



Long Course (Spring/Summer) 2021 Season Information Packet

Thank you for your interest in Westfield Aquatics! Please read our Season information packet thoroughly. If you have further questions before registering, please send an email to contact@swimwestfield.org.

General Club Information

Where do we train?

Westfield Aquatics trains at the new Westfield Washington Schools Natatorium which contains a ten-lane, 50-meter pool. The new Natatorium is located at 851 E. 181st Street in Westfield, Indiana, just ½ mile west of Westfield High School. Swimmers enter in Door #2 (the west facing door). Due to current restrictions, parents are not allowed to stay for practices.

Practice Groups

We use a progressive multi-level team structure designed to challenge each swimmer's development physically and mentally. At each level, all swimmers are encouraged to achieve the objectives and goals set out by the swimmer and coach. This structure promotes long-term success and enjoyment of the sport of swimming. The coaching staff encourages parents to embrace the fact that each child is different and progresses at their own rate. All group assignments are made by the coaching staff after an evaluation session for new swimmers, or by evaluating the progression of current swimmers on the team.

Practice Schedules

Practice schedules can be found under the "2021 Spring/Summer Info" tab. The schedule for April through the end of the school year is posted. The summer schedule will be posted as soon as it becomes available.

Meet Schedule

The Long Course (Spring/Summer) meet schedule is listed under the "2021 Spring/Summer Info" tab. This schedule is subject to change due to current Covid-19 restrictions.

Block Scheduling

WA offers convenient Block Scheduling for swimmers ages 6-12 and/or in groups Developmental, Age Group 2 and Age Group 1.

The blocks are typically in 6-week segments allowing your swimmer to participate in other activities as well as swimming. WA feels that this offering allows a well-rounded approach to younger athletes' development. Additionally, you pay for each Block as you go, no long-term commitment.

Please see **Appendix A** for the Block schedule and related fees.

Developmental Group

(K-3rd grade), Ages 6-8

- Must swim 1 length of Freestyle and Backstroke to be eligible for team.
- Participation in local meets is recommended.

Age Group 2

(3-5th grade), Ages 8-10 (11 who turns 11 after Jan. 1st and/or is in 5th grade)

- (3rd grade), 8-year-old - must be a returning USA Swimming athlete or have summer league experience, must be proficient at Freestyle and Backstroke, and have working knowledge of all 4 strokes.
- (4-5th grade) 9-10-year-old - Must be able to swim 50 Freestyle and 25 Backstroke.
- (5th grade) 11-year-old - New to swimming. Must be able to swim 50 Freestyle and 25 Backstroke
- Participation in local meets is highly recommended.

Age Group 1

(4-7th grade), Ages 9-12

- (4th grade), 9-year-old - Must be a returning swimmer. Must have 6 divisional times or 9-10 Age Group State Qualifying times. Must be able to practice effectively in all 4 strokes, kick and IM.
- (5th grade), 10-year-old - Must be a returning swimmer. Must have divisional times. Must be able to practice effectively in all 4 strokes, kick and IM.
- (6-7th Grade) 11-12-year-old - Must be able to swim 100 Freestyle and 50 Backstroke to be eligible for the team.
- Participation in meets is a very important part of their continued development.

Costs associated with participation in the above groups can vary; however, you can plan on the following:

- **Block Training Fee (there are 2 blocks offered in Long Course):** flat fee for Block in which your swimmer participates. Included in your Block fee is the USA Swimming "Flex Membership" at \$20 per swimmer. This option is in lieu of the premium membership which is \$81. Flex Membership is year-round but limited in benefits. Flex Members are limited to two competitions in a calendar year AND are not allowed to swim in any championship level meets (i.e. Divisionals and above). This membership may be upgraded at any time throughout the year by payment of the additional registration fee of \$61.
- **Fundraising fee (NEW this year):** \$10 charge per block per athlete in lieu of fundraising activities.

