**Sharks Training Schedule**

**Southeastern Swim Club November & December 2019**

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  |  | 1  5:30-6:45AM | 2  **Newburgh Fall Invite-** details on team website |
| 3  Newburgh Fall Invite | 4  No Practice | 5  5:30-6:45AM  4:30-6:30PM | 6  4-6PM | 7  4:30-6:30PM | 8  5:30-6:45AM | 9  10-Noon |
| 10 | 11  5-7PM | 12  5:30-6:45AM  4:30-6:30PM | 13    4-6PM | 14  4:30-6:30PM | 15  5:30-6:45AM | 16  10-Noon |
| 17 | 18  6-7:30PM | 19  5- 6:30PM | 20  6-7:30PM | 21  5-6:30PM | 22  **WTSC Holiday Championships Invite** | 23  **WTSC Holiday Championships Invite** |
| 24  **WTSC Holiday Championships Invite** | 25  OFF | 26  **NO PM Practice**  HSE Home Dual vs. Noblesville 6PM (Come Cheer the Royals!!!) | 27  10-11:30 am  (No School) | 28  **Happy Thanksgiving** | 29  10-11:30 am | 30  **Thanksgiving Super Spash**  9AM Warm up, 9:45AM Meet Start |
| 1  **December** | 2  6-7:30 PM | 3  5-6:30PM | 4  6-7:30PM | 5  **No PM Practice**  **HSE vs Franklin Central Home Dual Meet 6PM** | 6  Off | 7  10 -11:30AM |
| 8 | 9  6-7:30PM | 10  **No PM Practice**  **HSE vs Westfield Home Dual Meet 6PM** | 11  6-7:30PM | 12  5-6:30PM | 13  Off | 14  **December Closed Invite at Pike HS** |
| 15  December Closed Invite at Pike HS | 16  OFF | 17  5-6:30PM | 18  6-7:30PM | 19  5-6:30PM | 20  **SSC vs FAST Dual Meet at HSE, early evening. More details TBA** | 21  **5 to 6:30PM**  HSE Splash-N-Clash Invite |
| 22 | 23  SSC Winter Break | 24  SSC Winter Break | 25  Merry Christmas | 26  5 to 6:30PM | 27  10-Noon | 28  SSC Mile Trial- details TBA |
| 29 | 30  10-Noon | 31  10-Noon | 1  Happy New Year- No practice |  |  |  |