

# Summit Pool Schedule

November 1<sup>st</sup> -6<sup>th</sup>

November 1st - 6th						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
High School Girls: Swim 3:00 - 5:00 Weights 5:30 - 6:15 High School Boys: Swim 5:00-7:00	High School Boys: Swim 3:00 - 5:00 High School girls: 5:00 - 7:00 Weights 5:15 - 6:30 AM	High School Boys: Swim 3:00 - 5:00 High School Girls: 3:00 - 5:00 Weights NONE	High School Girls: Swim 3:00 - 5:00 High School Boys: 5:00 - 7:00 AM swim: 5:15 - 6:45	High School Boys: no practice High School Boys: no practice Weights NONE	NO PRACTICE  SCA MEET	
Blue: 3:00 - 5:00	Blue: 3:00 - 5:00 (5:45)	Blue: 5:15 - 6:45 AM 3:00 - 5:00 PM	Blue: (5:45 ) 6:30 - 8:15	Blue: no practice		
Red: 5:00 - 6:30 (4:30)	Red: 5:00 - 6:30	Red: 6:15 - 7:45	Red: 3:00 - 4:30 (5:15)	Red: no practice		
Yellow 5:00 -6:30 (7:15)	Yellow no practice	Yellow 5:00 -6:30 (7:15)	Yellow 5:00 -6:30	Yellow no practice		
Green: 6:30 - 7:45	Green: 6:30 - 7:45	Green: 5:00 - 6:15 (6:45)	Green: no practice	Green: no practice		
Exploration 1 5:00 - 6:00	Exploration 1 no practice	Exploration 1 5:00 - 6:00	Exploration 1 no practice	Exploration 1 no practice		
Exploration 2 6:00 - 7:00	Exploration 2 no practice	Exploration 2 6:00 - 7:00	Exploration 2 no practice	Exploration 2 no practice		
November 1st - 6th						