

November 1st -6th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior HPB (5:45) 6:30 - 8:30	Senior HPB 6:30 - 8:30	Senior HPB (5:45)6:30 - 8:30	Senior HPB 6:30 - 8:30	Senior HPB 5:30 - 7:30	High School Combined 7:00 - 9:00 at Summit	
Gold 6:30 - 8:00	Gold (5:45) 6:30 - 8:00	Gold 6:30 - 8:00	Gold (5:45) 6:30 - 8:00	Gold 5:30 - 7:00	Middle School Combined 9:00 - 10:30 at Summit	
Bronze 6:30 - 7:45	Bronze (6:00) 6:30 - 7:45	Bronze no practice	Bronze (6:00)6:30 - 7:45	Bronze 5:30 - 6:45	Elementary Combined 10:30 - 12:00 at Summit	
Silver 6:30 - 7:45	Silver no practice	Silver (6:00) 6:30 - 7:45	Silver 6:30 - 7:45	Silver 5:30 - 6:45	Elementary Combined 10:30 - 12:00 at Summit	
Swim School no practice	Swim School 6:30 - 7:30	Swim School no practice	Swim School 6:30 - 7:30	Swim School no practice	Swim School no practice	

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