**Southeastern Swim Club January 2020**

**Lionfish Silver/Gold Training Schedule**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 27 | 28 | 29 | 1NoPractice | 2Silver/Gold9:30-11:30AM | 3Silver/Gold9:30-11:30AM | 4New YearsSuper SplashW.U. 9:00AMM.S. 9:45AM |
| 5 | 6NoPractice | 7Silver/Gold6:00-8:00PM | 8Silver/Gold5:30-7:00PM | 9Silver/Gold6:00-8:00PM | 10No PracticeHSE HCCDivingChampionship@ 5:30PM | 11HSE HCCSwimmingChampionship@11:00AMSilver/Gold3:00-4:30PM |
| 12 | 13NoPractice | 14Silver/Gold6:00-8:00PM | 15Silver/Gold5:30-7:00PM | 16Silver/Gold6:00-8:00PM | 17SSC MLKInvite | 18SSC MLKInvite |
| 19SSC MLKInvite | 20NoPractice | 21Silver/Gold6:00-8:00PM | 22Gold Only5:30-7:00PM | 23No PracticeHSE vs Zion@6pmSenior Night | 24Silver/Gold5:00-7:00PM | 25Silver/Gold8:30-10:30AM |
| 26 | 27NoPractice | 28Silver/Gold6:00-8:00PM | 29Gold Only5:30-7:00PM | 30Silver/Gold6:00-8:00PM | 31Silver/Gold5:00-7:00PM | 1No PracticeHSE Reserve Championship |

**Southeastern Swim Club February 2020**

**Lionfish Silver/Gold Training Schedule**

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 26 | 27NoPractice | 28Silver/Gold6:00-8:00PM | 29Gold Only5:30-7:00PM | 30Silver/Gold6:00-8:00PM | 31Silver/Gold5:00-7:00PM | 1No PracticeHSE Reserve Championship |
| 2 | 3NoPractice | 4Silver/Gold6:00-8:00PM | 5Silver/Gold5:30-7:00PM | 6No PracticeIHSAA Girls SectionalPrelims | 7Silver/Gold5:00-7:00PM | 8No PracticeIHSAA Girls SectionalFinals |
| 9 | 10NoPractice | 11Silver/Gold6:00-8:00PM | 12Gold Only5:30-7:00PM | 13Silver/Gold6:00-8:00PM | 14Silver/Gold5:00-7:00PM | 15 |
| 16 | 17NoPractice | 18Silver/Gold6:00-8:00PM | 19Silver/Gold5:30-7:00PM | 20Silver/Gold6:00-8:00PM | 21NorthsideInvite@North Central HS | 22Northside Invite@HSE |
| 23NorthsideInvite@HSE | 24NoPractice | 25Silver/Gold6:00-8:00PM | 26Last ChanceSupersplash@HSE(Last Meet if you have no cuts) | 27Silver/Gold6:00-8:00PM | 28Silver/Gold5:00-7:00PM | 29Silver/Gold8:30-10:30AM |

**Southeastern Swim Club March 2020**

**Lionfish Silver/Gold Training Schedule**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1 | 2NoPractice | 3Silver/Gold6:00-8:00PM | 4Silver/Gold5:30-7:00PM | 5Silver/Gold6:00-8:00PM | 6Divisionals@Fishers HS | 7Divisionals@Fishers HS |
| 8Divisionals@Fishers HS | 95:00-6:30AGS Only | 105:00-6:30 AGS6:30-7:30Maintenance | 115:00-6:30 AGS6:30-7:30Maintenance | 125:00-6:30 AGS6:30-7:30Maintenance | 135:00-6:30 AGS6:30-7:30Maintenance | 148:30-10:30AAGS10:30-11:30 |
| 15 | 165:00-6:30AGS Only | 175:00-6:30 AGS6:30-7:30Maintenance | 185:00-6:30 AGS6:30-7:30Maintenance | 195:00-6:30 AGS6:30-7:30Maintenance | 20AGE GROUP STATE @IUPUI | 21AGE GROUP STATE @IUPUI |
| 22AGE GROUP STATE @IUPUI | 23NoPractice | 24Practice TBD | 25Practice TBD | 26Practice TBD | 27Practice TBD | 28Practice TBD |
| 29 | 30NoPractice | 31Practice TBD | 1Practice TBD | 2No Practice | 3Spring Break | 4Spring Break |