

King Aquatic Club Covid Action Plan

1. Notify Covid Coordinator of any situation regarding a potential exposure (contact information below)
2. Immediately quarantine athlete or coach and schedule a Covid test. Covid Coordinator will contact exposed athlete and family to obtain details about an exposure. As previously stated, the athlete is held out of practice until allowed until a negative test has been obtained.
3. Covid Coordinator will immediately and anonymously notify training group, coach, and head coach of the situation and begin tabulating a report. Depending on the incident, the athlete's group will train with caution or cancel practices entirely. This is based on how and when the athlete was exposed and if they have received a test.
4. *If the test results in a negative:* a second negative is encouraged in some situations, such as an immediate family member who tests positive, but the athlete may return to practice upon submitting a negative test.
5. *If test results in a positive:* positive-tested athlete is automatically out for 14 days from the test collection date. Any athlete that trained with the positive-tested athlete must quarantine and either take a test OR choose to self-quarantine for 14 days from the last practice with the positive-tested athlete. We rely on detailed attendance documents for contact tracing and when developing a timeline. This timeline will be present communicated in a timely fashion (within 2 hours of report of a positive test) to membership while maintaining athlete anonymity.
6. Regular practices resume 14 days from the last practice. If athletes submit a negative test taken 5 days from their last practice with the positive-tested athlete, they may resume training as soon as a week after the exposure date.

To report a Covid Exposure or Covid Positive test, please email and/or call Covid Coordinator & Coach Becca Kawaoka at bkawaoka@kingaquaticclub.com | 815-713-8020