

# Sheridan Swim Team

## Registration

Welcome to the Sheridan Swim Team!

We are excited that you have chosen to join our families at the Sheridan Swim Team!

Our coaches are honored to have the opportunity to work with your child.

The Sheridan Swim Club has been the home for USA Swimming since 1961 where state and national records have been set!

Below, you will find all the necessary information to complete your registration.

**New Swimmer Assessments:** If you are joining SST for the first time, you will need to be assessed to be placed in the correct practice group. Assessment opportunities can be scheduled by emailing Coach Thomas at [headcoach@sheridanswimteam.com](mailto:headcoach@sheridanswimteam.com)

### **New and Returning Swimmers:**

STEP 1: Go to the SST website: [www.sheridanswimteam.com](http://www.sheridanswimteam.com)

STEP 2: Click on the “2021 Long Course registration tab” (Short Course in August)

STEP 3: Scroll down to the bottom of the page and click “Continue or check status”. Follow the prompts to create an account.

STEP 4: Use your credit card or send in a check for the registration fee. (New only)

**T-Shirt & Swim Caps:** All new swimmers will receive an SST shirt and swim cap *annually at registration*. During the online registration, please be sure to select the swimmer’s current size choosing from Youth-Small, Youth-Medium, Youth-Large, Adult-Small, Adult-Medium, Adult Large, Adult-XL, or Adult-2XL.

## **SST AGE GROUP PROGRAM**

### **12 & UNDER SWIMMERS**

#### **AGE GROUP 1**

AG1 group is the first entry level group for young beginning swimmers (5-8 years old) who can swim 25 yards unassisted. Coaching focus is on teaching proper stroke technique in a fun team environment.

Two Practices Encouraged Per Week

#### **AGE GROUP 2**

AG2 is an entry level group that targets new swimmers (ages 8-12) and those advancing from AG1. These swimmers will have knowledge of three of the four competitive strokes and can perform a forward start from a block. Coaching focus is on providing feedback on proper technique and turns while having fun with teammates and mastering skills in fun and creative ways.

Three Practices Encouraged Per Week

#### **AGE GROUP 3**

AG3 is for advanced swimmers with competitive swimming experience. Swimmers are learning race strategies as well as increasing dryland emphasis. Swimmers are placed by coaches into these groups based on technical proficiency and training capability. Coaching focus is on technique and skill mastery while doing so at an accelerated training pace. Age Range 9-12 years.

Four Practices Encouraged Per Week

#### **PRE-SENIOR**

Pre-Senior is for swimmers of age 13 and older who need an additional level prior to moving from AG3 to Senior, for those who are late starters to swimming and for those with alternative commitments. Coaching focus is on technique and preparation for high school swimming.

Four Practices Encouraged Per Week

#### **SENIOR**

This program is for experienced 13-over swimmers moving into Senior swimming and preparing for State and Regional competition. Coaching focus remains on proper stroke technique and

developing endurance and speed. Mental strategies for swim meet competition are taught in order to maximize performance. Attendance should be 80% of practices unless approved by Coach.

Five Practices Encouraged Per Week

### **ELITE**

SST Elite group has an expectation that swimmers will commit to training that prepares them to perform at the Sectional and National levels. Attendance should be 80% of practices unless approved by Coach.

Six Practices Encouraged Per Week

### **FINANCIAL POLICIES**

1. **Option 1.** A non-refundable annual registration fee of \$100 goes towards payment for an athlete's USA Swimming registration, SST swim cap, and SST shirt. **Option 2.** Registration for USA Swim under a Flex Membership is \$40 and limits swimmer to 2 meets per year (USA Swimming has offered this for new swimmers or intermittent swimmers). For new members, this is paid at first registration. For returning swimmers, this is due by August 15 for short course season).

Swim Team fees for short course season are setup to be paid in full or in three installments.  
Installment 1 (due by Sep 15) Installment 2 (Oct 15) Installment 3 (Nov 15)

2. Swim Team fees for long course season are setup to be paid in full or in two installments.

Due by (April 15) – (May 15)

3. A \$25 late fee is automatically assessed if payments are not received by the last day of the installment month. Families paying by autopay are responsible for ensuring the transactions are successful.

Accounts 60 days past due: Swimmers are not eligible to participate in swim meets.

Accounts 90 days past due: Swimmers are not eligible to participate in practices.

4. All new swimmers joining the program after their 2-week trial period are responsible for dues starting in the month of their tryout. There is no 2-week trial for returning swimmers.
5. Sibling Discounts: Families receive \$70 discount for a second swimmer. Additional siblings (after two brothers and/or sisters) who join the program would be \$105 off the season fee per child. The highest level swimmer will pay the full dues amount while subsequent siblings in the family will receive the discount off annual dues.

6. Sheridan Swim Club members receive 15% off dues.
  
7. Swim meets are an additional expense. A \$20 travel fee is assessed per family that commits to a travel meets.

**EARLY TERMINATION OF YOUR PROGRAM CONTRACT**

Parents of swimmers who cease participation with the Sheridan Swim Team will be responsible for the committed payments for the season. Parents must contact their coach and the team president by the 15th of the month if discontinuing membership with the team. There are no refunds unless extenuating circumstances shared in a letter to the Board for approval.

<b>2021 Fees</b>				
<b>Long Course</b>	<b>Season Fee</b>	<b>Sheridan Swim Club Member Season Fee</b>	<b>2 Installments</b>	<b>Sheridan Swim Club Member 2 Installments</b>
Elite	\$535	\$455	\$280.88	\$238.88
Senior	\$460	\$391	\$241.50	\$205.28
Sr. Prep	\$410	\$349	\$215.25	\$183.23
Age Group 3	\$410	\$349	\$215.25	\$183.23
Age Group 2	\$360	\$306	\$189.00	\$160.65
Age Group 1	\$300	\$255	\$157.50	\$133.88
River Country Fees	\$150	\$150	n.a.	n.a.
Special Billing with Coach approval				
Fitness (Intended for only for AG3 and lower. Ages 12 and under)	\$330	\$281	\$173.25	\$147.53
Reduced Fee	n.a.	n.a.	\$60	\$60
*Sheridan Swim Club Discount around 15% is part of our contract				
*Fees are for the season, but can be paid in 2 Installments (April, May)				
*If paying installments, then a 5% administrative charge				
*Prorated with approval if you have a break for other sports/activities				

Long Course:\*\$40 discount will be applied to season fees for second child; \$60 for third and additional swimmers.

Short Course:\*\$70 discount will be applied to season fees for second child; \$105 for third and additional swimmers.