

November 22nd - 27th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior HPB (5:45) 6:30 - 8:30	Senior HPB 6:30 - 8:30	Senior HPB (5:45)6:30 - 8:30	Senior HPB no practice	Senior HPB 3:00 - 5:00 At Summit	Senior HPB 10:00 - 11:30 at Summit	
Gold 6:30 - 8:00	Gold (5:45) 6:30 - 8:00	Gold 6:30 - 8:00	Gold no practice	Gold no practice	Gold no practice	
Bronze 6:30 - 7:45	Bronze (6:00) 6:30 - 7:45	Bronze 6:30 - 7:45	Bronze no practice	Bronze no practice	Bronze no practice	
Silver 6:30 - 7:45	Silver (6:00) 6:30 - 7:45	Silver 6:30 - 7:45	Silver no practice	Silver no practice	Silver no practice	
Swim School no practice	Swim School 6:30 - 7:30	Swim School no practice	Swim School no practice	Swim School no practice	Swim School no practice	

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