**Southeastern Swim Club January & February 2019**

**Junior White & Junior Blue Training Groups**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | 1No Practice- Happy New Year | 2All Juniors 930 to 11:30AM | 3All Juniors 930 to 11:30AMJunior Blue 3 to 4:30PM | 4All Juniors 930 to 11:30AM | 5New Year SplashWarm up 9AM, Meet Start 9:45AM |
| 6 | 7**Royal Monday**Junior Blue 5-7PMJunior White 5-7PM | 8Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 9Junior Blue- 4-6PM | 10All Juniors 5:30-6:45AM | 11All Juniors5:30-6:45AM | 12Junior White and Junior Blue 9-11AM |
| 13 | 14**Royal Monday**Junior Blue 5-7PMJunior White 5-7PM | 15Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 16Junior Blue- 4-6PM | 17Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 18SSC’s Own MLK Invite | 19SSC’s Own MLK Invite |
| 20SSC’s Own MLK Invite | 21No Practice | 22Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 23Junior Blue- 4-6PM | 24Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 25Junior Blue AM5:30-6:45AM | 26Junior White and Junior Blue 9-11AM |
| 27 | 28**Royal Monday**Junior Blue 5-7PMJunior White 5-7PM | 29Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 30Junior Blue- 4-6PM | 31Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 1Junior Blue AM5:30-6:45AM | 2Junior White and Junior Blue 9-11AM |
| 3 | 4**Royal Monday**Junior Blue 5-7PMJunior White 5-7PM | 5Junior Blue & Junior White AM ONLY 5:15 to 6:45AMIHSAA Girls Diving Regionals at HSE in the PM | 6Junior Blue- 4-6PM | 7Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 8Junior Blue AM5:30-6:45AM**IHSAA Girls State Meet Prelims at IUPUI- come cheer the Royals! At 5:30PM** | 9Junior White and Junior Blue 9-11AM**IHSAA Girls State Meet Finals at IUPUI- come cheer the Royals! At 1PM** |
| 10 | 11**Royal Monday**Junior Blue 5-7PMJunior White 5-7PM | 12Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 13Junior Blue- 4-6PM | 14Junior Blue & Junior White AM ONLY 5:15 to 6:45AMIHSAA Boys Sectionals at HSE 6PM | 15**Northside Invite Distance Events at North Central HS** | 16**Northside Invite at Carmel HS**IHSAA Boys Sectionals at HSE 6PM |
| 17**Northside Invite at Carmel HS** | 18President’s Day- No School HSE DistrictAll Juniors 10-Noon | 19Junior Blue AM5:30-6:45AMJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 20Junior Blue- 4-6PM | 21Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 22Junior Blue AM5:30-6:45AM | 23Last Chance SplashWU 9AM, Meet Start 9:45AM |
| 24 | 25All Juniors4:45 to 6:45PM | 26NO AM this TuesdayJunior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 27Junior Blue- 4-6PM | 1Junior Blue PM 4:30-6:30PMJunior White PM 4:30-6:30PM | 2Junior swimmers not competing at Divisionals- 5:30AM Indiana Swimming’s Divisional Championships @ Noblesville HS | 3Junior swimmers not competing at Divisionals- 7-8:30AMIndiana Swimming’s Divisional Championships @ Noblesville HS |