**Southeastern Swim Club September & October 2019**

**Bluefin Training Schedule**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2  **Happy Laborl Day—no practice** | 3  ***Day 1- NO AM this Tuesday, everyone starts together 4:30-6:30PM*** | 4  4-6PM | 5  4:30-6:30PM | 6  5:30-6:45AM | 7  OFF |
| 8 | 9  5-7PM | 10  **No Tuesday AM this week**  4:30-6:30PM | 11  4-6PM | 12  4:30-6:30PM | 13  5:30-6:45AM | 14  OFF |
| 15 | 16  5-7PM | 17  5:30-6:45AM  4:30-6:30PM | 18  ***New Parent Meeting Night & Elsmore Swim Shop is on Site!***    4-6PM | 19  4:30-6:30PM | 20  5:30-6:45AM | 21  **OFF** |
| 22 | 23  5-7PM | 24  5:30-6:45AM  4:30-6:30PM | 25  4-6PM | 26  4:30-6:30PM | 27  **Fall Kickoff Super Splash- Warm up 5:15PM/Meet Start 6PM** | 28  **SSC Barndance- details on team website** |
| 29 | 30  5-7PM | 1  5:30-6:45AM  4:30-6:30PM | 2  4-6PM | 3  4:30-6:30PM | 4  5:30-6:45AM | 5  **SSC SwimFest 2019- information on team website** |
| 6  **SSC SwimFest 2019- information on team website** | 7  No practice- please enjoy a recovery day after our SwimFest weekend | 8  5:30-6:45AM  4:30-6:30PM | 9  4-6PM | 10  4:30-6:30PM | 11  5:30-6:45AM | 12  10-Noon |
| 13  ***HSE Fall Break Week*** | 14  ***HSE Fall Break Week*** 9:30-11:30AM | 15  ***HSE Fall Break Week*** 9:30-11:30AM | 16  ***HSE Fall Break Week*** 9:30-11:30AM | 17  ***HSE Fall Break Week*** 9:30-11:30AM | 18  ***HSE Fall Break Week*** 9:30-11:30AM | 19  OFF |
| 20 | 21  5-7PM | 22  5:30-6:45AM  4:30-6:30PM | 23  4-6PM | 24  4:30-6:30PM | 25  **Halloween Super Splash 5:15 Warm up/6PM Meet Start** | 26  10-Noon |
| 27 | 28  5-7PM | 29  5:30-6:45AM  4:30-6:30PM | 30  4-6PM | 31  **Happy Halloween- no practice** |  |  |