

I've updated our [Regionals Meet Event Page](#) with the most updated entry lists and psych sheet. Timing and warm-up assignments are also posted. A couple more notes:

- Meet Referee: Steve Fidanze has asked me to remind everyone that no changes may be made after 4:00p on Thursday. He would like to have a coaches meeting on Friday night and Saturday morning.
- Warm-up: Attached is the warm-up assignments. There will not be split warm-ups on Friday, but there will be split warm-ups for the rest of the weekend. Please do your starts in your lane during your warm-up time.
- Timing assignments: We are trying to cover timing as best we can, but I could really use the help. Attached is my request to each team (no more than 2 sessions). All timers will get badges at the timers meeting to gain access to the deck.

In addition, if you have any extra parents that are willing to do an extra session (or 2), we are happy to provide a weekend spectator pass (worth \$20). Please sign up BEFORE the meet begins with our volunteer coordinator, Shane Koonce at: shane.koonce@gmail.com

- Security/safe sport: We will have a sign-in table near the pool office doors. Please sign in and have your credentials ready to gain access to the pool. I am asking all coaches and officials to always enter through the pool office. Swimmers should only come onto the deck through the locker rooms.

Hospitality will now be in the commons. When you leave the deck through the pool office, turn right and follow the hall to the commons area. The far south door will also take you there. Officials and coaches meeting will be conducted in this space.

The pool office and hall restrooms are "dry" restrooms. All swimmers are asked to stick to the restrooms available in the locker rooms.

No cameras or camera phones are allowed behind the blocks. Award photos can be taken from the stands or with our theme's backdrop in the Metcalf Foyer (where we used to have check-in).

That's in for now. I really appreciate the help and look forward to running a safe and fast event this weekend.

Sincerely,

Carolyn