**Sharks Training Schedule**

**Southeastern Swim Club Jan. 2020 – Mar. 2020**

JANUARY 2020

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  | 1NoPractice | 210 – Noon  | 310-Noon | 4New YearsSuper SplashW.U. 9:00AMM.S. 9:45AM |
| 5 | 66-7:30PM | 75-6:30PM  | 86-7:30 PM | 9No PracticeHSE vs FishersMudsock Meet@ 6PM | 10No Practice HSE HCCDivingChampionship@ 5:30PM | 11No PracticeHSE HCCSwimmingChampionship@11:00AM |
| 12 | 136-7:30 PM | 145- 6:30 PM  | 156-7:30 PM  | 165-6:30 PM | 17SSC MLK INVITE | 18SSC MLK INVITE |
| 19SSC MLK INVITE | 20NoPractice Post Meet Recovery  | 215-6:30PM  | 226-7:30PM  | 23No PracticeHSE vs Zionsville@ 6PM(Senior Night) | 245-6:30PM  | 2510-11:30AM  |
| 26 | 276 -7:30 PM  | 285-6:30PM  | 296-7:30PM  | 305-6:30 PM | 31No Practice  |  |

February 2020

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  |  | 11 to 2:30PMHS Reserves Championships @ HSE |
| 2 | 36-7:30PM | 45-6:30PM | 56-7:30PM | 6NO PRACTICE IHSAA Girls Sectional Prelims at HSE 6PM | 75-6:30PM  | 8OFFIHSAA Girls Sectional Finals at HSE 1PM |
| 9 | 106-7:30PM | 115-6:30PM | 126-7:30PM | 135 – 6:30PM | 14NO PRACTICE IHSAA Girls Swim & Dive State Meet Prelims at IUPUI- 6PM Start | 1510- 11:30AMIHSAA Girls Swim & Dive State Meet Finals at IUPUI- 1PM Start |
| 16 | 17President’s Day (No School)10 to 11:30AM | 18NO AM Today5- 6:30 PM | 196 – 7:30PM | 205 – 6:30 PMIHSAA Boys Sectional Prelims at FISHERS- 6PM | 21Northside Showdown Distance Events at North Central HS | 22Northside Showdown – all other events, at HSEIHSAA Boys Sectional Finals at FISHERS- 1PM |
| 23Northside Showdown – all other events, at HSE | 246-7:30PM | 25NO PRACTICE (IHSAA Boys Diving Regionals at HSE 6PM) | 26Final Super Splash!!5:15PM WU6PM Start | 275-6:30PM | 28NO PRACTICEIHSAA Boys State Meet Prelims at IUPUI 6PM | 2910- 11:30IHSAA Boys State Meet Prelims at IUPUI 1PM |
| 1MARCH 2020 | 26-7:30PM | 35 – 6:30PM | 46-7:30PM | 55 – 6:30PM | 6Divisionals at Fishers HS | 7Divisionals at Fishers HS |
| 8Divisionals at Fishers HS | 9AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 10AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 11AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 12AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 13AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 14AGS Practice 8:30-10:30AM |
| 15 | 16AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 17AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 18AGS Practice 5 to 6:30PMMaintenance Practice 6:30 to 7:30PM | 19AGS Practice 5 to 6:30PMNo Maintenance Practice today. | 20Age Group State hosted by SSC at IUPUI! | 21Age Group State hosted by SSC at IUPUI! |
| 22Age Group State hosted by SSC at IUPUI! | SSC Spring Break—See you all in mid-April!! Details TBA. |  |  |  |  |  |