**Southeastern Swim Club January & February 2019**

**Junior White & Junior Blue Training Groups**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | 1  No Practice- Happy New Year | 2  All Juniors 930 to 11:30AM | 3  All Juniors 930 to 11:30AM  Junior Blue 3 to 4:30PM | 4  All Juniors 930 to 11:30AM | 5  New Year Splash  Warm up 9AM, Meet Start 9:45AM |
| 6 | 7  **Royal Monday**  Junior Blue 5-7PM  Junior White 5-7PM | 8  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 9  Junior Blue- 4-6PM | 10  All Juniors 5:30-6:45AM | 11  All Juniors  5:30-6:45AM | 12  Junior White and Junior Blue 9-11AM |
| 13 | 14  **Royal Monday**  Junior Blue 5-7PM  Junior White 5-7PM | 15  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 16  Junior Blue- 4-6PM | 17  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 18  SSC’s Own MLK Invite | 19  SSC’s Own MLK Invite |
| 20  SSC’s Own MLK Invite | 21  No Practice | 22  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 23  Junior Blue- 4-6PM | 24  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 25  Junior Blue AM  5:30-6:45AM | 26  Junior White and Junior Blue 9-11AM |
| 27 | 28  **Royal Monday**  Junior Blue 5-7PM  Junior White 5-7PM | 29  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 30  Junior Blue- 4-6PM | 31  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 1  Junior Blue AM  5:30-6:45AM | 2  Junior White and Junior Blue 9-11AM |
| 3 | 4  **Royal Monday**  Junior Blue 5-7PM  Junior White 5-7PM | 5  Junior Blue & Junior White AM ONLY 5:15 to 6:45AM  IHSAA Girls Diving Regionals at HSE in the PM | 6  Junior Blue- 4-6PM | 7  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 8  Junior Blue AM  5:30-6:45AM  **IHSAA Girls State Meet Prelims at IUPUI- come cheer the Royals! At 5:30PM** | 9  Junior White and Junior Blue 9-11AM  **IHSAA Girls State Meet Finals at IUPUI- come cheer the Royals! At 1PM** |
| 10 | 11  **Royal Monday**  Junior Blue 5-7PM  Junior White 5-7PM | 12  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 13  Junior Blue- 4-6PM | 14  Junior Blue & Junior White AM ONLY 5:15 to 6:45AM  IHSAA Boys Sectionals at HSE 6PM | 15  **Northside Invite Distance Events at North Central HS** | 16  **Northside Invite at Carmel HS**  IHSAA Boys Sectionals at HSE 6PM |
| 17  **Northside Invite at Carmel HS** | 18  President’s Day- No School HSE District  All Juniors 10-Noon | 19  Junior Blue AM  5:30-6:45AM  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 20  Junior Blue- 4-6PM | 21  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 22  Junior Blue AM  5:30-6:45AM | 23  Last Chance Splash  WU 9AM, Meet Start 9:45AM |
| 24 | 25  All Juniors  4:45 to 6:45PM | 26  NO AM this Tuesday  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 27  Junior Blue- 4-6PM | 1  Junior Blue PM 4:30-6:30PM  Junior White PM 4:30-6:30PM | 2  Junior swimmers not competing at Divisionals- 5:30AM  Indiana Swimming’s Divisional Championships @ Noblesville HS | 3  Junior swimmers not competing at Divisionals- 7-8:30AM  Indiana Swimming’s Divisional Championships @ Noblesville HS |