- **Meet Entry Fees:** Swimmers are responsible for paying entry fees to all competitions in which they are entered. These fees vary depending on the type of competition and the number of events entered and generally range from \$30-\$60 per meet. Meet entry fees are determined by the host club and are automatically applied to your monthly bill and paid accordingly.
- **Family Discounts:**
 - Westfield Aquatics applies a \$15 discount per Block for the second swimmer in a family, a \$25 discount per Block for the third swimmer in a family, and a \$100 discount per Block for the fourth (and 5th, 6th, etc.) swimmer in a family.
 - Discounts are not applied to meet or fundraising fees.
- **Apparel Costs:** Westfield Aquatics requires all swimmers to compete in Westfield Aquatics competitive gear. This includes a Westfield Aquatics suit and cap for all competitors, male and female.
- **Equipment Costs:** Westfield Aquatics provides kickboards to our swimmers in the Developmental, AG2, and AG1 groups. The following groups have a list of recommended additional equipment.
- *Age Group 2:*
 - Fins (rubber)
 - Mesh bag (optional for storage/transport of fins)
- *Age Group 1:*
 - Fins (rubber)
 - Snorkel
 - Mesh Bag (optional for storage/transport of fins)

Please contact Elsmore Swim Shop (317-208-3000) to purchase team suits and equipment for your swimmer's group – just tell them what practice group your child is in, and they can make sure you get the right equipment.

Year-Round Swimming Options

WA offers year-round swimming for those swimmers who have either aged into these groups or who are competitively ready for increased training. Generally, we offer practice for these groups 6 days per week.

Age Group Elite

For Age Group Elite, there are two seasons, which comprise the entire year. Short Course (winter) and Long Course (Summer). Your swimmer may participate in one or both. When your swimmer commits to a season, you are committing to paying all training fees through the remainder of the season. After registering, we do not pro rate monthly fees or provide refunds for months when swimmers do not participate or miss practices.

Age Group Elite consists of 6-8th Grade, Ages 11-14 with the following requirements:

- (6th grade) 11-year-old - Must have a state qualifying time in the 11-12 age group or 4 or more times in the 9-10 age group if moving into 11-12 age group in the current season. Must be able

to train all 4 strokes, kick, IM and for the 500 Freestyle. Must be able to train 8x100 Freestyle on 1:40; 6x100 IM on 1:50; 6x100 kick 2:00.

- (6-7th Grade) 12-year-old - Must have 6 or more Divisional Qualifying times and be able to train all 4 strokes, kick, IM and for the 500 Freestyle. Must be able to train 8x100 Freestyle on 1:40; 6x100 IM on 1:50; 6x100 kick 2:00.
- (7th grade) 13-year-old - Must have Divisional Qualifying times and be able to train all 4 strokes, kick, IM and for the 500 Freestyle. Must be able to train 8x100 Freestyle on 1:40; 6x100 IM on 1:50; 6x100 kick 2:00.
- (8th grade) 13-14-years-old - Must be able to swim 200 Freestyle and 100 Backstroke to be eligible for the team.
- Participation in Meets is critical for the continued development.

Senior Group

Senior Group consists of High School Freshman and older. All swimmers in this group must be able to meet the physical demands and times of the Senior Practices and all swimmers are expected to compete in meets.

Costs associated with participation in these two groups can vary; however, you can plan on the following:

- **Registration Fees:** \$140 for each swimmer (NEW to the club: Age Group Elite and Seniors ONLY)
Included in this fee:
 - USA *Swimming Registration* (approx. \$40) which includes secondary accident insurance, eligibility to enter swim meets, bi-monthly issues of *Splash* magazine, eligibility to participate in USA Swimming and Indiana Swimming programs such as camps.
 - A Westfield Aquatics team shirt and swim cap.
 - A Westfield Washington Schools' facility usage fees required to be paid by Westfield Aquatics.
- **Training/Practice Fees:** These fees vary by group.
- **Fundraising fee (NEW this year):** \$40 for the Long Course season which is charged in lieu of fundraising activities per athlete.
- **Meet Entry Fees:** Swimmers are responsible for paying entry fees to all competitions in which they are entered. These fees vary depending on the type of competition and the number of events entered and generally range from \$30-\$60 per meet. Meet entry fees are determined by the host club and are automatically applied to your monthly bill and paid accordingly.
- **Discounts for Senior and Elite:**
 - Westfield Aquatics applies a 15% discount in training fees for the second swimmer in Senior or Elite, a 30% discount in training fees for the third swimmer in Senior or Elite, and a 100% discount in training fees for the fourth or more swimmers in Senior or Elite.
 - Discounts are applied from the highest-fee group to the lowest-fee group. Discounts are not applied to registration, meet, or fundraising fees.
- **Apparel Costs:** Westfield Aquatics requires all swimmers to compete in Westfield Aquatics competitive gear. This includes a Westfield Aquatics suit and cap for all competitors, male and female.

