**Southeastern Swim Club January 2020**

**Lionfish Silver/Gold Training Schedule**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 27 | 28 | 29 | 1  No  Practice | 2  Silver/Gold  9:30-11:30AM | 3  Silver/Gold  9:30-11:30AM | 4  New Years  Super Splash  W.U. 9:00AM  M.S. 9:45AM |
| 5 | 6  No  Practice | 7  Silver/Gold  6:00-8:00PM | 8  Silver/Gold  5:30-7:00PM | 9  Silver/Gold  6:00-8:00PM | 10  No Practice  HSE HCC  Diving  Championship@ 5:30PM | 11  HSE HCC  Swimming  Championship@11:00AM  Silver/Gold  3:00-4:30PM |
| 12 | 13  No  Practice | 14  Silver/Gold  6:00-8:00PM | 15  Silver/Gold  5:30-7:00PM | 16  Silver/Gold  6:00-8:00PM | 17  SSC MLK  Invite | 18  SSC MLK  Invite |
| 19  SSC MLK  Invite | 20  No  Practice | 21  Silver/Gold  6:00-8:00PM | 22  Gold Only  5:30-7:00PM | 23  No Practice  HSE vs Zion  @6pm  Senior Night | 24  Silver/Gold  5:00-7:00PM | 25  Silver/Gold  8:30-10:30AM |
| 26 | 27  No  Practice | 28  Silver/Gold  6:00-8:00PM | 29  Gold Only  5:30-7:00PM | 30  Silver/Gold  6:00-8:00PM | 31  Silver/Gold  5:00-7:00PM | 1  No Practice  HSE Reserve Championship |

**Southeastern Swim Club February 2020**

**Lionfish Silver/Gold Training Schedule**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 26 | 27  No  Practice | 28  Silver/Gold  6:00-8:00PM | 29  Gold Only  5:30-7:00PM | 30  Silver/Gold  6:00-8:00PM | 31  Silver/Gold  5:00-7:00PM | 1  No Practice  HSE Reserve Championship |
| 2 | 3  No  Practice | 4  Silver/Gold  6:00-8:00PM | 5  Silver/Gold  5:30-7:00PM | 6  No Practice  IHSAA Girls Sectional  Prelims | 7  Silver/Gold  5:00-7:00PM | 8  No Practice  IHSAA Girls Sectional  Finals |
| 9 | 10  No  Practice | 11  Silver/Gold  6:00-8:00PM | 12  Gold Only  5:30-7:00PM | 13  Silver/Gold  6:00-8:00PM | 14  Silver/Gold  5:00-7:00PM | 15 |
| 16 | 17  No  Practice | 18  Silver/Gold  6:00-8:00PM | 19  Silver/Gold  5:30-7:00PM | 20  Silver/Gold  6:00-8:00PM | 21  Northside  Invite  @North Central HS | 22  Northside Invite  @HSE |
| 23  Northside  Invite  @HSE | 24  No  Practice | 25  Silver/Gold  6:00-8:00PM | 26  Last Chance  Supersplash  @HSE  (Last Meet if you have no cuts) | 27  Silver/Gold  6:00-8:00PM | 28  Silver/Gold  5:00-7:00PM | 29  Silver/Gold  8:30-10:30AM |

**Southeastern Swim Club March 2020**

**Lionfish Silver/Gold Training Schedule**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2  No  Practice | 3  Silver/Gold  6:00-8:00PM | 4  Silver/Gold  5:30-7:00PM | 5  Silver/Gold  6:00-8:00PM | 6  Divisionals  @Fishers HS | 7  Divisionals  @Fishers HS |
| 8  Divisionals  @Fishers HS | 9  5:00-6:30  AGS Only | 10  5:00-6:30 AGS  6:30-7:30  Maintenance | 11  5:00-6:30 AGS  6:30-7:30  Maintenance | 12  5:00-6:30 AGS  6:30-7:30  Maintenance | 13  5:00-6:30 AGS  6:30-7:30  Maintenance | 14  8:30-10:30A  AGS  10:30-11:30 |
| 15 | 16  5:00-6:30  AGS Only | 17  5:00-6:30 AGS  6:30-7:30  Maintenance | 18  5:00-6:30 AGS  6:30-7:30  Maintenance | 19  5:00-6:30 AGS  6:30-7:30  Maintenance | 20  AGE GROUP STATE @IUPUI | 21  AGE GROUP STATE @IUPUI |
| 22  AGE GROUP STATE @IUPUI | 23  No  Practice | 24  Practice TBD | 25  Practice TBD | 26  Practice TBD | 27  Practice TBD | 28  Practice TBD |
| 29 | 30  No  Practice | 31  Practice  TBD | 1  Practice  TBD | 2  No  Practice | 3  Spring  Break | 4  Spring  Break |