

Westfield Aquatics Practice Schedule Long Course 2021 April and May

Westfield High School Aquatic Center

Practice Schedule April 12 through June 2 (end of school year)

Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior	6:15-7:45 am 4:00-6:00 sw, 6-7 dry at HS	off 4:00-6:00 sw	6:15-7:45 am 4:00-6:00 sw, 6-7 dry (HS)	off 4:00-6:00 sw	6:15-7:45 am 4:00-6:00 pm	7:00-10:00 am dry&sw
Age Group Elite	off 4:00-6:00 pm	off 4:00-5:45 sw, 5:45-6:30 dry	off 4:00-6:00 pm	off 4:00-5:30 sw, 5:30-6:30 dry	off 4:00-6:00 pm	7:00-9:00 swim 9-10 dry
Age Group 1	5:30-6:00 Dry 6:00-7:15 pm swim	6:00-7:30 Swim	6:00-7:30 sw	6:00-7:30 Swim	5:30-6:00pm dry 6:00-7:30pm swim	9:00-10:30 am sw
Age Group 2	6:45-7:45	6:30-7:30 pm	6:45-7:45	off	off	10:30-11:30 sw
Developmental	6:00-6:45	off	6:00-6:45	6:30-7:15 pm	off	10:45-11:30 swim

*Practice schedules may change slightly due to staffing.