

SANCTION: This meet is sanctioned by USA Swimming and Kentucky Swimming KYSC22-LAK02

LOCATION: Clear Creek Family Activity Center 717 Burks Branch Road Shelbyville, KY 40065

FACILITY: The Clear Creek Family Activity Center pool is an 8-lane, 25 yard indoor pool with competitor non-turbulent lane lines, a Colorado Time Systems Automatic Timing System with an eight (8)-Line scoreboard. The pool depth at the shallow end is 4 feet and the depth at the deep end is 11 feet. The competition course has been certified in accordance with 104.2.2C (4). Copy of such certification is on file with USA Swimming. There is poolside, bleacher seating available for 210 parents and spectators, including handicap seating. Team areas are setup in the gym. Each team is asked to respectfully monitor their area and keep it clean.

There is no outside food or coolers allowed into Clear Creek Family Activity Center. A full service Concession area is available.

- Food and Drinks are not permitted in the gym
- Drinks are permitted on the pool-deck
- Swimmers may eat in the concession area, between the pool and gym
- No Glass is permitted on the pool-deck
- Swimmers are not permitted in the weight room or on the running track
- Smoking or Alcoholic beverages are not permitted in the Clear Creek Family Activity Center

COVID-19: We have taken enhanced health and safety measures for the swimmers, coaches, volunteers, spectators and other meet workers. You must follow all posted instructions while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

Neither USA Swimming, Inc. nor Kentucky Swimming, Inc., can prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Thus, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Permitting a swimmer to attend this meet constitutes a representation by that swimmer's parent or guardian that the swimmer has not been tested positive for COVID-19 in the two weeks preceding the meet, that the swimmer has not been in close proximity to any person who has tested positive for



COVID-19 in the two weeks preceding the meet, and that the swimmer is not exhibiting any signs of illness.

RULES: Current USA Swimming and Kentucky Swimming rules will govern this meet. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches, on arrival for each session, must show his/her USA coach's Card for admittance and in order to receive the team's coach packet. The Meet Referee has the right to ask for coach credential and deny access if coaches do not comply or the card is no longer valid/current.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

MEET FORMAT: Pre-seeded, timed finals meet for all events.

The 10-11 500 Free, 12-13 400 IM, 500 Free and the 14-over 400 IM, 500 Freestyle will be deck seeded. These events will be limited to a maximum of three (3) heats per event. At the discretion of the Meet Referee, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits.

POSITIVE CHECK-IN: All events 400 yards and longer will require positive check-in 45 minutes before the beginning of the session in which the event is to be swum. Check-in sheets will be located behind the head table. No other events need to be checked in.



SPECTATORS: Spectator admission will be free, with heat sheets provided free electronically.

MEET SCHEDULE: The meet host reserves the right to adjust or combine sessions based on time lines and the number of athletes submitting entries. Meet host will notify entrants of any changes, prior to the meet.

Saturday AM Session Warm-up @ 8:00 – 8:50am Meet Starts @ 9:00am Saturday PM Session Warm-up @ 1:00 – 1:50pm Meet Starts @ 2:00pm Sunday AM Session Warm-up @ 8:00 – 8:50am Meet Starts @ 9:00am Sunday PM Session Warm-up @ 1:00 – 1:50pm Meet Starts @ 2:00pm

There will be an OPEN warm-up for all swimmers. When all entries have been received a timeline will be run and warm-up times may be adjusted. Teams will be notified by e-mail ASAP of any changes.

COACHES MEETING: If a coaches meeting is deemed necessary, the Meet Director or Meet Referee will provide information regarding time and location.

OFFICIALS: The Lakeside Swim Team welcomes the assistance of any visitor who would like to serve as an official. Please contact the Meet Referee or sign up in advance on the KYLSC website www.kylsc.org

There will be an officials meeting 45 minutes prior to the start of each session.

HOSPITALITY: There will be a hospitality room open to coaches and officials throughout the meet.

MEET DIRECTOR:	Renee Thiesing <u>lksmeetmanager@gmail.com</u>
MEET REFEREE:	Ken Coulter kcoulter25@gmail.com
ENTRY CHAIR:	Mike DeBoor <u>deboor@lakesideseahawks.org</u>

FINAL RESULTS: Final result files will be posted to the KYLSC website.



AWARDS: Every heat winner will place their name into the "winners" pool and at the end of each session, male and female names will be drawn and awarded a special award, sponsored by Speedo.

Awards will not be mailed

SCORING: No scoring at this meet

CLERK OF COURSE: No clerk of course will be provided.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy. No on-deck registrations will be allowed. Age is as of the first day of the meet, November 13, 2021.

