**Southeastern Swim Club September & October 2019**

**Bluefin Training Schedule**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2**Happy Laborl Day—no practice** | 3***Day 1- NO AM this Tuesday, everyone starts together 4:30-6:30PM*** | 44-6PM | 54:30-6:30PM | 65:30-6:45AM | 7OFF |
| 8 | 95-7PM | 10**No Tuesday AM this week**4:30-6:30PM | 114-6PM | 124:30-6:30PM | 135:30-6:45AM | 14OFF |
| 15 | 165-7PM | 175:30-6:45AM 4:30-6:30PM | 18***New Parent Meeting Night & Elsmore Swim Shop is on Site!*** 4-6PM | 194:30-6:30PM | 205:30-6:45AM | 21**OFF** |
| 22 | 235-7PM | 245:30-6:45AM 4:30-6:30PM | 254-6PM | 264:30-6:30PM | 27**Fall Kickoff Super Splash- Warm up 5:15PM/Meet Start 6PM** | 28**SSC Barndance- details on team website** |
| 29 | 305-7PM | 15:30-6:45AM 4:30-6:30PM | 24-6PM | 34:30-6:30PM | 45:30-6:45AM | 5**SSC SwimFest 2019- information on team website** |
| 6**SSC SwimFest 2019- information on team website** | 7No practice- please enjoy a recovery day after our SwimFest weekend | 85:30-6:45AM 4:30-6:30PM | 94-6PM | 104:30-6:30PM | 115:30-6:45AM | 1210-Noon |
| 13***HSE Fall Break Week*** | 14***HSE Fall Break Week*** 9:30-11:30AM | 15***HSE Fall Break Week*** 9:30-11:30AM | 16***HSE Fall Break Week*** 9:30-11:30AM | 17***HSE Fall Break Week*** 9:30-11:30AM | 18***HSE Fall Break Week*** 9:30-11:30AM | 19OFF |
| 20 | 215-7PM | 225:30-6:45AM 4:30-6:30PM | 234-6PM | 244:30-6:30PM | 25**Halloween Super Splash 5:15 Warm up/6PM Meet Start** | 2610-Noon |
| 27 | 285-7PM | 295:30-6:45AM 4:30-6:30PM | 304-6PM | 31**Happy Halloween- no practice** |  |  |