**Sharks Training Schedule**

**Southeastern Swim Club Jan. 2020 – Mar. 2020**

JANUARY 2020

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | 1  No  Practice | 2  10 – Noon | 3  10-Noon | 4  New Years  Super Splash  W.U. 9:00AM  M.S. 9:45AM |
| 5 | 6  6-7:30PM | 7  5-6:30PM | 8  6-7:30 PM | 9  No Practice  HSE vs Fishers  Mudsock Meet  @ 6PM | 10  No Practice  HSE HCC  Diving  Championship@ 5:30PM | 11  No Practice  HSE HCC  Swimming  Championship@11:00AM |
| 12 | 13  6-7:30 PM | 14  5- 6:30 PM | 15  6-7:30 PM | 16  5-6:30 PM | 17  SSC MLK INVITE | 18  SSC MLK INVITE |
| 19  SSC MLK INVITE | 20  No  Practice  Post Meet Recovery | 21  5-6:30PM | 22  6-7:30PM | 23  No Practice  HSE vs Zionsville  @ 6PM  (Senior Night) | 24  5-6:30PM | 25  10-11:30AM |
| 26 | 27  6 -7:30 PM | 28  5-6:30PM | 29  6-7:30PM | 30  5-6:30 PM | 31  No Practice |  |

February 2020

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | 1  1 to 2:30PM  HS Reserves Championships @ HSE |
| 2 | 3  6-7:30PM | 4  5-6:30PM | 5  6-7:30PM | 6  NO PRACTICE  IHSAA Girls Sectional Prelims at HSE 6PM | 7  5-6:30PM | 8  OFF  IHSAA Girls Sectional Finals at HSE 1PM |
| 9 | 10  6-7:30PM | 11  5-6:30PM | 12  6-7:30PM | 13  5 – 6:30PM | 14  NO PRACTICE  IHSAA Girls Swim & Dive State Meet Prelims at IUPUI- 6PM Start | 15  10- 11:30AM  IHSAA Girls Swim & Dive State Meet Finals at IUPUI- 1PM Start |
| 16 | 17  President’s Day (No School)  10 to 11:30AM | 18  NO AM Today  5- 6:30 PM | 19  6 – 7:30PM | 20  5 – 6:30 PM  IHSAA Boys Sectional Prelims at FISHERS- 6PM | 21  Northside Showdown Distance Events at North Central HS | 22  Northside Showdown – all other events, at HSE  IHSAA Boys Sectional Finals at FISHERS- 1PM |
| 23  Northside Showdown – all other events, at HSE | 24  6-7:30PM | 25  NO PRACTICE  (IHSAA Boys Diving Regionals at HSE 6PM) | 26  Final Super Splash!!  5:15PM WU  6PM Start | 27  5-6:30PM | 28  NO PRACTICE  IHSAA Boys State Meet Prelims at IUPUI 6PM | 29  10- 11:30  IHSAA Boys State Meet Prelims at IUPUI 1PM |
| 1  MARCH 2020 | 2  6-7:30PM | 3  5 – 6:30PM | 4  6-7:30PM | 5  5 – 6:30PM | 6  Divisionals at Fishers HS | 7  Divisionals at Fishers HS |
| 8  Divisionals at Fishers HS | 9  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 10  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 11  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 12  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 13  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 14  AGS Practice 8:30-10:30AM |
| 15 | 16  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 17  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 18  AGS Practice 5 to 6:30PM  Maintenance Practice 6:30 to 7:30PM | 19  AGS Practice 5 to 6:30PM  No Maintenance Practice today. | 20  Age Group State hosted by SSC at IUPUI! | 21  Age Group State hosted by SSC at IUPUI! |
| 22  Age Group State hosted by SSC at IUPUI! | SSC Spring Break—See you all in mid-April!! Details TBA. |  |  |  |  |  |