

# Scout Aquatics Newsletter– November 8

Scout web site: [www.swimsct.org](http://www.swimsct.org)

## CURRENT EVENTS:

We have normal practices this Monday through Thursday. There is no practice this Friday and Saturday with the SWIFT meet and the IHSA Meets going on. The SWIFT Triple Crown Meet information will go out soon to those attending the meet.

Senior Scout morning practices are on hold for the next 2 weeks (this week to rest a bit for the SWIFT meet, next week to build up again while the HS girls return) and will return the week of Thanksgiving. Next week's practice times for Senior Scouts are also earlier, check the calendar! The UPDATED November and December calendars can be found [HERE](#).

Congratulations to everyone that competed at the WSO Pentathlon. That was a crazy and speedy event! The highest time drops came from:

Mark Fencl – 7 second drop in the 50 back  
Jon Heintzelman – 14 second drop in the 100 IM  
Miles Liebovich – 16 second drop in the 100 fly  
Max Reininger – 6 second drop in the 100 fly

Special congrats to the swimmers of the meet:

8 and unders: Duncan Adams  
9-10: Jacob Gorelik  
11-12: Nate Franklin  
13 and over: Nell De Dolph

Just a reminder to please be on time for practice. It is distracting to everyone involved when someone arrives late.

## Swim Meets:

- November 12-14, SWAQ (Swift) North Shore Triple Crown Cup at Niles North High School. This entry is CLOSED.
- December 4-5, AA Winter Splash at the Rec Plex in Pleasant Prairie, WI. This event is open to all abilities on the team. The entry is OPEN AGAIN!
- December 11, Scout Aquatics December Time Trial at LFHS. This is a home event and will be very similar to our September Time Trial. More information will be available soon.
- January 14-16, Patriot Pride Prelim/Final meet at Stevenson High School. This event is open to the team. The entry will open as soon as the host send us the file.

Mail boxes have been updated. All current swimmers have a folder in their group box, where award medal/ribbons from meets as well as best time ribbons (10 and under) will be found. These will be found by the exit door on deck.

BIRTHDAYS: We have 2 birthdays this week. Happy Birthday to:

Peter Rukavina (18) and Elizabeth Spencer (12)!

## Contact us:

**Head Coach, Carolyn Grevers** (c) 224-436-3195

**Question for Head Age Group Coach (LTS, JS, JSP), Flo Burke**

**Club President: Shane Koonce**

Email: [cgrevers@lfschools.net](mailto:cgrevers@lfschools.net)

Email: [bfbkmg@yahoo.com](mailto:bfbkmg@yahoo.com)

Email: [shane.koonce@gmail.com](mailto:shane.koonce@gmail.com)

Still looking to try out for the team? We can do it almost any day...please schedule with Coach Carolyn at [cgrevers@lfschools.net](mailto:cgrevers@lfschools.net)

**Equipment and apparel:** We cannot share or use equipment from LFHS. All swimmers will be required to have their own equipment. Our account with the Swim Team Store lists all the equipment you need for the group you are in. Little Scouts and Junior Scouts need fins and kickboards ASAP. Junior Scout Plus and Senior Scouts need fins, kickboards, paddles, pull buoy and snorkel.

You can also buy any other apparel and equipment you may need from the site. [SHOP ON OUR TEAM WEBSITE:](#)

- Direct link: <https://theswimteamstore.net/scout-aquatics.html>
- User name: scout
- Password: aquatics