

## **What is USA Swimming?**

### **USA Swimming Headquarters**

USA Swimming Headquarters provides a variety of services and programs for its membership. Among the many services are publications, educational programs, fund-raising activities, sports medicine programs, resources and general information about swimming related activities. USA Swimming staff are available to assist you in answering questions or providing additional information about USA Swimming.

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### **Background**

USA Swimming is the National Governing Body for competitive swimming in the United States. USA Swimming was conceived in 1978 with the passage of the Amateur Sports Act which specified that all Olympic sports would be administered independently. Prior to this act, USA Swimming was the Competitive Swimming Committee of the Amateur Athletic Union (AAU) located in Indianapolis, Indiana. USA Swimming Headquarters office was established in Colorado Springs, Colorado, in 1981 and is located at the Olympic Training Center.

As the National Governing Body for the sport, USA Swimming is responsible for the conduct and administration of swimming in the United States. In this capacity, USA Swimming formulates the rules, implements the policies and procedures, conducts the national championships, disseminates safety and sports medicine information and selects athletes to represent the United States in international competition.

### **USA Swimming Mission Statement**

USA Swimming is the National Governing Body for the sport of swimming. We administer competitive swimming in accordance with the Amateur Sports Act. We provide programs and services for our members, supporters, affiliates and the interested public. We value these members of the swimming community, and the staff and volunteers who serve them. We are committed to excellence and the improvement of our sport.

### **USA Swimming Vision Statement**

To inspire and enable our members to achieve excellence in the sport of swimming and in life.

### **USA Swimming Core Objectives**

**Build** the base  
**Promote** the sport

**Achieve** competitive success

## How Is USA Swimming Organized?

**International** - The international federation for the aquatic sports is the Federation Internationale de Natation Amateur (FINA). USA Swimming is affiliated with FINA through United States Aquatic Sports (USAS), made up of the four aquatic sports – swimming, synchronized swimming, diving and water polo.

**National** - USA Swimming is a Group A member of the United States Olympic Committee (USOC) and has voting representation in the USOC House of Delegates.

**Zone** - We are divided into four separate zones – central, eastern, southern and western. Each zone elects two representatives to the national Board of Directors.

[Map of the zones](#)

**Local** - Within the United States, there are fifty-nine (59) Local Swimming Committees (LSCs). Each LSC is responsible for administering USA Swimming activities in a defined geographical area and has its own set of bylaws under which it operates. A House of Delegates with representation of athletes, coaches, members of the Board of Directors and clubs is responsible for managing the business affairs of the LSC.

## How USA Swimming Operates

USA Swimming is a non-profit organization made up of very dedicated volunteers and support staff. Interested volunteers donate their time, energy and expertise at every level from the national Board of Directors to the local swimming clubs. There are over 30 standing committees. Staff liaisons, along with these committees, create, implement and evaluate USA Swimming programs. The House of Delegates meets annually to determine the rules and regulations for the following year. Between yearly meetings of the House of Delegates, an elected USA Swimming Board of Directors is charged with the responsibility of making decisions for USA Swimming. A support staff at Headquarters in Colorado Springs implements the policies and provides service to members.