**SANCTION:** KYSCXXXX This meet is sanctioned by USA Swimming and Kentucky Swimming

**LOCATION:** Mary T. Meagher Aquatic Center

201 Reservoir Avenue

Louisville, KY 40206

**FACILITY:** The facility consists of an 11 lane, 25-yard indoor competition pool ranging in depth from 5 to 12 feet. Eleven lanes will be used for competition. The competition course has 8-foot wide lanes marked by continuous lane lines and Paragon starting blocks. An additional 11 lane 25 meter indoor pool is available for continuous warm-up / warm-down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**RULES:** Current USA Swimming and Kentucky Swimming rules will govern this meet. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

All coaches, on arrival for each session, must show his/her USA coach’s Card for admittance and in order to receive the team’s coach packet. The Meet Referee has the right to ask for coach credential and deny access if coaches do not comply or the card is no longer valid/current.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms.

**MEET FORMAT:** Pre-seeded, timed finals meet for all events.

The 11-12 500 Free, 13-14 400 IM, 500 Free and the Senior 400 IM, 500 Freestyle will be deck seeded. These events will be limited to a maximum of four (4) heats per event. The Open 1000 Free will be limited to a maximum of 8 heats total combined men and women. At the discretion of the Meet Referee, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits.

**POSITIVE CHECK-IN:** All events 400 yards and longer will require positive check-in 45 minutes before the beginning of the session in which the event is to be swum. Check-in sheets will be located behind the head table. No other events need to be checked in.

**SPECTATORS:** Spectator admission will be free, with heat sheets provided free electronically.

**MEET SCHEDULE:** Meet host will notify teams of exact warm-up times, once all entries are in and a time-line has been developed.

Friday PM Session

Warm-up @ 4:30 – 5:20pm Meet Starts @ 5:30pm

Saturday AM Session

Warm-up @ 7:00 – 7:50am Meet Starts @ 8:00am

Saturday Mid-Day Session (8-under)

Warm-up 30 minutes after AM session but not before 11:30am

Meet Starts 45 minutes later

Saturday PM Session

Warm-up @ 2:00 – 2:50pm Meet Starts @ 3:00pm

Sunday AM Session

Warm-up @ 7:00 – 7:50am Meet Starts @ 8:00am

Sunday PM Session

Warm-up 30 minutes after AM session but not before 11:30am

Meet Starts 60 minutes later

**COACHES MEETING:**  If a coaches meeting is deemed necessary, the Meet Director or Meet Referee will provide information regarding time and location.

**OFFICIALS:** The Lakeside Swim Team welcomes the assistance of any visitor who would like to serve as an official. Please contact the Meet Referee or sign up in advance on the KYLSC website www.kylsc.org

There will be an officials meeting 45 minutes prior to the start of each session.

**HOSPITALITY:** There will be a hospitality room open to coaches and officials throughout the meet.

**MEET DIRECTOR:** Renee Thiesing

[lksmeetmanager@gmail.com](mailto:lksmeetmanager@gmail.com)

**MEET REFEREE:** Brent Runkle

502.807.3314

[brentrunkle@gmail.com](mailto:brentrunkle@gmail.com)

**ENTRY CHAIR:** Mike DeBoor

[deboor@lakesideseahawks.org](mailto:deboor@lakesideseahawks.org)

**FINAL RESULTS:** Final result files will be posted to the KYLSC website.

**AWARDS:**

13-14 and Open: No individual awards.

12 & Under: Ribbons will be awarded 1st through 10th for individual events.

6 & unders will swim with the 8 & unders but will be scored separate.

Awards will be available behind the head table at the end of each session

**\*Awards will not be mailed\***

**SCORING:** All age groups will score top 10 for individual events.

**CLERK OF COURSE:** No clerk of course will be provided.

**ELIGIBILITY:** Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming “open border” policy. Age is as of the first day of the meet, October 12, 2018.

**ENTRY PROCEDURE:** The entry deadline is Monday, October 1, 2018.

Please submit Commlink file by e-mail to [deboor@lakesideseahawks.org](mailto:deboor@lakesideseahawks.org). Team Waiver should be mailed with payment to:

Lakeside Swim Team

1928 Woodbourne Ave.

Louisville, KY 40205

If you have any questions or want additional information, please call the Swim Team office at (502)451-4333.

**ENTRY LIMITS:** The Meet Host has the right to limit the meet to 700 swimmers. Swimmers may compete in four individual events on Friday and five individual events per day on Saturday and Sunday. If a swimmer is entered in more than maximum number if individual events for that day and does not scratch down by the deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds for swimmers entered in more events than permitted.

**ENTRY FEES:**

$5.50 Commlink entry per individual event

$7.00 written entry per individual event

$2.50 per swimmer KYLSC surcharge

$11.00 per swimmer Facility Fee

**DECK ENTRIES:** Deck entries will be accepted at the discretion of the Meet Director and Meet Referee. Only events with open lanes will be filled. NO heats will be added. Deck entries will cost $10.00 per event.

