35 13-14 50 Freestyle 36

 Event #55 starts 20 minutes after the completion of Event #36

 55 Open 1500 Freestyle

**SATURDAY AFTERNOON**

Warm-ups not before 1:30 PM Meet starts not before 3:00 PM.

 Girls Event # Age Event Boys Event #

 37 10&U 50 Freestyle 38

 39 11-12 50 Freestyle 40

 41 10&U 50 Breaststroke 42

 43 11-12 50 Breaststroke 44

 45 10&U 100 Backstroke 46

 47 11-12 100 Backstroke 48

 49 10&U 100 Butterfly 50

 51 11-12 100 Butterfly 52

 53 11-12 200 Freestyle 54

**SUNDAY MORNING**

Warm-ups at 6:30 A.M. Meet starts at 8:00 A.M.

 Girls Event # Age Event Boys Event #

 57 13-14 200 Individual Medley 58

 59 15&Over 200 Breaststroke 60

 61 13-14 200 Breaststroke 62

 63 15&Over 100 Freestyle 64

 65 13-14 100 Freestyle 66

 67 15&Over 200 Backstroke 68

 69 13-14 200 Backstroke 70

 71 15&Over 100 Butterfly 72

 73 13-14 100 Butterfly 74

 75 15&Over 50 Freestyle 76

Event #56 starts 20 minutes after the completion of Event #76

 Open 1500 Freestyle 56

**SUNDAY AFTERNOON**

Warm-ups not before 1:30 PM. Meet starts not before 3:00 P.M.

 Girls Event # Age Event Boys Event #

 77 10&U 50 Backstroke 78

 79 11-12 50 Backstroke 80

 81 10&U 50 Butterfly 82

 83 11-12 50 Butterfly 84

 85 10&U 100 Breaststroke 86

 87 11-12 100 Breaststroke 88

 89 10&U 100 Freestyle 90

 91 11-12 100 Freestyle 92

SOUTHEASTERN SWIM CLUB SUMMER SIZZLER

# Summary Page

Club Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Code: \_\_\_\_\_\_\_\_\_\_\_\_

Indiana Swimming Athlete Surcharge # Boys\_\_\_\_\_\_\_+ # Girls\_\_\_\_\_\_\_ X $2.00 $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Boys’ Individual Events \_\_\_\_\_\_\_\_\_\_ x $5.00 each = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Girls’ Individual Events \_\_\_\_\_\_\_\_\_\_ x $5.00 each = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

  **TOTAL AMOUNT ENCLOSED: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** (Payable to Southeastern Swim Club)

Club Official Submitting Entry: Coaches’ Names:

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Please Check, in which form you, would like results sent to you:

\_\_\_\_\_\_ Hard Copy (snail mail or .html file E-mailed) \_\_\_\_\_\_ Meet Manager Backup (E-mailed)

\_\_\_\_\_\_ Team Manager File .cl2 (E-mailed) \_\_\_\_\_\_ All of the above

E-mail address to send above \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Release and Hold Harmless Agreement**

**In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges Southeastern Swim Club, and its Board of Directors, USA Swimming, Indiana Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless Southeastern Swim Club, USA Swimming, Indiana Swimming and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.**

**Executed this \_\_\_\_\_\_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 2019.**

**Signature of Club Official or Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **(\*\*Person who signs above is responsible for any fines imposed upon club.)**

**\*\*You may have one designated spokesperson for your team to talk to the referee. The coach would be the logical person.**

**Please list the name of your spokesperson: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Did you include? \_\_\_\_\_\_\_\_ Entry Forms or Hy-Tek Meet Manager Disc with Hard Copy Print out \_\_\_\_\_\_\_\_ Check**

 **\_\_\_\_\_\_\_\_ I have read the rules and understand all of them. \_\_\_\_\_\_\_\_ Completed Summary Page**

 **\_\_\_\_\_\_\_\_ Your Club’s List of Officials**

**SOUTHEASTERN SWIM CLUB SUMMER SIZZLER**

# Officials

In order for this meet to run as smoothly as possible, we would like to solicit your help in identifying officials from your club who might be willing to work at the meet. Please list names, phone numbers, and emails of those persons below. We will contact them as to their availability. Thank you very much! Feel free to contact ***Judy Howser at thehowsers@me.com***

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **OFFICIAL PHONE NUMBER EMAIL**

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Please include this sheet with your summary page as part of your entry.