- **Equipment Costs:**
 - Age Group Elite:
 - Fins (rubber)
 - Snorkel
 - Mesh Bag
 - Speedo Tech Paddles
 - Pull Buoy
 - Kickboard
 - Senior Group:
 - Fins (rubber)
 - Snorkel
 - Mesh Bag
 - Speedo Tech Paddles
 - Pull Buoy
 - Kickboard
 - Tempo Trainer

Please contact Elsmore Swim Shop (317-208-3000) to purchase team suits and equipment for your swimmer’s group – just tell them what practice group your child is in, and they can make sure you get the right equipment.

College Age Athletes (SUMMER ONLY)

This group is for athletes who are returning home for the summer who wish to stay in shape (NOT graduating high school seniors). They will be able to swim at the “Senior Group” practices.

Attendance

Westfield Aquatics does not have a set attendance policy. As with most athletic activities, competition will improve as practice time increases. Your coaching staff spends a great deal of time preparing a practice schedule that caters to the variety of ages and ability levels. The coaching staff will take attendance daily so that the progress of each swimmer can be tracked. For those swimmers in Age Group Elite and Senior we recommend an 80% attendance rate for the optimal performance.

Training Fees and Payment Schedule (AGelite & Seniors ONLY)

The monthly training fees for the 2021 Long Course season are at the same rates as the 20/21 Short Course season. **Because we are a not-for-profit organization, members are also charged the credit card processing fee, 2.95% + \$0.30 currently or \$1.25 for ACH transactions.** ACH (via checking account) is available for recurring fees NOT one time fees such as registration or Block fees. For example, your registration or Block fee is due immediately so a credit card is needed, but for recurring training fees, meet and/or apparel fees those could be set up with the ACH method which is only run on the 1st of the month. There are **two** payment options (see the following schedules):

- **Option #1: Monthly Payment Plan:**

- **For the Senior group only:** if you signed up for the monthly payment plan in the Fall (i.e. the “6 payment” plan-Oct, Nov, Mar, May, Jun, and July), you will continue to pay monthly fees through July. The summer fees are the same monthly charges.
- **NEW** Senior Swimmers will be charged a seasonal registration fee, \$140 + the \$40 fundraising fee in addition to the training fees.
- **Returning Age Group Elite Swimmers only:** you have the option to continue your membership through the Long Course (Spring/Summer) season. You will NOT pay registration or fundraising fees again, but **you will need to register again.**
- **NEW** Age Group Elite Swimmers will be charged a seasonal registration fee, \$140 + the \$40 fundraising fee in addition to the training fees.

Monthly Training Fee Payment Schedule—Spring/Summer 2021

First Swimmer	MAY	JUN	JUL
Full Price			
Age Group Elite	170	170	170
Senior	225	225	225
Second Swimmer	MAY	JUN	JUL
15% Discount			
Age Group Elite	145	145	145
Senior	191	191	191
Third Swimmer	MAY	JUN	JUL
30% Discount			
Age Group Elite	119	119	119
Senior	158	158	158

- **Option #2: One-Time Payment Plan; 2 payment option for Seniors only:**

- Members may opt to pay their training fees in a one-time payment for the season. Payment is due May 1, 2021 for the Long Course season for Age Group Elite and are processed via our online payment system.
- Members who choose this plan receive a **5% discount** on training fees.
- **Senior swimmers (High School Age) who elected (in the Fall) to have two payments for an entire year will be charged for the 2nd payment on May 1, 2021.**

One-Time Training Fee Payment Schedule—Spring/Summer 2021

Group:	Due May 1st, for Swimmer #:			
	1st	2nd	3 rd	4th+
Age Group Elite	485	412	340	0
Senior	641	545	449	0

Joining After the Start of the Season:

Any member joining on or before April 30, 2021 may choose either of the following options:

- **Monthly**--You will pay your registration & fundraising fees (if NEW swimmer) at sign-up (online), and your remaining training fees as they come due on the first of each month.
- **One-Time Payment**--You will pay your registration & fundraising fees (if NEW swimmer) at sign-up (online), and prorated training fees, which will be applied automatically to your Westfield Aquatics account on the next first of the month after your sign-up.
- *Any member joining on or after May 1, 2021—you will pay your registration and fundraising fees and you must pay a one-time pro-rated sum for training fees.*

