

Scout Aquatics Newsletter– September 27

CURRENT EVENTS:

Our Scout Aquatics Time Trial is this Thursday. There will be no regular practice that day. Please sign up for the time trial by midnight tonight. We also start Senior Scout morning practices this week on Tuesday and Thursday's from 6:15-7:40a. The September and October calendars can be found [HERE](#).

Our Scout Aquatics Time Trial is this Thursday, Sept. 30th. This is open to the team and is FREE. Please sign up online by Sept. 27th. With every meet of the season, I will blast out an information email about the meet. It will include our entries, times for swimmers to be at the pool for warmup (don't be late), a timeline for the events (so you can plan when your swimmer is swimming) and sometimes a psych sheet that has all the swimmers in each event ranked by time. I will send this information email for the Time Trial on Tuesday, Sept. 28th.

Still looking to try out for the team? We can do it almost any day....please schedule with Coach Carolyn at cgrevers@lfschools.net

Equipment and apparel: We cannot share or use equipment from LFHS. All swimmers will be required to have their own equipment. Our account with the Swim Team Store lists all the equipment you need for the group you are in. Little Scouts and Junior Scouts need fins and kickboards ASAP. Junior Scout Plus and Senior Scouts need fins, kickboards, paddles, pull buoy and snorkel.

You can also buy any other apparel and equipment you may need from the site. [SHOP ON OUR TEAM WEBSITE:](#)

- Direct link: <https://theswimteamstore.net/scout-aquatics.html>
- User name: scout
- Password: aquatics

Swim Meets:

- September 30, Scout Aquatics Time Trial. This meet is for the entire team. This gets all of our swimmers a base time to gage improvement over the season. Sign up to participate by Monday, Sept. 27th.
- October 8-10, Fun in the WILD meet at Northwestern University. This meet will be for our more experienced swimmers. This entry is closed and the entry was accepted.
- October 16-17, MMSC Fall Frenzy at the Rec Plex in Pleasant Prairie, WI. This event will be open to all abilities. This entry is closed and the entry was accepted.
- November 7, WSO Pentathlon at Evanston High School. 5 events for all swimmers and is open to all abilities.
- November 12-14 (CHANGED!), SWAQ (Swift) North Shore Triple Crown Cup at Niles North High School. This meet is for all abilities but geared for the more experienced swimmers and will be a last chance meet for all BOYS high school swimmers before entering the LFHS Season.

BIRTHDAYS: We have 5 birthdays this week. Happy birthday to:

Alba Zarazaga (11), Mark Fencl (11), Rudy Malnati (15), Alexandru Micle (7) and Jacob Gorelik (10)!

Contact us:

Head Coach, Carolyn Grevers (c) 224-436-3195

Question for Head Age Group Coach (LTS, JS, JSP), Flo Burke

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