ENTRY PROCEDURE: The entry deadline is Monday, November 1, 2021.

Please submit entry file by e-mail to <u>deboor@lakesideseahawks.org</u>. Team Waiver should be mailed with payment to:

Lakeside Swim Team 1928 Woodbourne Ave. Louisville, KY 40205

If you have any questions or want additional information, please call the Swim Team office at (502) 451-4333.

ENTRY LIMITS: The Meet Host has the right to limit the meet to 500 swimmers. Swimmers may compete in six individual events per day on Saturday and Sunday. If a swimmer is entered in more than maximum number of individual events for that day and does not scratch down by the deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds for swimmers entered in more events than permitted.

ENTRY FEES:

\$6.00 entry per individual event\$8.00 written entry per individual event\$2.50 per swimmer KYLSC surcharge\$12.00 per swimmer Facility Fee

DECK ENTRIES: Deck entries will be accepted at the discretion of the Meet Director and Meet Referee. Only events with open lanes will be filled. NO heats will be added. Deck entries will cost \$10.00 per event.



ORDER OF EVENTS

Saturday AM, November 13 Warm-up: 8:00 am Meet Start: 9:00 am

Girls Event #	Event	Boys Event #
1	10-11 200 Freestyle	2
3	7-under 25 Butterfly	4
5	8-9 50 Butterfly	6
7	10-11 50 Butterfly	8
9	7-under 25 Backstroke	10
11	8-9 100 Backstroke	12
13	10-11 100 Backstroke	14
15	7-under 25 Breaststroke	16
17	8-9 100 Breaststroke	18
19	10-11 100 Breaststroke	20
21	7-under 25 Freestyle	22
23	8-9 50 Freestyle	24
25	10-11 50 Freestyle	26
27	8-under 100 IM	28
29	11-under 200 IM	30

Sunday AM, November 14 Warm-up: 8:00 am Meet Start: 9:00 am

Girls Event #	Event	Boys Event #
55	9-under 100 Freestyle	56
57	10-11 100 Freestyle	58
59	9-under 50 Breaststroke	60
61	10-11 50 Breaststroke	62
63	9-under 100 Butterfly	64
65	10-11 100 Butterfly	66
67	9-under 50 Backstroke	68
69	10-11 50 Backstroke	70
71	9-under 200 Freestyle	72
73	10-11 500 Freestyle *	74



Saturday PM, November 13 Warm-up: 1:00 pm Meet Start: 2:00 pm

Girls Event #	Event	Boys Event #
31	12-13 200 IM	32
33	14-over 200 IM	34
35	12-13 100 Butterfly	36
37	14-over 100 Butterfly	38
39	12-13 200 Backstroke	40
41	14-over 200 Backstroke	42
43	12-13 100 Freestyle	44
45	14-over 100 Freestyle	46
47	12-13 200 Breaststroke	48
49	14-over 200 Breaststroke	50
51	12-13 500 Freestyle *	52
53	14-over 500 Freestyle *	54

Sunday PM, November 14 Warm-up: 1:00 pm Meet Start: 2:00 pm

Girls Event #	Event	Boys Event #
75	12-13 400 IM *	76
77	14-over 400 IM *	78
79	12-13 50 Freestyle	80
81	14-over 50 Freestyle	82
83	12-13 200 Butterfly	84
85	14-over 200 Butterfly	86
87	12-13 100 Backstroke	88
89	14-over 100 Backstroke	90
91	12-13 200 Freestyle	92
93	14-over 200 Freestyle	94
95	12-13 100 Breaststroke	96
97	14-over 100 Breaststroke	98

*These events will be limited to a maximum of 3 heats per event. At the discretion of the Meet Referee and the Meet Director, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits.



WAIVER: In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against United States Swimming (USAS), the Kentucky Local Swim Committee of USAS, the Family Activities Center of Shelby County Parks, the Lakeside Swim Team and their staff, for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, KENTUCKY AQUATICS, INC. AND FALLING SPRINGS CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE POSITIO		
ENTRY PERSON		
E-MAIL		
TEAM	TE.	AM CODE
TEAM ADDRESS		
CITY	STATE	ZIP
PHONEF	AX	
RECAP OF ENTRIES:		
Individual Events x \$6.00 each COMMLIN	K = \$	
Individual Events x \$8.00 each WRITTEN	= \$	
Swimmers (Facility Fee & KYLSC) x \$14.5	0 each $=$ \$	
TOTAL DU	E = \$	
Make checks payable to Lakeside Swim Team, and m Lakeside Swim Team 1928 Woodbourne Ave Louisville, KY 40205	<u>ail to</u> :	