

# *Scout Aquatics Newsletter– September 20*

## CURRENT EVENTS:

There is no practice on Thursday due to the long LFHS swim/dive meet against Stevenson. Little Scouts will be moved to Friday with Junior Scouts. The September and October calendars can be found [HERE](#).

Our Scout Aquatics Time Trial is next Thursday, Sept. 30<sup>th</sup>. This is open to the team and is FREE. Please sign up online by Sept. 27<sup>th</sup>. With every meet of the season, I will blast out an information email about the meet. It will include our entries, times for swimmers to be at the pool for warmup (don't be late), a timeline for the events (so you can plan when your swimmer is swimming) and sometimes a psych sheet that has all the swimmers in each event ranked by time. I will send this information email for the Time Trial on Tuesday, Sept. 28<sup>th</sup>.

Entries for the Fun in the Wild meet and the Fall Frenzy have been sent and is accepted. No additional entries will be accepted at this time.

Still looking to try out for the team? We can do it almost any day....please schedule with Coach Carolyn at [cgrevers@lfschools.net](mailto:cgrevers@lfschools.net)

**Equipment and apparel:** We cannot share or use equipment from LFHS. All swimmers will be required to have their own equipment. Our account with the Swim Team Store lists all the equipment you need for the group you are in. Little Scouts and Junior Scouts need fins and kickboards ASAP. Junior Scout Plus and Senior Scouts need fins, kickboards, paddles, pull buoy and snorkel.

You can also buy any other apparel and equipment you may need from the site. [SHOP ON OUR TEAM WEBSITE:](#)

- Direct link: <https://theswimteamstore.net/scout-aquatics.html>
- User name: scout
- Password: aquatics

## Swim Meets:

- September 30, Scout Aquatics Time Trial. This meet is for the entire team. This gets all of our swimmers a base time to gage improvement over the season. Sign up to participate by Monday, Sept. 27<sup>th</sup>.
- October 8-10, Fun in the WILD meet at Northwestern University. This meet will be for our more experienced swimmers. This entry is closed and the entry was accepted.
- October 16-17, MMSC Fall Frenzy at the Rec Plex in Pleasant Prairie, WI. This event will be open to all abilities. This entry is closed and the entry was accepted.
- November 7, WSO Pentathlon at Evanston High School. 5 events for all swimmers and is open to all abilities.
- November 19-21, SWAQ (Swift) North Shore Triple Crown Cup at Niles North High School. This meet is for all abilities but geared for the more experienced swimmers and will be a last chance meet for all BOYS high school swimmers before entering the LFHS Season.

**BIRTHDAYS:** We have 2 birthdays this week. Happy birthday to: Willian Hsu (11) and Ben Longeway (16)!

## ***Contact us:***

***Head Coach, Carolyn Grevers (c) 224-436-3195***

***Question for Head Age Group Coach (LTS, JS, JSP), Flo Burke***

***Club President: Shane Koonce***

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