**ORDER OF EVENTS**

**Friday, October 12**

**Warm-up: 4:30 pm Meet Start: 5:30 pm**

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 1 | 13&Over 50 Backstroke | 2 |
| 3 | 13&Over 50 Breaststroke | 4 |
| 5 | Open 1000 Freestyle \*\* (First two heats) | 6 |
| 7 | 13&Over 50 Butterfly | 8 |
| 5 | Open 1000 Freestyle \*\* (Final two heats) | 6 |

**Saturday AM, October 13 Sunday AM, October 14**

**Warm-up: 7:00 am Meet Start: 8:00 am Warm-up: 7:00 am Meet Start: 8:00 am**

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 71 | 9-10 100 Freestyle | 72 |
| 73 | 11-12 100 Freestyle | 74 |
| 75 | 9-10 50 Backstroke | 76 |
| 77 | 11-12 50 Backstroke | 78 |
| 79 | 9-10 100 Breaststroke | 80 |
| 81 | 11-12 100 Breaststroke | 82 |
| 83 | 9-10 50 Butterfly | 84 |
| 85 | 11-12 50 Butterfly | 86 |
| 87 | 9-10 200 Freestyle | 88 |
| 89 | 11-12 500 Freestyle \* | 90 |

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 9 | 11-12 200 Freestyle | 10 |
| 11 | 9-10 100 Butterfly | 12 |
| 13 | 11-12 100 Butterfly | 14 |
| 15 | 9-10 50 Breaststroke | 16 |
| 17 | 11-12 50 Breaststroke | 18 |
| 19 | 9-10 200 I.M. | 20 |
| 21 | 11-12 200 I.M. | 22 |
| 23 | 9-10 50 Freestyle | 24 |
| 25 | 11-12 50 Freestyle | 26 |
| 27 | 9-10 100 Backstroke | 28 |
| 29 | 11-12 100 Backstroke | 30 |

**Saturday Mid-Day, October 13**

**Warm-up: not before 11:30 am Meet Start: not before 12:15 pm**

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 31 | 8-under 25 Breaststroke | 32 |
| 33 | 8-under 50 Freestyle | 34 |
| 35 | 8-under 25 Butterfly | 36 |
| 37 | 8-under 50 Backstroke | 38 |
| 39 | 8-under 25 Freestyle | 40 |
| 41 | 8-under 50 Breaststroke | 42 |
| 43 | 8-under 25 Backstroke | 44 |
| 45 | 8-under 50 Butterfly | 46 |

**Saturday PM, October 13 Sunday PM, October 14**

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 91 | 13-14 100 Breaststroke | 92 |
| 93 | Senior 100 Breaststroke | 94 |
| 95 | 13-14 200 Butterfly | 96 |
| 97 | Senior 200 Butterfly | 98 |
| 99 | 13-14 100 Freestyle | 100 |
| 101 | Senior 100 Freestyle | 102 |
| 103 | 13-14 200 I.M. | 104 |
| 105 | Senior 200 I.M. | 106 |
| 107 | 13-14 100 Backstroke | 108 |
| 109 | Senior 100 Backstroke | 110 |
| 111 | 13-14 500 Freestyle \* | 112 |
| 113 | Senior 500 Freestyle \* | 114 |

**Warm-up: 2:00 pm Warm-up: not before 11:30 am**

**Meet Start: 3:00 pm Meet Start: not before 12:30 pm**

|  |  |  |
| --- | --- | --- |
| **Girls Event #** | **Event** | **Boys Event #** |
| 47 | 13-14 200 Freestyle | 48 |
| 49 | Senior 200 Freestyle | 50 |
| 51 | 13-14 100 Butterfly | 52 |
| 53 | Senior 100 Butterfly | 54 |
| 55 | 13-14 200 Breaststroke | 56 |
| 57 | Senior 200 Breaststroke | 58 |
| 59 | 13-14 50 Freestyle | 60 |
| 61 | Senior 50 Freestyle | 62 |
| 63 | 13-14 200 Backstroke | 64 |
| 65 | Senior 200 Backstroke | 66 |
| 67 | 13-14 400 I.M.\* | 68 |
| 69 | Senior 400 I.M.\* | 70 |

\*These events will be limited to a maximum of 4 heats per event. At the discretion of the Referee and the Meet Director, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits. \*\* These events will be swum fastest to slowest.

**WAIVER:** In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against United States Swimming (USAS), the Kentucky Local Swim Committee of USAS, the Lakeside Swim Team and their staff, for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SIGNATURE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ POSITION\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ENTRY PERSON \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-MAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TEAM \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ TEAM CODE\_\_\_\_\_\_\_\_\_\_\_\_\_

TEAM ADDRESS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CITY\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ STATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_ ZIP\_\_\_\_\_\_\_\_\_\_\_\_

PHONE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ FAX \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**RECAP OF ENTRIES:**

\_\_\_\_\_\_\_ Individual Events x $5.50 each COMMLINK = $\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ Individual Events x $7.00 each WRITTEN = $\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ Swimmers (Facility Fee & KYLSC) x $13.50 each = $\_\_\_\_\_\_\_\_\_

TOTAL DUE = $\_\_\_\_\_\_\_\_\_

Make checks payable to Lakeside Swim Team, and mail to:

Lakeside Swim Team

1928 Woodbourne Ave

Louisville, KY 40205

(502) 451-4333

**JACK THOMPSON**

Our swim meet is named “The Jack Thompson Fall Classic” to honor a man who has been connected with Lakeside swimming for over fifty years. In 1942 he and his wife, Roma, became swimming parents, helping run meets and chaperoning trips. In 1949 he became Manager of Lakeside Swim Club. In 1951 the team had very few swim team members and no money for a coach, and he was asked to assume the responsibility on a part-time basis. Mr. Thompson, better known as “Mr. Lakeside,” remained Manager or Assistant Manager of Lakeside until 1980.

During that time he served on the Kentucky High School Committee from 1955 until 1992. Mr. Thompson managed the Kentucky High School swimming championships for fifteen years and the Jefferson County Region Championships from their beginning until 1989.

In 1976 Mr. Thompson started the Lakeside Masters swim Team and in 1980 was instrumental in forming the Local Masters Swim Committee of United States Masters Swimming.

Mr. Thompson was one of fifteen elected to the Dawahare Kentucky High School Athletic Association Hall of Fame in March of 1990 and one of only five elected to the National American Athletic Union Hall of Fame in September of 1990. Many of his swimming credentials helped him receive these honors.