Summer training for returning College students ONLY: a one-time payment of \$235 includes a Seasonal USA Swimming membership. Please click on the button on the website that says “College Student Registration” to get signed up for this program. This program is available May through July. **Please note as an adult athlete (18 yrs and over), you are required to complete Athlete Protection Training (APT) annually. Upon sign up, you will be provided a link on the USA Swimming website to complete this training. If you have completed this training in the past, you will need to “renew” the training.**

Online Payment: Automated Payment Processing

- Westfield Aquatics families must pay all training fees and charges online with a VISA, MasterCard, or Discover, or through Automated Bank Withdrawal (ACH). When you register you have the option to set this up, or you can set this up through your online Westfield Aquatics website account (once you log in, click “Set up Auto Pay”). All meet and training fees (as well as incidentals or fines, if necessary) will be run through our website. Please talk to a Westfield Aquatics Board Member if you have questions regarding this policy, or email manager@swimwestfield.org.
- Our automated payment system will tell you when your payment information needs to be updated. When your card expires, or you get a new card sent to you by your bank, please be sure to update your Information in our system to keep our billing system running smoothly.

We offer two payment schedules as a *convenience* to our members—but your completed registration through our team website is your indication that you intend to pay your dues in full. There are two exceptions to this rule:

- **New members (AGElite & Seniors only):** New members are swimmers who have never been with Westfield Aquatics. New Members are granted a two-week trial period. If, during your two week trial period, you cancel your membership, Westfield Aquatics will retain \$100 of your registration fees to cover our costs. WA will refund the balance of the registration fees you paid and you will be released from all further financial obligations.

- **Injury/Illness (AGELite & Seniors only):** Should a swimmer suffer an injury or illness that prevents him/her from practicing, the Club will refund or credit to the swimmer's account a prorated portion of the season minus a \$50 handling fee.
 - *Requirements are:*
 1. *a signed doctor's note,*
 2. *unable to practice for more than ½ of the season, and*
 3. *request must be made in writing to the Head Coach before the season in question is over.*

If you have any other billing questions, please contact manager@swimwestfield.org.

Scholarship Opportunities

Scholarship Program: Westfield Aquatics offers a scholarship program with reduced fees for families that qualify financially. More information is available on the website under the "Club Team" tab, including a form to be turned in to the Board. Contact manager@swimwestfield.org for more information.

Your Commitment to Westfield Aquatics

Financial Commitment:

When you join Westfield Aquatics, please keep in mind that you are committing timely payment of your dues through our automatic payment system. Your child may not participate in any Westfield Aquatics practices until you have entered your payment information online through our website. If, for some reason (such as an expired credit card or inaccurate payment information), payment is not made on the first of the month in which it is due, your swimmer may not participate in Westfield Aquatics practices until an updated payment method is added. Please contact manager@swimwestfield.org so that a manual payment may be processed.

Volunteer Commitment:

While we strive to be fair and balanced in our volunteer commitments, our opportunities to volunteer have been limited in the past. That will not be the case moving forward with the new pool.

Due to these new opportunities and exceptionally poor club participation, WA has eliminated the Swim-A-Thon and replaced it with a flat "fundraising" fee, which is set forth above in the fees section.

Currently, we have three hosted meet opportunities that are known for 2021. Those are the **Tyr Pro Swim meet**, May 12-15, 2021 at IUPUI, **Club hosted Invite**, June 26-27, 2021, and the **Westfield Neighborhood Swim League Championship**, June 30, 2021, both meets will be at the Westfield Washington Schools Natatorium.

Staffing these meets provides our team valuable experience prior to be able to host meets on our own at the new pool. If other volunteering opportunities arise, the Board will communicate the opportunities as soon as they are known. Each family whose swimmer swims in more than one Block or who is in the Senior or Elite

Group is required to volunteer at **EVERY** volunteer event/meet moving forward, whether your swimmer is swimming at the time or not. This will ensure that we have adequate volunteers at each event.

If you wish to become a swim official please contact manager@swimwestfield.org and she will discuss with you how to do so and whether you can meet your volunteer requirements by working meets as an official. Currently, there are no clinics being offered at this time due to Covid-19. Once this restriction has been lifted, an email will go out to the membership seeking interested parties.

