



2021 Ohio River Challenge, December 10-12, 2021

Held under USA Swimming and Kentucky Swimming - Sanction KYSC22-LAK03

SITE Mary T. Meagher Aquatic Center located at 201 Reservoir Ave, Louisville KY 40206.

POOL The facilities consist of an 11 lane, 25-yard indoor competition pool ranging in depth from 5 to 12 feet. Eleven lanes will be used for competition. The competition course has 8-foot wide lanes marked by continuous lane lines and Paragon starting blocks. An additional 11 lane 25 meter indoor pool is available for continuous warm-up / warm-down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

COVID-19: We have taken enhanced health and safety measures for the swimmers, coaches, volunteers, spectators and other meet workers. You must follow all posted instructions while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

Neither USA Swimming, Inc. nor Kentucky Swimming, Inc., can prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Thus, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Permitting a swimmer to attend this meet constitutes a representation by that swimmer's parent or guardian that the swimmer has not been tested positive for COVID-19 in the two weeks preceding the meet, that the swimmer has not been in close proximity to any person who has tested positive for COVID-19 in the two weeks preceding the meet, and that the swimmer is not exhibiting any signs of illness.

RULES Current USA Swimming and Kentucky Swimming rules will govern this meet. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches, on arrival for each session, must show his/her USA coach's Card for admittance and in order to receive the team's coach packet. The Meet Referee has the right to ask for coach credential and deny access if coaches do not comply or the card is no longer valid/current.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms.



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Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

FORMAT

Friday night will be a Timed Finals session, all 10-under events are timed finals and all Saturday and Sunday events for 11-12 or 13-over will be Prelims and Finals. Events of 200 yards or less will be pre-seeded. All relays will be run during prelims at the end of the session.

Any event 400 yards or longer will be deck seeded. These events may be limited to a maximum of four (4) heats per event. At the discretion of the Meet Referee and Meet Director, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits.

The meet host reserves the right to adjust sessions and event order if needed for meet management purposes.

ELIGIBILITY

Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming “open border” policy. Age is as of the first day of the meet, December 10, 2021. Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. No entrant will be permitted to compete unless the entrant is a member as provided in Article 302. Held under the sanction of USA Swimming. No on-deck registrations will be allowed.

WARM-UP STARTING TIMES

When all entries have been received a timeline will be run and warm-up times may be adjusted. Teams will be notified by e-mail ASAP of any changes.

Warm-up session lane assignments will be provided on the pool deck.

Current session format based on last year and agreed upon combining of sessions – meet host reserves the right to create a Saturday PM and/or Sunday PM Session if needed – anticipated timeline based on 400 swimmers.

FRIDAY AFTERNOON SESSION:

Warm-ups: 4:30p.m. Meet starts: 5:30 p.m.

SATURDAY MORNING PRELIM SESSION:

Warm-ups: 7:00 a.m. Meet starts: 8:00 a.m.

SATURDAY NIGHT FINAL SESSION:

Warm-ups: 4:30 p.m. Meet starts 5:30 p.m.

SUNDAY MORNING PRELIM SESSION:

Warm-ups: 7:00 a.m. Meet starts 8:00 a.m.

SUNDAY NIGHT FINAL SESSION:

Warm-ups: 4:00 p.m. Meet starts 5:00 p.m.



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AWARDS

Every heat winner will have their name placed into the "winners" pool and at the end of each session male and female names will be drawn and awarded a special award, sponsored by Speedo.

Awards will not be mailed.

UNSUPERVISED SWIMMERS

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

ENTRY LIMITATION

10-unders may compete in no more than five (5) individual events and one (1) relay per day. 11-12 and 13-over swimmers may compete in no more than three (3) individual events and one (1) relay per day. The meet host reserves the right to reduce this limit for meet management purposes if needed.

ENTRY FEES

\$6.50 entry per individual event

\$12.00 per relay event

\$12.00 per swimmer Facility Fee

\$2.50 per swimmer KYLSC Fee

CHECK-IN PROCEDURE

Swimmers are required to check in behind the head table for events 400 yards and longer, 45 minutes before the beginning of the session in which the event is to be swum. No other events need to be checked in.

DECK ENTRIES

Deck entries will be accepted at the discretion of the Meet Director and Meet Referee. Only events with open lanes will be filled. NO heats will be added. Deck entries will cost \$10.00 per event.

SCRATCH PROCEDURE

Report scratches to the Clerk of Course. There will not be a penalty for no-shows, but the event will count as an event swum.

Scratching from Consolation Finals and Championship Finals

1. Any swimmer qualifying for a consolation final or a championship final race in an individual event who fails to compete in said consolation final or championship final race shall be disqualified from their next scheduled event. If the swimmer has no scheduled events remaining, a \$25 fine will be assessed. (Referee discretion exception for failure to compete)
2. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or championship final when possible with the next qualified swimmer(s). First and second alternates shall



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be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

There are no refunds for scratched or missed events

ENTRY DEADLINE

The entry deadline is Monday, November 29, 2021, with changes or corrections accepted through Monday, December 6, 2021. Please submit electronic entries using the Hytek file (cl2 file) by E-mail to deboor@lakesideseahawks.org

ONLY ENTRIES MAILED WITH A CHECK AND THE RELEASE FORM WILL BE ACCEPTED.

Please make checks payable and mail to:

Lakeside Swim Team, 1928 Woodbourne Ave., Louisville, KY 40205

If you have any questions or want additional information, please call the Swim Team office at (502)451-4333.

COACHES MEETING

If a coaches meeting is deemed necessary, the Meet Director or Meet Referee will provide information regarding time and location. All coaches, on arrival for each session, must show his/her USA coach's Card for admittance and in order to receive the team's coach packet. Any swimmer attending the meet without a coach should report to the Meet Referee to be assigned a coach for warm-up.

SPECTATORS

Spectator admission will be free, with heat sheets provided free electronically.

OFFICIALS

The Lakeside Swim Team welcomes the assistance of any visiting parent who would like to serve as an official or timer. Please contact the Meet Director.

MEET DIRECTOR **Renee Thiesing** lksmeetmanager@gmail.com

MEET REFEREE **Ken Coulter** kcoulter25@gmail.com



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ORDER OF EVENTS

The meet host reserves the right to adjust sessions and event order if needed for meet management purposes.

GIRLS	EVENT	BOYS		GIRLS	EVENT	BOYS
EVENT #	Friday-PM	EVENT#		EVENT #	Sunday AM	EVENT#
1	11-12 200 IM	2		47	10-under 100 FR	48
3	**13-Over 400 IM	4		49	13-Over 200 BR	50
5	**11-12 500 FR	6		51	11-12 50 BR	52
7	**13-Over 500 FR	8		53	10-under 100 BK	54
				55	13-over 100 BK	56
	Saturday AM			57	11-12 100 BK	58
9	10-under 100 IM	10		59	10-under 100 BR	60
11	11-12 50 BK	12		61	13-Over 100 FR	62
13	13-Over 200 BK	14		63	11-12 100 FR	64
15	10-under 50 Free	16		65	10-under 100 FL	66
17	11-12 100 BR	18		67	13-over 100 FL	68
19	13-Over 100 BR	20		69	11-12 100 FL	70
21	10-under 50 BK	22		71	10-under 200 IM	72
23	11-12 50 FR	24		73	13-over 200 IM	74
25	13-Over 50 FR	26		75	10-under 200 F.R.	76
27	10-under 50 BR	28		77	*11-12 200 F.R.	78
29	11-12 50 Fly	30		79	*13-Over 200 F.R.	80
31	13-Over 200 FL	32		81	***1650 FR	82
33	10-under 50 FL	34				
35	11-12 200 FR	36				
37	13-Over 200 FR	38				
39	10-under 200 FR	40				
41	*11-12 200 M.R.	42				
43	*13-Over 200 M.R.	44				
45	10-under 200 M.R.	46				

*These events will be Timed Finals swum at the end of the morning sessions.

**These events will be limited to a maximum of 4 heats per event. At the discretion of the Meet Referee and the Meet Director, additional heats in all or one age group may be added to offset a lack of entries in another age group or if time permits.

*** These events will be swum fastest to slowest, alternating women than men after the relays.



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WAIVER: In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against United States Swimming (USAS), the Kentucky Local Swim Committee of USAS, the Lakeside Swim Team and their staff, for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, Louisville Seahawks, INC. AND MTM Aquatic Center AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE _____ POSITION _____

ENTRY PERSON _____

E-MAIL _____

TEAM _____ TEAM CODE _____

TEAM ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ FAX _____

RECAP OF ENTRIES:

_____ Individual Events x \$6.50 each = \$ _____

_____ Relay Events x \$12.00 = \$ _____

_____ Swimmers Facility Fee & KYLSC x \$14.50 each = \$ _____

TOTAL DUE = \$ _____

Make checks payable to Lakeside Swim Team, and mail to:

Lakeside Swim Team
1928 Woodbourne Ave
Louisville, Kentucky 40205