Families who are unable or unwilling to honor this commitment will be assessed a **\$100.00 penalty per session per event not worked. We would much rather have your time than your money, please volunteer.**

Website

Please check www.swimwestfield.org for current important club information. Your coach can answer questions regarding meet requirements.

How to Register for the Team:

To register your swimmer(s), please go to: www.swimwestfield.org on or after March 29, 2021. Click the appropriate *Registration* button (Senior & Age Group Elite **OR** Block **OR** College Student) and follow the directions. **For additional instructions, please see Appendix B.**

Parent Checklist!

Please use this list to help ensure that you get your child ready for the season.

Before your child's first practice, please make sure to do the following:

(1) Register online at www.swimwestfield.org. Click the appropriate *Registration* button (Senior & Age Group Elite **OR** Block **OR** College Student) and follow the online instructions. Please be sure to use a contact email for your account that you check often.

Done!

(2) Set up some form of automatic payment through our team website. This will allow us too consistently and accurately bill your account on the first of each month. You may use a credit card or bank account for this secure payment system.

Done!

(3) If you are transferring from another USA Swimming team, please submit the IN Swimming Transfer Form. The form is available in electronic format on our website under "2021 Spring/Summer Info". Once you have filled out the form, email it to manager@swimwestfield.org. If you are unsure when your child's last meets were with their previous team—we can help you with that information!

Done!

By the end of your child's second week at practice, please make sure to do the following:

(1) Submit a proof of identification/age for your child (only if you are **brand new** to swimming or if you have never submitted it previously). Information regarding acceptable forms is available in electronic format on our website under "2021 Spring/Summer Info". Please photocopy the relevant information (usually a birth certificate, passport, a letter from school, or driver's license), and email the scanned copy to manager@swimwestfield.org.

Done!

(2) Order the equipment and team suit needed for your child's practice group. You can order over the phone (317-208-3000) with Elsmore Swim shop.

Done!

APPENDIX A



2021 WA Summer Session Blocks and Group Fees for Developmental, Age Group 2 and Age Group 1

	Session 5 Apr 12- May 22**	Session 6 Jun 7- Jul 17**
1st Swimmer		
Developmental	\$170	\$170
Age Group 2	\$195	\$195
Age Group 1	\$220	\$220
2nd Swimmer		
Developmental	\$155	\$155
Age Group 2	\$180	\$180
Age Group 1	\$205	\$205
3rd Swimmer		
Developmental	\$145	\$145
Age Group 2	\$170	\$170
Age Group 1	\$195	\$195
4th (5th, 6th...) Swimmer		
Developmental	\$70	\$70
Age Group 2	\$95	\$95
Age Group 1	\$120	\$120
Discount:		
2nd swimmer	\$15	
3rd swimmer	\$25	
4th (and beyond)	\$100	

ALL BLOCKS ARE SUBJECT TO CHANGE. We will adjust if needed by circumstances to maximize what we can offer each block.

NOTE: in addition to the above fees, a credit card processing fee, currently 2.95% + \$0.30, will be charged.

****FUNDRAISING FEE (NEW):** a \$10 fee is included in the above cost. This fee is incurred per each athlete per each Block.

APPENDIX B

Registration Instructions

Step 1: Click on the appropriate *Registration* button in the middle of the Home page.

Step 2a: IF you have an **Age Group Elite swimmer**, click on the button that says "Age Group Elite & Senior Registration".

OR

Step 2b: IF you have a NEW TO THE CLUB **Senior swimmer**, click on the button that says "Age Group Elite & Senior Registration". Please note that if you have a Senior swimmer that has been swimming in short course, you have already committed to swimming long course and as such you do NOT need to register again.

OR

Step 2c: IF you have a **Developmental, Age Group 1 or Age Group 2 swimmer**, click on the button that says "Spring Block #5". You can NOT sign up for any additional Blocks at this time.

OR

Step 2d: If you have a **College Student**, click on the button that says "College Student Registration".

Follow the instructions. At the end, you will be charged either the registration and fundraising fees, \$140 and \$40, respectively, for AGElite & Seniors OR the Block fee which varies depending on the group you selected OR \$235 for the College Student program.

IF you have an older swimmer (i.e. AGElite or Senior) AND a younger swimmer (Developmental, AG1, or AG2), you will need to complete BOTH registrations.

If you have any questions or need help, please call Traci at **(317) 660-2409 Ext 3** or email manager@swimwestfield.org

Thank you in advance for your patience with the registration process.